

# Promising Training Models: Integrated Primary Behavioral Care for Children, Youth, and Families at Cherokee Health Systems

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# Cherokee Health Systems

Last Year: 65,355 patients    488,762 Services    15,961 New Patients

## Clinical Services

Family Practice

Pediatric Medicine

Behavioral Health

Crisis Stabilization

Developmental Psychology

Clinical Pharmacy

Oral Health

School Health

Mobile Crisis

A & D Treatment

Women's Health

Specialty Medicine

Outreach

Case Management

# Cherokee Health Systems



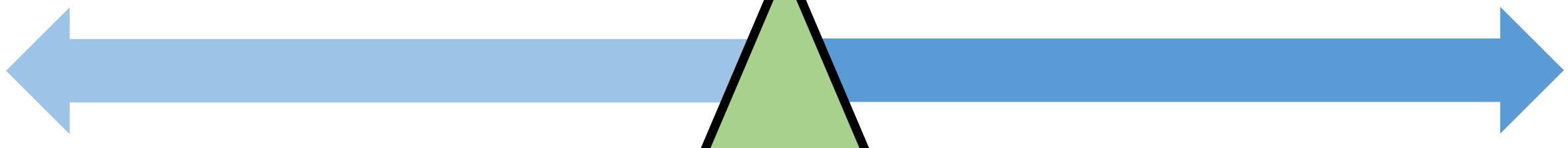
**Population-Based Care  
Blended Behavioral  
and Primary Health Care  
Outreach to Underserved  
Telehealth  
Training  
Value-Based Contracting  
Health Care Analytics**



## CHS' Behaviorally Enhanced Family Healthcare

- Blended Behavioral Primary Care
  - Specialty Mental Health
- Developmental Psychology Services
  - Integrated Prenatal Care
- School Based Health, Telehealth, & Therapy
  - Center of Excellence for Youth

# Wellness-Prevention-Complex Care



# Selected Integrated Clinical Initiatives

- Behaviorists in Well Child Visits
- Developmental Services in Pediatrics
- Behaviorists in OB Care
- Pediatric Obesity
- NAS
- Refugee Family Clinics

# *Some Lessons in Cultural Humility...*



Aqua Fresca = Fresh Water?



How to say “I miss my family” in Kirundi

What? No shot? No treatment?



What is a healthy body?



# Training at CHS

- 40 + year history of training health care professionals
- Area Health Education Center (AHEC)
- **Psychology Internship & Post-Doctoral training**
- Training partnerships with 5 local academic institutions- **Family Medicine, Pediatric Medicine, Nursing, Psychology, Social Work, Nutrition, Pharmacy**
- National Training Academies for **Integrated Care**

# Placing a Value on Integrated Care

- Improved Medical Cost Offset (~ 30%)
- Increased Patient, Family, and Provider Satisfaction
- Improved Clinical Outcomes
- Improved Health Behavior Change Outcomes

# Best Practices: What has worked for CHS

- Training organized around developmental model of learning
- Clinical Immersion
- Didactic & interactive
- Mentorship and coaching
- Team based, multi-disciplinary teaching