ESSENTIAL VIRTUES

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FAIRLEIGH DICKINSON

UNIVERSITY

Aristotle	Jainism	Catholicism	Ben Franklin	G. E. Moore	Erik Erikson	Comte- Sponville	John Templeton	William Bennett	Cawley et al.	Dahlsgaard et al.
Courage	Forgiveness	Wisdom	Temperance	Interpersonal enjoyment	Норе	Politeness	Creativity	Self-Discipline	Empathy	Wisdom & knowledge
Temperance	Humility	Fortitude	Silence	Aesthetic enjoyment	Will	Fidelity	Curiosity	Compassion	Order	Courage
Generosity	Straightforwar dness	Temperance	Order		Purpose	Prudence	Diligence	Responsibility	Resourcefulne ss	Humanity
Philanthropy	Purity	Justice	Resolution		Competence	Temperance	Entrepreneuri alism	Friendship	Serenity	Justice
Magnanimity	Truthfulness	Faith	Frugality		Fidelity	Courage	Forgiveness	Work		Temperance
Honor	Self-Restraint	Норе	Industry		Love	Justice	Future- mindedness	Courage		Transcendenc e
Gentleness	Penance	Love	Sincerity		Care	Generosity	Generosity	Perseverance		
Friendliness	Renunciation		Justice		Wisdom	Compassion	Honesty	Honesty		
Truthfulness	Non- Attachment		Moderation			Mercy	Humility	Loyalty		
	Courage Temperance Generosity Philanthropy Magnanimity Honor Gentleness Friendliness	Courage Forgiveness Temperance Humility Generosity Straightforwar dness Philanthropy Purity Magnanimity Truthfulness Honor Self-Restraint Gentleness Penance Friendliness Renunciation Truthfulness	Courage Forgiveness Wisdom Temperance Humility Fortitude Generosity Straightforwar dness Temperance Philanthropy Purity Justice Magnanimity Truthfulness Faith Honor Self-Restraint Hope Gentleness Penance Love Friendliness Renunciation Truthfulness Non-	Courage Forgiveness Wisdom Temperance Temperance Humility Fortitude Silence Generosity Straightforwar dness Temperance Order Philanthropy Purity Justice Resolution Magnanimity Truthfulness Faith Frugality Honor Self-Restraint Hope Industry Gentleness Penance Love Sincerity Friendliness Renunciation Justice Truthfulness Non-	Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Temperance Humility Fortitude Silence Aesthetic enjoyment Generosity Straightforwar dness Temperance Order Philanthropy Purity Justice Resolution Magnanimity Truthfulness Faith Frugality Honor Self-Restraint Hope Industry Gentleness Penance Love Sincerity Friendliness Renunciation Justice Truthfulness Non-	Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Hope Temperance Humility Fortitude Silence Aesthetic enjoyment Will Generosity Straightforwar dness Temperance Order Purpose Philanthropy Purity Justice Resolution Competence Magnanimity Truthfulness Faith Frugality Fidelity Honor Self-Restraint Hope Industry Love Gentleness Penance Love Sincerity Care Friendliness Renunciation Justice Wisdom Truthfulness Non-	Aristotle Jainism Catholicism Ben Franklin G. E. Moore Erik Erikson Sponville Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Hope Politeness Temperance Humility Fortitude Silence Aesthetic enjoyment Will Fidelity Generosity Straightforwar dness Temperance Order Purpose Prudence Philanthropy Purity Justice Resolution Competence Temperance Magnanimity Truthfulness Faith Frugality Fidelity Courage Honor Self-Restraint Hope Industry Love Justice Gentleness Penance Love Sincerity Care Generosity Friendliness Renunciation Justice Wisdom Compassion Truthfulness Non-	Aristotle Jainism Catholicism Ben Franklin G. E. Moore Erik Erikson Sponville Templeton Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Hope Politeness Creativity Temperance Humility Fortitude Silence Aesthetic enjoyment Will Fidelity Curiosity Generosity Straightforwar dness Temperance Order Purpose Prudence Diligence Philanthropy Purity Justice Resolution Competence Temperance Entrepreneuri alism Magnanimity Truthfulness Faith Frugality Fidelity Courage Forgiveness Honor Self-Restraint Hope Industry Love Justice Future-mindedness Gentleness Penance Love Sincerity Care Generosity Generosity Friendliness Renunciation Justice Wisdom Compassion Honesty Truthfulness Non-	Aristotle Jainism Catholicism Ben Franklin G. E. Moore Frik Erikson Sponville Templeton Bennett Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Will Fidelity Curiosity Compassion Temperance Humility Fortitude Silence Aesthetic enjoyment Will Fidelity Curiosity Compassion Generosity Straightforwar dness Temperance Order Purpose Prudence Purpose Prudence Entrepreneuri alism Friendship Magnanimity Truthfulness Faith Frugality Fidelity Courage Forgiveness Work Honor Self-Restraint Hope Industry Love Justice Generosity Generosity Perseverance Friendliness Renunciation Justice Wisdom Compassion Honesty Honesty Truthfulness Non- Moderation	Aristotle Jainism Catholicism Ben Franklin G. E. Moore Erik Erikson Sponville Templeton Bennett Cawley et al. Courage Forgiveness Wisdom Temperance Interpersonal enjoyment Hope Politeness Creativity Self-Discipline Empathy Temperance Humility Fortitude Silence Aesthetic enjoyment Will Fidelity Curiosity Compassion Order Generosity Straightforwar dness Temperance Order Purpose Prudence Diligence Responsibility Resourcefulne ss Philanthropy Purity Justice Resolution Competence Temperance Entrepreneuri alism Friendship Serenity Magnanimity Truthfulness Faith Frugality Fidelity Courage Forgiveness Work Honor Self-Restraint Hope Industry Love Justice Future-mindedness Courage Gentleness Penance Love Sincerity Care Generosity Generosity Perseverance Friendliness Renunciation Justice Wisdom Compassion Honesty Honesty Truthfulness Non-

