



ANA

AMERICAN NURSES ASSOCIATION

**An Overview of the New
*Safe Patient Handling and Mobility
Interprofessional National Standards***

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Department for Health, Safety, and Wellness

ANA's Handle With Care[®] Program

- 🔥 Launched in 2003
- 🔥 Industry wide effort to prevent MSDs in health care through:
 - Partnerships
 - Outreach
 - Education and training
 - Legislation
 - Regulation

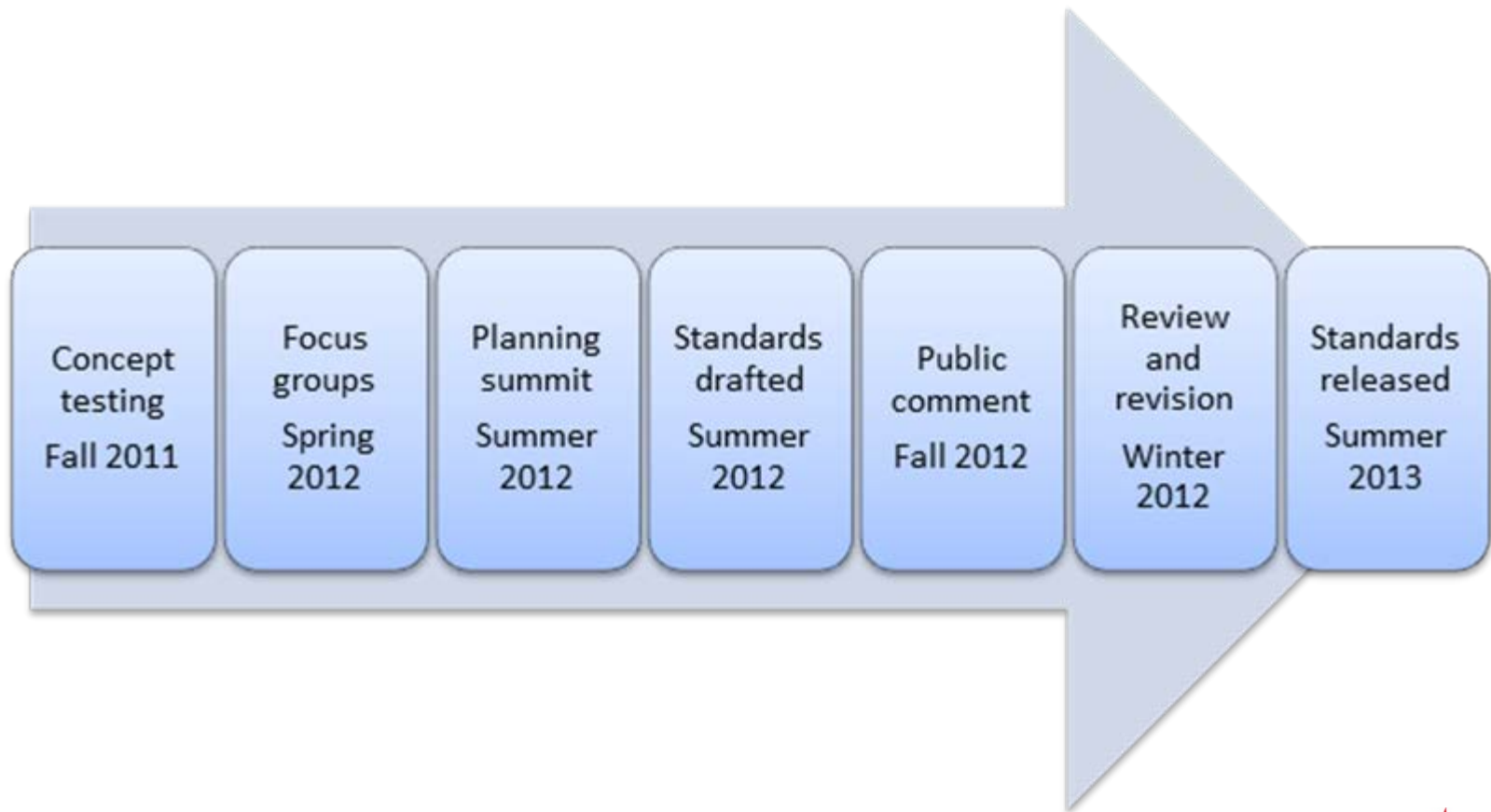


ANA's 2011 Health and Safety Survey

- ☞ 62% reported a disabling MSD is a top concern
- ☞ 56% experienced MSD made worse by job
 - 80% of nurses reported working despite frequent pain



