



OF THE NATIONAL ACADEMIES

*The Board on Children, Youth, and Families*

## Strategies for Scaling Tested and Effective Family-Focused Preventive Interventions to Promote Children's Cognitive, Affective, and Behavioral Health: A Workshop

Hosted by the IOM-NRC Forum on Promoting Children's Cognitive, Affective, and Behavioral Health  
April 1-2, 2014

National Academy of Sciences Building  
2101 Constitution Ave, N.W., Washington, DC

### *Agenda*

Research has advanced understanding of the risk, promotive, and protective factors within families that influence children's health and well-being. Science consistently indicates the important role of families in shaping child and adolescent health outcomes through genetics, behavior, environment and their inherent dynamic interactions. Early childhood conditions in the home, mediated by caregiver behaviors such as nutrition, physical activity, communication styles, sleep, and stress management, shape health and well-being across the life course. Families can create resilience or can increase risk for later negative cognitive, affective, and behavioral outcomes.

**Objective:** This workshop will address the successes and challenges of scaling family-focused interventions to the real world for promoting children's cognitive, affective, and behavioral health. A range of settings involved in preventive family-focused interventions will be highlighted, including primary care settings, schools, and homes. The workshop will explore issues of funding, such as the role of the Patient Protection and Affordable Care Act, in promoting family-focused prevention interventions. Collectively, this knowledge will be used to explore new and innovative ways to broaden the reach and demand for effective programs and to generate alternative paradigms for strengthening families.

### Day 1: Tuesday, April 1, 2014 (Lecture Room)\*

8:15 a.m.

**Welcome and Presentation of Forum Mission**

William Beardslee, M.D., Gardner/Monks Professor of Child Psychiatry, Harvard Medical School, Forum Co-Chair

C. Hendricks Brown, Ph.D., Professor, Departments of Psychiatry, Behavioral Sciences, and Preventive Medicine, Northwestern University, Forum Co-Chair

8:25 a.m.

**Workshop Overview**

J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work, Planning Committee Chair

\*Please note that the second day of the workshop will be held in Room 120.

8:30 a.m.

**Keynote Address: The House That Evidence-Based Practice Built: Moving From Program Development to Real World Outcomes**

Lauren Supplee, Ph.D., Director, Division of Family Strengthening, Administration on Children and Families, U.S. Department of Health and Human Services, Planning Committee

9:00 a.m.

**Panel I: Developer Perspectives of Successes and Challenges in Scaling Family Focused Preventive Interventions**

This panel will discuss family-focused interventions that have demonstrated effectiveness in practice and that have been brought to scale. Panelists will offer the developer's perspective of efficacious programs across different sectors (e.g., homes, child welfare settings) and reflect on what has made their application to scale successful, as well as what challenges they faced. Speakers will target programs within specific time periods in development that span prenatal development to early adulthood.

Moderator: J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work, Planning Committee Chair

David L. Olds, Ph.D., Professor of Pediatrics and Director, Prevention Research Center for Family and Child Health, Department of Pediatrics, University of Colorado at Denver (20 min)

Carolyn Webster-Stratton, Ph.D., M.S., M.P.H., Professor Emeritus, University of Washington; Developer, The Incredible Years Programs (20 min)

Ron Prinz, Ph.D., Professor and Director, Parenting & Family Research Center, University of South Carolina (20 min)

Patricia Chamberlain, Ph.D., Research Scientist, Oregon Social Learning Center (20 min)

## DISCUSSION

10:45 a.m.

**BREAK**

11:00 a.m.

**Panel II: State and Federal Perspectives of Successes and Challenges in Scaling Family-Focused Preventive Interventions**

This panel will continue the discussion of the themes explored in Panel I, but will broaden the perspective to include those who enable the programs to reach end-users. Panelists will provide both the state and federal viewpoint.

Moderator: Pat Shea, M.S.W., M.A., Deputy Director, Office of Technical Assistance, National Association of State Mental Health Program Directors, Planning Committee

Lisa Hill, Executive Director, Invest in Kids (Colorado) (20 min)

Brian Bumbarger, Ph.D., Assistant Director for Knowledge Translation and Dissemination, Prevention Research Center, Penn State University (20 min)

Kimberly Hoagwood, Ph.D., Professor and Vice Chair for Research, Department of Child and Adolescent Psychiatry, New York University School of Medicine (20 min)

Clarese Holden, Ph.D., Branch Chief, Division of State Programs, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration (20 min)

## **DISCUSSION**

12:45 p.m.	<b>LUNCH</b>
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1:30 p.m.	<b>Panel III: Extending and Disseminating Family-Focused Preventive Interventions</b>
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This panel will illustrate emerging settings where family-focused preventive interventions are being provided, including primary care settings and schools, and will discuss opportunities and challenges going forward. Programs that will be described target infancy through childhood and early adolescence.