Gratitude

Humility

Simplicity

Tolerance

Purity

Gentleness Good Faith

> Humor Love

Joy

Love Purpose

Reliability

Thrift

Faith

Cleanliness

Tranquility

Chastity

Humility

Wit

Justice

Knowledge

Art

Prudence

Intuition

Wisdom

Celibacy

THE VIA CLASSIFICATION OF STRENGTHS AND VIRTUES

WISDOM

CREATIVITY

- Originality
- Adaptive
- Ingenuity

CURIOSITY

- Interest
- Novelty-Seeking
- Exploration
- Openness

JUDGMENT

- Critical Thinking
- Thinking Things
 Through
- Open-mindedness

LOVE OF LEARNING

- Mastering New Skills & Topics
- Systematically
 Adding to Knowledge

PERSPECTIVE

- Wisdom
- Providing Wise Counsel
- Taking the Big Picture View

COURAGE

BRAVERY

- Valor
- Not Shrinking from Fear
- Speaking Up for What's Right

PERSEVERANCE

- Persistence
- Industry
- Finishing What One Starts

HONESTY

- Authenticity
- Integrity

ZEST

- Vitality
- Enthusiasm
- Vigor
- Energy
- Feeling Alive



HUMANITY

LOVE

- Both Loving and Being Loved
- Valuing Close
 Relations with Others

KINDNESS

- Generosity
- NurturanceCare & Compassion
- Altruism
- "Niceness"



SOCIAL INTELLIGENCE

- Aware of the Motives/ Feelings of Self/Others
- Knowing what Makes Other People Tick

JUSTICE

TEAMWORK

- Citizenship
- Social
 Responsibility
- Loyalty





FAIRNESS

- Just
- Not Letting Feelings Bias Decisions About Others

LEADERSHIP

- Organizing Group
 Activities
- Encouraging a Group to Get Things Done

TEMPERANCE



FORGIVENESS

- Mercy
- Accepting Others' Shortcomings
- Giving People a Second Chance

HUMILITY

- Modesty
- Letting One's Accomplishments
 Speak for Themselves

PRUDENCE

- Careful
- Cautious
- Not Taking Undue
 Risks

SELF-REGULATION

- Self-Control
- Disciplined
- Managing Impulses
 & Emotions

TRANSCENDENCE

APPRECIATION OF BEAUTY & EXCELLENCE

- Awe
- Wonder
- Elevation

GRATITUDE

- Thankful for the Good
- Expressing ThanksFeeling Blessed

HOPE

- Optimism
- Future-Mindedness
- Future Orientation

HUMOR

- Playfulness
- Bringing Smiles to Others
- Lighthearted

SPIRITUALITY

- Religiousness
- Faith
- Purpose
- Meaning

THE THREE VIRTUES

Caring
Inquisitiveness
Self-Control

	Character.org & Thomas J. Sergiovanni (1992)
Caring	Heart
Inquisitiveness	Head
Self-Control	Hand

	Character.org & Thomas J. Sergiovanni	Competency clusters for the 21 st century (National Research Council, 2012)
Caring	Heart	Interpersonal
Inquisitiveness	Head	Cognitive
Self-Control	Hand	Intrapersonal

	Character.org & Thomas J. Sergiovanni	Competency clusters for the 21 st century (National Research Council, 2012)	Key competencies in youth (Park et al., 2016)
Caring	Heart	Interpersonal	Interpersonal
Inquisitiveness	Head	Cognitive	Intellectual
Self-Control	Hand	Intrapersonal	Intrapersonal

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Self-Control	Hand	Intrapersonal	Intrapersonal	

VIRTUE ESSENTIALISM

- Relatively few in number (Bok, 1996)
- Universal and essential to survival and flourishing (Peterson & Seligman, 2004; Voltaire, 1766/2010)
- Evolutionary precursors of virtues and vices are identifiable (McGrath, 2016)

VIRTUE SOCIAL CONSTRUCTIONISM

- Caring
 - The merging of Athenian and Judeo-Christian moralities
- Self-Control
 - Social stabilization
 - Capitalist systems (Haidt, in press)
- Inquisitiveness
 - The development of the printing press
 - The development of the Internet

SOME IMPLICATIONS FOR CHARACTER EDUCATION

- These three may not be sufficient, but they are necessary
- The reciprocity of the virtues
 - Character education that focuses on only one is insufficient
- The benefits
 - Personal
 - Interpersonal
 - Cultural
 - Together they contribute to the life well-lived (eudaimonia)
- The essentials of character
 - Caring without reward
 - Questioning without crisis
 - Discipline without structure