SPHM Standards Development Process

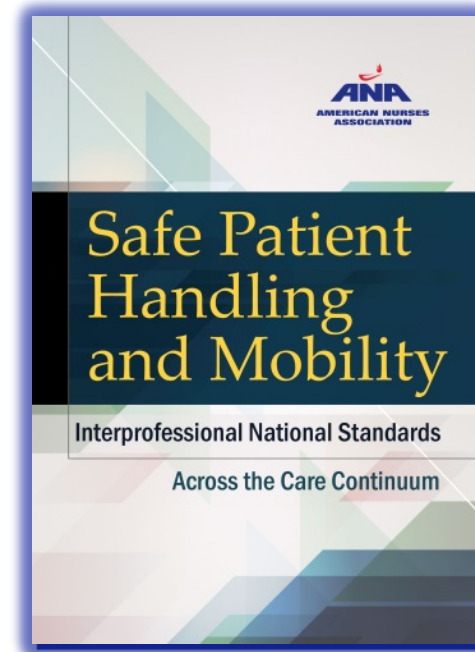


Working Group Representation

- American Association for Long Term Care Nursing
- American Association of Occupational Health Nurses
- American Association of SPHM
- American Occupational Therapy Association
- ArjoHuntleigh
- Association of Occupational Health Professionals In Healthcare
- Association of Perioperative Registered Nurses
- Association of Safe Patient Handling Professionals
- George Washington University
- Hill-Rom
- Liberty Mutual Insurance Company
- Lockton Companies
- National Institute for Occupational Safety and Health
- National Network of Nursing Assistants
- Park Nicollet Health Services
- Safe Lifting Solutions
- Stanford University Medical Network Risk Authority
- U.S. Army Public Health Command
- VA Patient Safety Center of Inquiry
- Veterans Health Administration
- Washington Department of Labor and Industries
- Washington Hospital Center

Expectations of National Standards

- Multi-disciplinary, intra-professional, and applicable across a variety of settings
- Realistic and attainable, while raising the bar
- Evidence-based and outcomes focused
- Ready to be incorporated into practices policies, legislation, and regulation



SPHM Interprofessional National Standards

- 1. Establish a Culture of Safety**
- 2. Implement and Sustain a SPHM Program**
- 3. Incorporate Ergonomic Design Principles to Provide a Safe Environment of Care**
- 4. Select, Install, and Maintain SPHM Technology**
- 5. Establish a System for Education, Training and Maintaining Competence**
- 6. Integrate Patient Centered Assessment, Care Planning, and Use of SPHM Technology**
- 7. Include SPHM in Reasonable Accommodation and Post Injury Return to Work**
- 8. Establish a Comprehensive Evaluation Program**

SPHM National Standards

1. Establish a Culture of Safety



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SPHM National Standards

2. Implement and Sustain a Safe Patient Handling and Mobility (SPHM) Program



SPHM National Standards

3. Incorporate Ergonomic Design Principles to Provide a Safe Environment of Care



IN DAILY PRACTICE ...

SUSAN, A 57-YEAR-OLD RN, WORKS at the old community hospital. "I am proud to work in an under-served community. We never have enough money, but we get by. I do worry about injury, for both me and my patients. The rooms are crowded and the bathrooms are small, with tight corners. We can't keep the portable lift in the hallway because of fire code, so it is kept in the far storeroom—it might as well be on the moon. We just don't use it. I hear that we are getting remodeled. I sure hope they fix things."

(See also Standards 1, 2, 4, and 8.)

SPHM National Standards

4. Select, Install, and Maintain Technology



SPHM National Standards

5. Establish a System for Education, Training and Maintaining Competence



IN DAILY PRACTICE ...

