

Promising Training Models: Integrated Primary Behavioral Care for Children, Youth, and Families at Cherokee Health Systems

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Cherokee Health Systems

Last Year: 65,355 patients 488,762 Services 15,961 New Patients

Clinical Services

Family Practice

Pediatric Medicine

Behavioral Health

Crisis Stabilization

Developmental Psychology

Clinical Pharmacy

Oral Health

School Health

Mobile Crisis

A & D Treatment

Women's Health

Specialty Medicine

Outreach

Case Management

Cherokee Health Systems



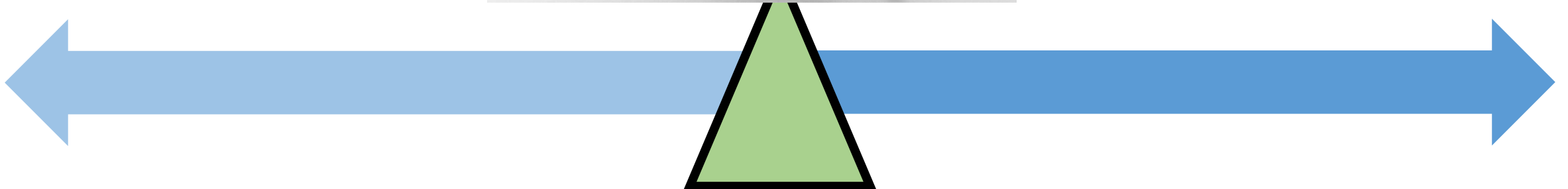
Population-Based Care
Blended Behavioral
and Primary Health Care
Outreach to Underserved
Telehealth
Training
Value-Based Contracting
Health Care Analytics



CHS' Behaviorally Enhanced Family Healthcare

- Blended Behavioral Primary Care
 - Specialty Mental Health
- Developmental Psychology Services
 - Integrated Prenatal Care
- School Based Health, Telehealth, & Therapy
 - Center of Excellence for Youth

Wellness-Prevention-Complex Care



Selected Integrated Clinical Initiatives

- Behaviorists in Well Child Visits
- Developmental Services in Pediatrics
- Behaviorists in OB Care
- Pediatric Obesity
- NAS
- Refugee Family Clinics

Some Lessons in Cultural Humility...



Aqua Fresca = Fresh Water?



What? No shot? No treatment?



How to say “I miss my family” in Kirundi

What is a healthy body?



Training at CHS

- 40 + year history of training health care professionals
- Area Health Education Center (AHEC)
- **Psychology** Internship & Post-Doctoral training
- Training partnerships with 5 local academic institutions- **Family Medicine, Pediatric Medicine, Nursing, Psychology, Social Work, Nutrition, Pharmacy**
- National Training Academies for **Integrated Care**

Placing a Value on Integrated Care

- Improved Medical Cost Offset (~ 30%)
- Increased Patient, Family, and Provider Satisfaction
- Improved Clinical Outcomes
- Improved Health Behavior Change Outcomes

Best Practices: What has worked for CHS

- Training organized around developmental model of learning
- Clinical Immersion
- Didactic & interactive
- Mentorship and coaching
- Team based, multi-disciplinary teaching