Moderator: Mary Ann McCabe, Ph.D., Associate Clinical Professor of Pediatrics, George Washington University School of Medicine, Planning Committee

Margot Kaplan-Sanoff, Ed.D., Associate Professor of Pediatrics, Boston Medical Center, National Director, Healthy Steps, Boston University School of Medicine (20 min)

Ellen C. Perrin, M.D., Research Director, Division of Developmental-Behavioral Pediatrics, Floating Hospital for Children, Tufts Medical Center; Professor of Pediatrics, Tufts Medical School (20 min)

Guillermo (“Willy”) Prado, Ph.D., Professor and Director, Division of Prevention Science and Community Health, Department of Public Health Sciences, University of Miami Miller School of Medicine (20 min)

Thomas J. Dishion, Ph.D., Director, Prevention Research Center; Professor, Psychology Arizona State University (20 min)

## **DISCUSSION**

3:15 p.m.	<b>BREAK</b>
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3:30 p.m.	<b>Panel IV: Financing and Infrastructure</b>
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This panel will discuss themes related to financing and infrastructure to support scaling of family-focused preventive interventions. Topics of discussion will include the results of benefit-cost analyses in Washington state, financing of behavioral health interventions through Medicaid, the current Administration’s interest in supporting scaling of evidence-based initiatives through

the tiered evidence structure and pay for success, and how the ACA will impact primary care to support implementation of family-focused interventions.

Moderator: Ruth Perou, Ph.D., Child Development Studies Team Leader, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention, Planning Committee

Stephanie Lee, M.A., Senior Research Associate, Washington State Institute for Public Policy (20 min)

Kathryn B. Stack, Advisor for Evidence-Based Innovation, U.S. Office of Management and Budget (20 min)

MaryBeth Musumeci, J.D., Associate Director, Kaiser Commission on Medicaid and the Uninsured (20 min)

## DISCUSSION

4:55 p.m.	<b>Closing Remarks</b>
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J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work, Planning Committee Chair

5:00 p.m.	<b>Adjourn for Day</b>
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## Day 2: Wednesday, April 2, 2014 (Room 120)

8:30 a.m.	<b>Welcome and Recap of Day 1</b>
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J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work , Planning Committee Chair

8:45 a.m.	<b>Keynote Address: Engaging Families of Children with Developmental Disabilities in Early Detection, Early Intervention, and Prevention</b>
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Amy Wetherby, Ph.D., Distinguished Research Professor & L.L. Schendel Professor of Communication Disorders, Department of Clinical Sciences, Director, Autism Institute, Florida State University College of Medicine

9:15 a.m.

## **Panel V: Changing Contexts and Alternative Models**

This session will explore alternative models in family-focused interventions across systems, including international models and describe possibilities to integrate new and generalized knowledge into local settings.

Moderator: William Beardslee, M.D., Gardner/Monks Professor of Child Psychiatry, Harvard Medical School, Planning Committee

Richard Spoth, Ph.D., Director, Partnerships in Prevention Science Institute, Iowa State University (20 min)

Terje G. Ogden, Ph.D., Research Director, Norwegian Center for Child Behavioral Development, University of Oslo (20 min)

Mary Jane Rotheram-Borus, Ph.D., Bat-Yaacov Professor of Child Psychiatry and Biobehavioral Sciences; Director, Center for HIV Identification Prevention & Treatment Services, Semel Institute and the Department of Psychiatry, University of California, Los Angeles (20 min)

## **DISCUSSION**

10:40 a.m.

## **BREAK**

10:55 a.m.

## **Keys to Effective Spread and Scale-up: Lessons Learned from Other Fields and Sectors**

Joe McCannon, Consultant to the Bill & Melinda Gates Foundation; Former Senior Advisor to the Administrator and Group Director of Learning and Diffusion, Center for Medicare & Medicaid Services

11:25 a.m.

## **Panel VI: Synthesis and Way Forward**

This panel will discuss and synthesize the common themes and principles from the workshop. Members of the workshop planning committee will serve as discussants.

J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work

Pat Shea, M.S.W., M.A., Deputy Director, Office of Technical Assistance, National Association of State Mental Health Program Directors

Mary Ann McCabe, Ph.D., Associate Clinical Professor of Pediatrics, George Washington University School of Medicine

Ruth Perou, Ph.D., Child Development Studies Team Leader, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention

William Beardslee, M.D., Gardner/Monks Professor of Child Psychiatry, Harvard Medical School

Lauren Supplee, Ph.D., Director, Division of Family Strengthening, Administration on Children and Families, U.S. Department of Health and Human Services

## **DISCUSSION**

12:10 p.m.	<b>Closing Remarks</b>
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J. David Hawkins, Ph.D., Social Work Endowed Professor of Prevention, University of Washington School of Social Work, Planning Committee Chair

12:15 p.m.	<b>Adjourn Workshop</b>
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