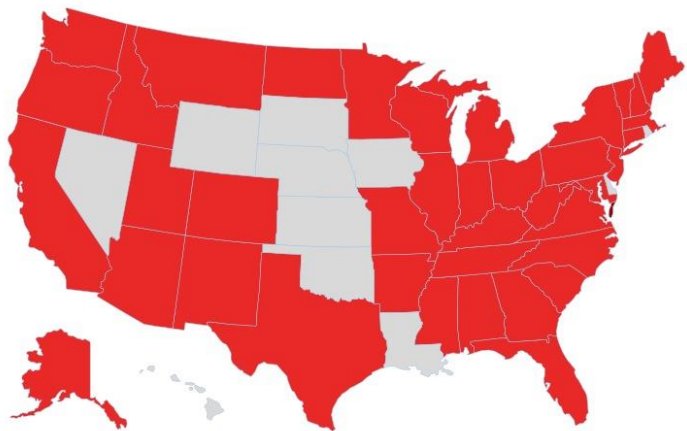


# Youth MOVE National



## Motivating Others through Voices of Experience

- National, youth-driven
- Chapter Membership
- 80+ Chapters in 38 states
- Building youth leaders and advocates who use lived experience in systems transformation

# Youth Peer Support

- Peer support is based on a mutual connection among two people who establish a relationship based on shared experiences.
- A youth peer provider is a person who uses his or her lived experience within the child serving systems and skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency for young adults of transition age.

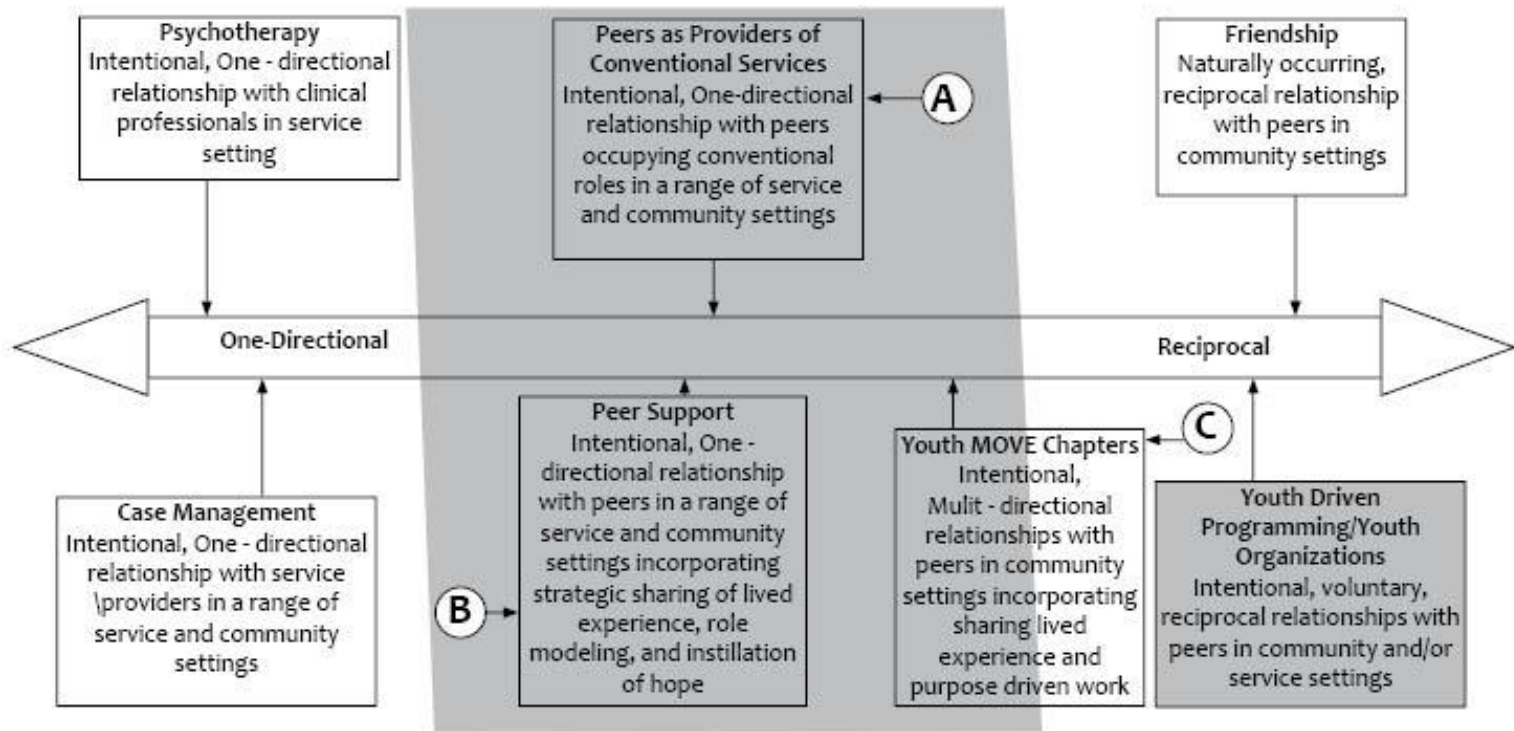
# Why Youth Peer Support

- Meet the developmental needs of youth, young adults, and transition aged youth
- Current services and supports are not appealing, attractive, engaging, and thus not adequately serving youth and young adults
- Promising study on increased satisfaction in services with youth receive peer support

# Youth Peer Roles

- Assistance in navigating systems
- Support youth participation in treatment and service meetings
- Model positive self-advocacy and leadership
- Provide guided support in individual recovery and building resiliency

# Continuum of Helping Relationships



Adapted from 'A Continuum of Helping Relationships' Davidson L et al. Schizophr Bull 2006;32:443-450

# Youth Peer Workforce Development

- Need for developmentally appropriate training environments for transition-age youth
- Pathways to recruit future youth peers
- Ongoing continuing education
- Honest reflection that each level of training, testing, certification builds a barrier – what flexibility can be built in?

# Youth Voice - Agency Level Self Assessment (Y-Val)

1. Overall vision and commitment
2. Collaborative approach
3. Empowered representatives
4. Commitment to facilitation and support of Y/YA participation
5. Organizational self-reflection and assessment
6. Workforce development
7. Participation in developing programming/program policies
8. Participation in evaluation
9. Leading initiatives and projects

# #Things2Consider

- Pathways to develop a workforce – recruitment, engagement, retention, and progression
- Need for national recognition of youth peer competencies
- Prepare the landscape for value & expertise of youth peers
- Examine opportunities for collaboration on service definition and training to build cross cutting peer roles
- Embrace the opportunity for youth peers to work across systems; child and adult behavioral health, as well as child welfare and juvenile justice



# Presenter Contact Information

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