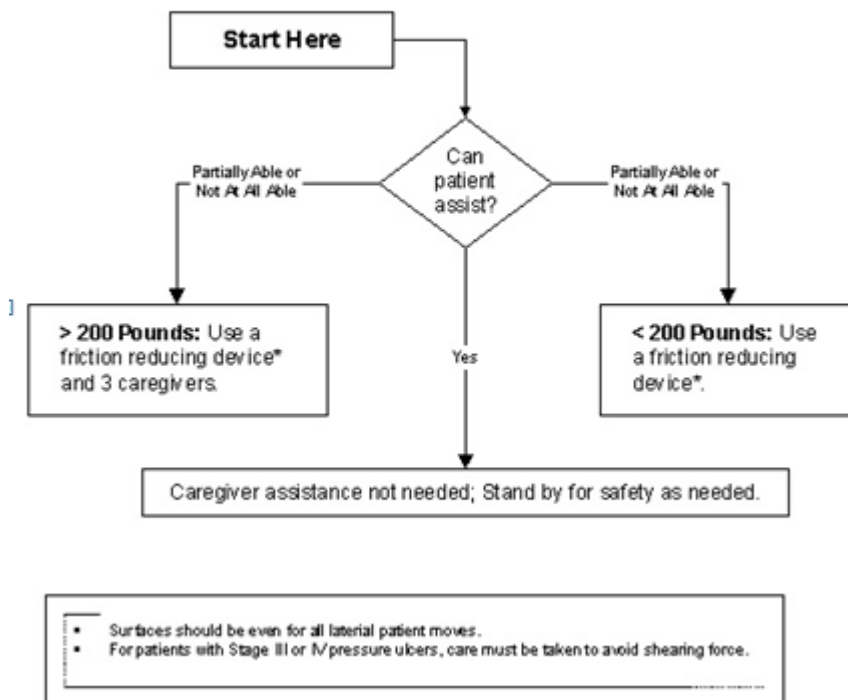
SHERRIE ROLLED HER EYES. **OFF** THE floor again! She hoped that the SPHM training would go quickly, because they were short of staff anyway. Maybe if she signed in and stayed for just a few minutes. . . .

(See also Standards 1 and 2.)

SPHM National Standards

6. Integrate Patient Centered SPHM Assessment, Plan of Care and Use of SPHM Technology

Figure 1: Algorithm 2: Lateral Transfer to and from: Bed to Stretcher, Trolley



Algorithm example from NIOSH's
*Safe Patient Handling Training for
Schools of Nursing*

SPHM National Standards

7. Include SPHM in Reasonable Accommodation and Post Injury Return to Work



IN DAILY PRACTICE ...

LYDIA IS A PHYSICAL THERAPIST AT General Hospital. "I hate to see my co-workers injured while lifting, repositioning, or ambulating patients. The amazing thing is that a lot of the injuries happen when working with relatively small, frail patients. I guess the workers forget. Part of my job is getting them healthy enough for early return to work. People heal better if they are active and feel needed. I work with them on using the SPHM equipment correctly and consistently. Frankly, I wish it was used all the time."

(See also Standards 1, 2, 4, and 5.)

SPHM National Standards

8. Establish a Comprehensive Evaluation Program

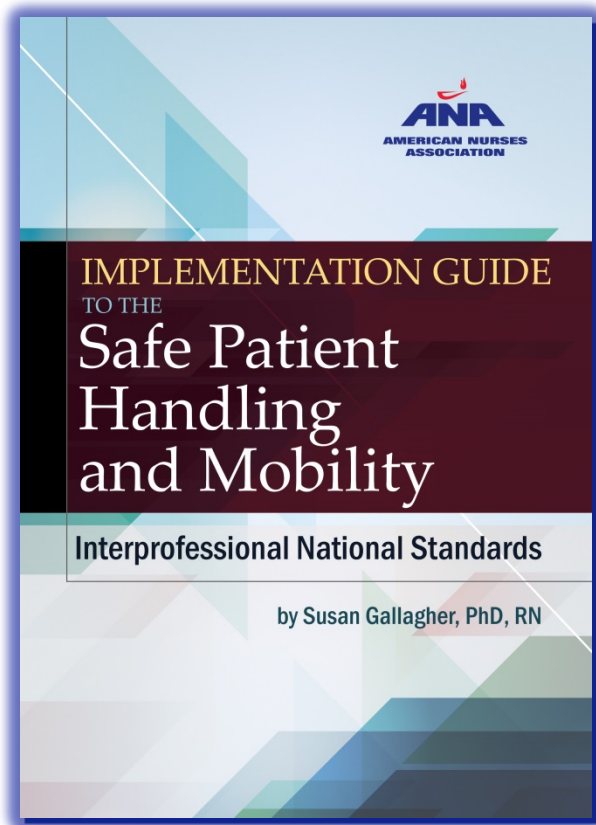


IN DAILY PRACTICE ...

