

National Academy of Sciences
National Research Council
Division of Behavioral and Social Sciences and Education
Committee on National Statistics

***Workshop on Research Gaps and Opportunities for Exploring the Relationship
of the Arts to Health and Well-Being in Older Adults***

Agenda
September 14, 2012
500 Fifth St. NW (the Keck Building), Room 100
Washington, D.C. 20001

This workshop is presented by the National Academy of Sciences, Committee on National Statistics, at the request of a consortium of the National Endowment for the Arts and three units within the National Institutes of Health: the National Institute on Aging, the Office of Behavioral and Social Sciences Research, and the National Center for Complementary & Alternative Medicine. The purpose of the workshop is to identify research gaps and opportunities for exploring the relationship of arts participation and creativity to physical health and psychological well-being in older adults. It will provide a critique of the field, including challenges in undertaking research capacity-building; and it will offer guidance for the design of future studies and research funding opportunities.

- 8:30 am Introductions and Welcome
 Chair: **David Reuben**, UCLA
- 8:35-8:45 **Welcome on Behalf of the National Academies**
 Connie Citro, Committee on National Statistics
- 8:45-9:00 **Intended Workshop Outcomes**
 Marie Bernard, National Institute on Aging, National
 Institutes of Health; **Rocco Landesman** and **Sunil**
 Iyengar, National Endowment for the Arts
- 9:00 The relationship of arts programs and interventions to psychological well-being,
 cognitive, sensory, and motor skills function in older adults, and the underlying
 neural processes.
- Moderator: **Art Kramer**, University of Illinois.
- 9:05-9:35 **Participatory Arts for Older Adults: Benefits and Challenges**

Tony Noice¹, Elmhurst College; Helga Noice, Elmhurst College; and Art Kramer, University of Illinois at Urbana-Champaign

9:35-10:05 **Music and Aging: Making Music**
Nina Kraus, Northwestern University and Alexandra Parbery-Clark, Northwestern University

10:05-10:20 Floor Discussion

10:20 Break

10:30 Comparative benefits or weaknesses of arts therapies over other behavioral and/or pharmacological interventions for older adults experiencing declines in cognitive, sensory, and/or motor ability.

Moderator: **Becca Levy**, Yale University

10:35-10:55 **“Shall I Compare Thee to a Dose of Donepezil?”: An Overview Intervention Research in Dementia Care**
Kate de Medeiros, Miami University and **Anne Basting**, University of Wisconsin-Milwaukee

10:55-11:15 **Music and the Brain in Health and Disease: What we learned from Correlational, Longitudinal, and Stroke Recovery Studies**
Gottfried Schlaug, Harvard University

11:15-11:35 **Using Music to Manage Symptoms of Dementia: What is the State of the Science?**
Julene Johnson, University of California San Francisco

11:35-12:00 Floor discussion

12:00 Lunch

1:00 Cost-benefit analyses associated with the inclusion of arts programs and interventions in healthcare delivery for older adults.

Moderator: **David Reuben**, UCLA

1:05-1:35 **A Primer on Cost Benefit Analysis**
Emmett Keeler, RAND and UCLA

¹ Primary speaker shown in bold.

4:05 **Margie Lachman**, Brandeis University
4:15 **Art Kramer**, University of Illinois at Urbana-Champaign
4:25 **Becca Levy**, Yale University
4:35 Floor discussion

5:30 Adjourn