

## **Improving the Health, Safety and Well-being of Young Adults: A Hidden Population**

### **Statement of Task Phase 1 – Workshop**

An ad hoc committee will plan and conduct a 2-day public workshop that highlights research on the development, health, safety and well-being of young adults. An individually-authored workshop summary will be prepared based on the information gathered and the discussions held during the workshop session. The workshop will feature invited presentations and discussions that address the following questions:

- What are the developmental characteristics and attributes of this age group and its placement in the life course?
- How well are young adults functioning across relevant sectors, including for example, health and mental health, education, labor, justice, military, and foster care?
- How do the various sectors that intersect with young adults influence their health and well-being?

This activity constitutes Phase 1 of a three-part effort directed towards examining, analyzing, and synthesizing information and knowledge about the development, health, safety, and well-being of young adults (approximately 16-26 years old) to guide research, practice, and policy.