STACY, THE CHIEF FINANCIAL OFFICER, was amazed. The Safe Patient Handling and Mobility Committee had turned in a concise and complete business plan for upgrading and expanding the SPHM technology. "They used a new method for calculating the return on investment that demonstrated ranges of direct and indirect costs. They considered impact on worker's compensation, staff turnover, improved patient safety, and HCAP scores. They even gathered data on 30-day readmissions related to immobility and falls, and made recommendations for better discharge planning. With value-based purchasing, this is an investment I can support."

(See also Standards 2, 6, and 7.)

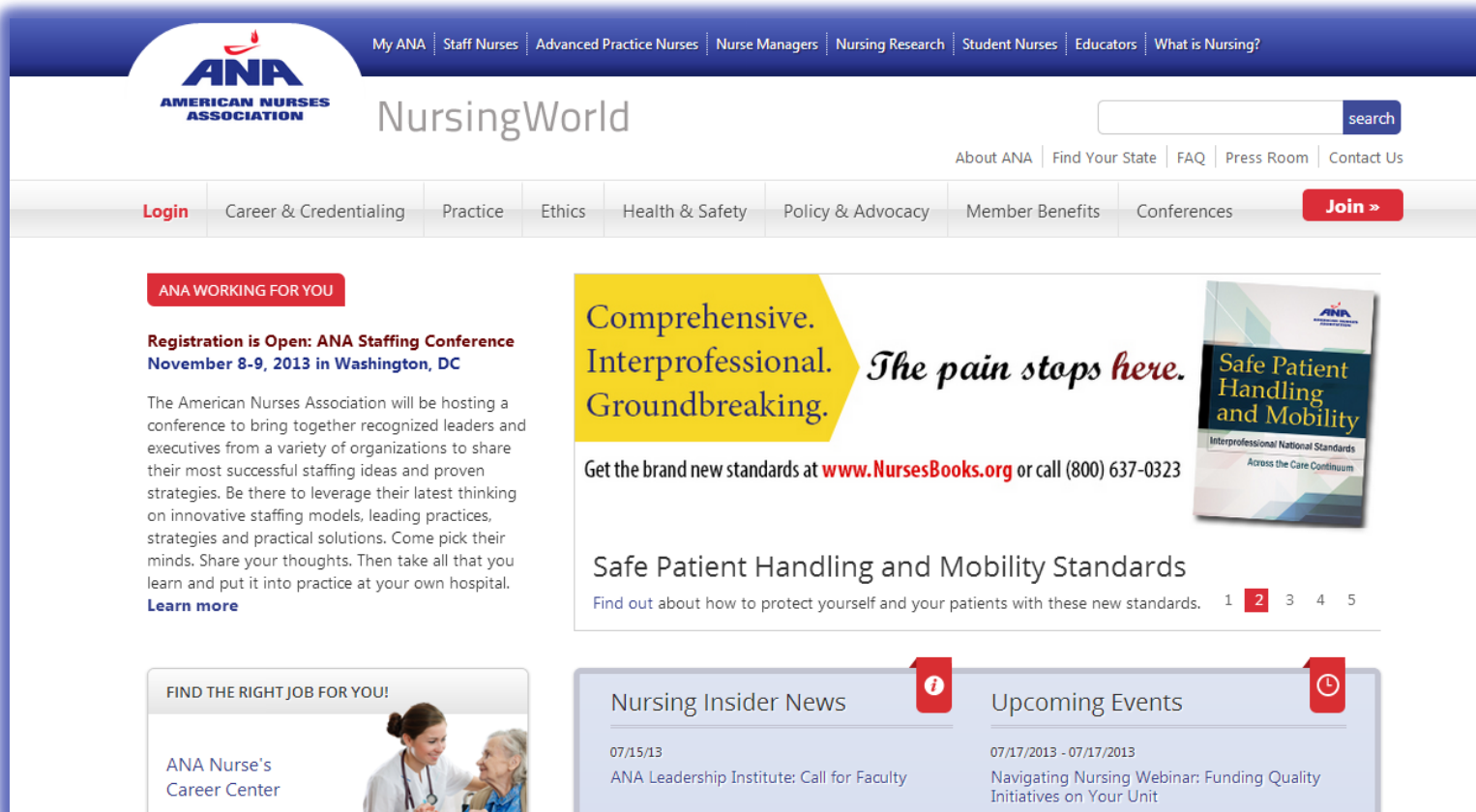
SPHM Implementation Guide



- Released October 2013
- Step-by-step strategies for implementing the standards
- Real-life , setting specific examples
- Recommendations of resources and reading

For More Information...

 www.nursingworld.org



The screenshot shows the NursingWorld website homepage. At the top is a dark blue header with the ANA logo and navigation links: My ANA, Staff Nurses, Advanced Practice Nurses, Nurse Managers, Nursing Research, Student Nurses, Educators, and What is Nursing?. Below this is a white banner with the NursingWorld logo, a search bar, and additional navigation links: About ANA, Find Your State, FAQ, Press Room, and Contact Us. A secondary navigation bar contains links for Login, Career & Credentialing, Practice, Ethics, Health & Safety, Policy & Advocacy, Member Benefits, Conferences, and a red Join button. The main content area features three sections: 1) 'ANA WORKING FOR YOU' with a red button, announcing the 'Registration is Open: ANA Staffing Conference November 8-9, 2013 in Washington, DC' and providing details about the conference. 2) A large yellow banner for 'Safe Patient Handling and Mobility Standards' with the text 'Comprehensive. Interprofessional. Groundbreaking.' and 'The pain stops here.', including a book cover image and a link to 'www.NursesBooks.org'. 3) A bottom section with three boxes: 'FIND THE RIGHT JOB FOR YOU!' with an image of two nurses, 'Nursing Insider News' with a red information icon, and 'Upcoming Events' with a red calendar icon.

ANA WORKING FOR YOU

Registration is Open: ANA Staffing Conference November 8-9, 2013 in Washington, DC

The American Nurses Association will be hosting a conference to bring together recognized leaders and executives from a variety of organizations to share their most successful staffing ideas and proven strategies. Be there to leverage their latest thinking on innovative staffing models, leading practices, strategies and practical solutions. Come pick their minds. Share your thoughts. Then take all that you learn and put it into practice at your own hospital. [Learn more](#)

Comprehensive. Interprofessional. Groundbreaking. *The pain stops here.*

Get the brand new standards at www.NursesBooks.org or call (800) 637-0323

Safe Patient Handling and Mobility Standards

Find out about how to protect yourself and your patients with these new standards. 1 **2** 3 4 5

FIND THE RIGHT JOB FOR YOU!

