This workshop will explore multiple levels of analysis, including environmental, sociocultural, behavioral, and biological, to see how these factors affect women’s mental health across the life course and across different racial/ethnic groups. The workshop will result in a rapporteur-prepared brief that summarizes the workshop presentations and discussions; the published brief will inform future research as well as program and policy discussions.
Vulnerable Populations: Differences Among Women Make A Difference
Vickie Mays, University of California, Los Angeles

10:00 – 10:15 am  BREAK

10:15 – 10:55 am Psychological and Structural Factors in Women’s Mental Health
Moderator: Debra Umberson, University of Texas at Austin

➤ Psychology of gender
Vicki Helgeson, Carnegie Mellon University

➤ Structural factors that affect mental health over the life course
Deborah Carr, Boston University

10:55 – 11:35 am Mental Health over the Life Course: Adolescence
Moderator: Bridget Goosby, University of Nebraska-Lincoln

➤ Life course epidemiology and adolescent mental health
Katherine Keyes, Columbia University [by videoconference]

➤ Mental health services and underserved youth populations
Victoria Ojeda, University of California, San Diego

11:35 am – 12:30 pm  LUNCH

12:30 – 1:10 pm Mental Health over the Life Course: Mid-Life
Moderator: Jennifer Payne, Johns Hopkins University

➤ Is it me or is it hot in here? Mood, memory, and Menopause
C. Neill Epperson, University of Pennsylvania
A life course approach to understanding sex differences in depression and inflammation in mid-life
*Natalie Slopen*, University of Maryland College Park

**1:10 – 1:50 pm Mental Health over the Life Course: Later Life**

Moderator: *Debra Umberson*, University of Texas at Austin

- What Do We Know (and Not Know) about the Gender Difference in Depression in Old Age?
  *Joan Girgus*, Princeton University

- African American elderly women and mental health: Social work perspective
  *Karen Lincoln*, University of Southern California [by videoconference]

1:50 – 2:00 pm BREAK

**2:00 – 3:15 pm Mental Health Care and Policy**

Moderator: *Hortensia Amaro*, University of Southern California

- Assessment, identification diagnosis
  *Jeanne Miranda*, University of California, Los Angeles

- Policies that constrain and promote women’s mental health
  *Chloe Bird*, RAND Corporation

- Gender-specific treatment
  *Christine Grella*, University of California, Los Angeles

- Work/family policy and women’s well-being
  *Jennifer Glass*, University of Texas at Austin

3:15 – 3:30 pm BREAK
3:30 – 4:15 pm  Breakout Groups, Brainstorming: Gaps, next steps, specific recommendations (moderators/steering committee members will facilitate breakout groups)

4:15 – 5:00 pm  Group Reports: Agenda for Advancing Women’s Mental Health over the Life Course

- What we need to know going forward
  - Gaps in data and knowledge
  - Most pressing challenges for women’s mental health
- What we need to do going forward (data, research, policy, practice)
  - Most promising and innovative directions

5:00 pm  Adjourn