ANA Nurse's Career Center

Nursing Insider News

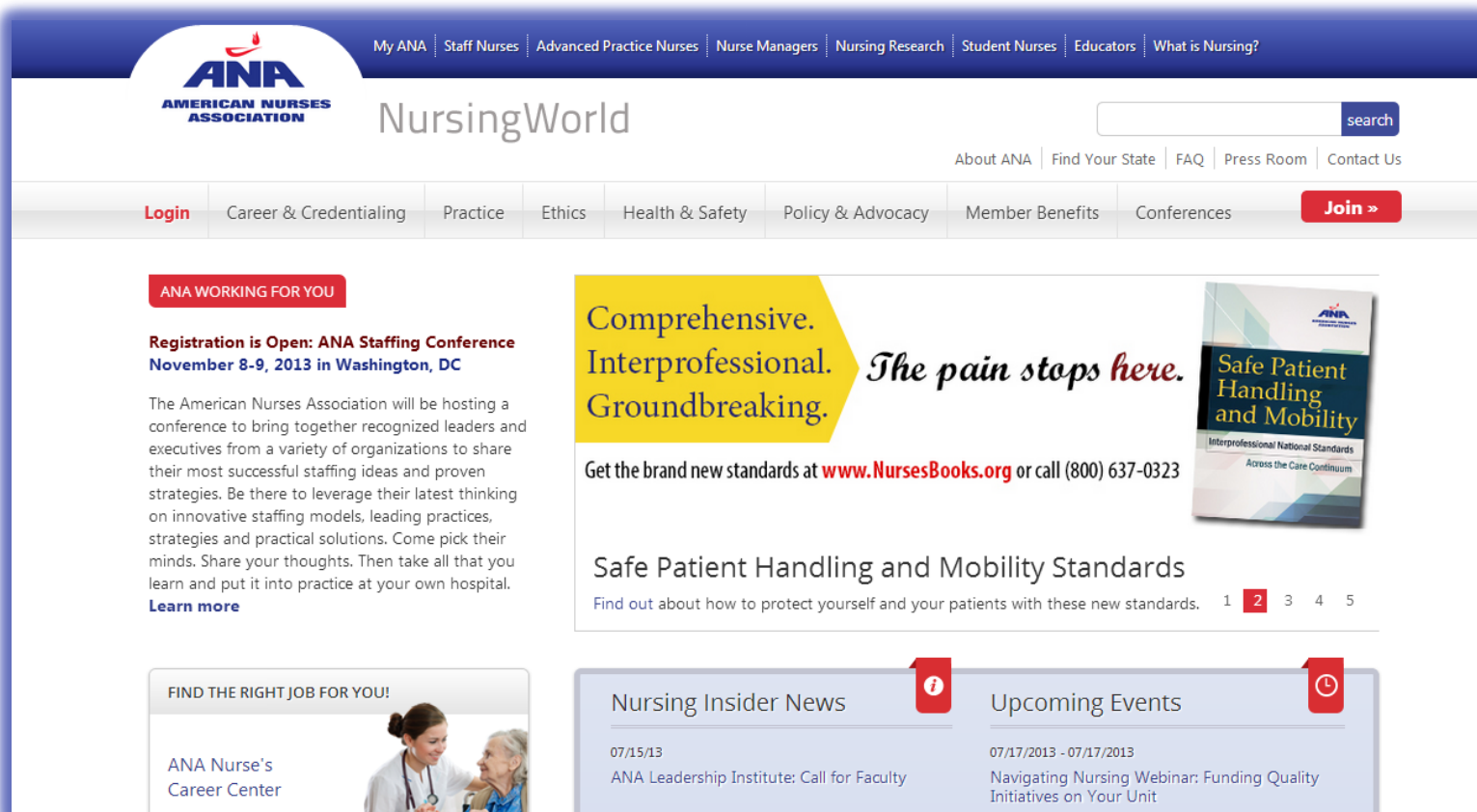
07/15/13
ANA Leadership Institute: Call for Faculty

Upcoming Events

07/17/2013 - 07/17/2013
Navigating Nursing Webinar: Funding Quality Initiatives on Your Unit

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Safe Patient Handling and Mobility
Interprofessional National Standards
Across the Care Continuum

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H.R. 2480

 www.rnaction.org



The screenshot displays the NSTAT homepage on the website www.rnaction.org. The browser's address bar shows the URL `www.rnaction.org/site/PageNavigator/NSTAT/nstat_homepage?ct=1`. The main banner features a group of diverse healthcare professionals in front of the U.S. Capitol dome, with the text "When Nurses Talk, Washington Listens" and the ANA logo. Below the banner is a navigation bar with links: "ANA Government Affairs", "Take Action Home", "Activist Toolkit", "Receive Updates", "ANA Membership", and "Donate". The main content area includes a large blue section titled "Safe Patient Handling & Mobility" with a photo of a nurse. To the right are three red buttons: "ACTIVIST TOOLKIT" with a wrench and screwdriver icon, "JOIN NSTAT TODAY" with a computer mouse icon, and "TAKE ACTION eAdvocacy Center for". Below the blue section is a "LATEST NEWS" section with the headline "ANA Supports Federal Bill to Eliminate Manual Patient Handling".

← → ↻ www.rnaction.org/site/PageNavigator/NSTAT/nstat_homepage?ct=1 ☆

When Nurses Talk, Washington Listens
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AMERICAN NURSES ASSOCIATION

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Safe Patient Handling & Mobility

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Questions?

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www.nursingworld.org

www.anasphm.org