The Board on Children, Youth, and Families (BCYF) is a nongovernmental, scientific body within the National Academies of Sciences, Engineering, and Medicine that convenes top experts from multiple disciplines to analyze the best available evidence on critical issues facing children, youth, and families today. BCYF’s ability to evaluate research simultaneously from the perspectives of the biological, behavioral, health, and social sciences allows us to shed light on innovative and influential solutions to inform the nation. The range of methods—from rapidly convened workshops to consensus study reports and forum activities—allows BCYF to respond with the timeliness and depth required to make the largest possible impact on the health and well-being of children, youth, and their families throughout the entire lifecycle.

BCYF was established in 1993 as a joint activity within the Division of Behavioral and Social Sciences and Education (DBASSE) and the Institute of Medicine, which is now the Health and Medicine Division (HMD). The board is a successor to earlier groups within the National Academies complex, including the Forum on the Future of Children and Families (1987–1993) and the Committee on Child Development and Public Policy (1977–1992).

CURRENT STUDIES AND ACTIVITIES

- Fostering Healthy Mental, Emotional, and Behavioral (MEB) Development Among Children and Youth
- Neurobiological and Socio-Behavioral Science of Adolescent Development and Its Applications
- Building an Agenda to Reduce the Number of Children in Poverty by Half in 10 Years
- Summertime Experiences and Child and Adolescent Education, Health, and Safety
- Well-Being of Military Families
- Research Issues in the Assessment of Birth Settings
- Applying Lessons of Optimal Adolescent Health to Improve Behavioral Outcomes for Youth
- Forum for Children’s Well-Being

PROJECTS IN DEVELOPMENT

- Reducing Social Isolation Among American LGBTQ Adolescents and Young Adults
- Timely and Legal Permanence for Children in the Foster Care System
- The Use of Information Technology in K–12 Classrooms
- Workshop on Informing Future Policy Concerning Nonmedical Exemptions for Childhood
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www.nap.edu
BCYF reports provide independent analyses of the science and are subject to an external peer review process. A selection of reports are listed below. For a complete list of BCYF publications, please visit www.nationalacademies.org/BCYF.

**Preventing Bullying Through Science, Policy, and Practice** (2016) has been widely disseminated with more than 15,300 full-text downloads, putting it in the top 1% of all National Academies’ products.

- Twenty-three major e-mail campaigns sent to more than 2,759,217 accounts
- Downloaded in 162 countries and all 50 states and the District of Columbia

—“We are working with school systems and communities to better inform parents and schools about bullying, analyze programs that work, and assist children and parents who are experiencing bullying or their children have been reprimanded for being bullies.” (Nonprofit Agency, United States)

**Investing in the Health and Well-Being of Young Adults** (2015) has more than 7,000 full-text downloads, putting it in the top 2% of all National Academies’ products.

- Seven major e-mail campaigns sent to more than 462,712 accounts
- Media exposure with mentions in *Science Daily* and garnered a large number of tweets from the public, science communicators, and scientists
- Downloaded in 140 countries and all 50 states and the District of Columbia

—“I’m facilitating a discussion with state-level agencies and organizations that serve adolescents and young adults. The intention is to identify state-specific strategies to inspire cultural change and improve service delivery.” (User from Ohio state government)

**Parenting Matters: Supporting Parents of Children Ages 0-8** (2016) has been widely disseminated with more than 16,900 full-text downloads, putting it in the top 1% of all National Academies’ products.

- Nineteen major email campaigns sent to over 1,918,953 accounts
- Generated hundreds of tweets from the public, science communicators, and scientists
- Downloaded in 156 countries and in all 50 states and the District of Columbia

—“I will use this information to further develop the direct delivery skills of our Child Protective Services caseworkers who work directly with our parents and providers.” (User in United States)
Preventing Mental, Emotional, and Behavioral Disorders Among Young People: Progress and Possibilities (2009) has been widely disseminated with more than 16,400 full-text downloads, putting it in the top 1% of all National Academies’ products.

- Four major e-mail campaigns sent to more than 38,144 accounts
- Downloaded in 148 countries and all 50 states and the District of Columbia

—“I am leading a Health Advisory Council, as we move to a “community impact” model. We are performing a community health assessment and will be convening stakeholders to develop strategies to address child health problems including unintended pregnancy and teen substance abuse.” (Nonprofit Agency, United States)

Promoting the Educational Success of Children and Youth Learning English: Promising Futures (2017) has been widely disseminated with more than 9,295 full-text downloads, putting it in the top 1% of all National Academies’ products.

- Twelve major e-mail campaigns sent to more than 1,675,234 accounts
- Media exposure with mentions in The Conversation and 155 tweets from the public, science communicators, and scientists
- Downloaded in 125 countries and all 50 states and the District of Columbia

—“I am an assistant principal in a large school in a large urban area. We have a large EL population and we are always looking for ways to better serve our students.” (United States)

Transforming the Financing of Early Care and Education (2018) has been widely disseminated with more than 3,900 full-text downloads, putting it in the top 6% of all National Academies’ products.

- Eight major e-mail campaigns sent to more than 613,047 accounts.
- Generated 193 tweets from the public, science communicators, and scientists
- Downloaded in 106 countries and in 49 states and the District of Columbia

—“I am leading a project to develop a cost model for early childhood education in New York City. I hope to use this to provide a national perspective.” (United States)

Transforming the Workforce for Children Birth Through Age 8: A Unifying Foundation (2015) has been widely disseminated with more than 20,800 full-text downloads, putting it in the top 1% of all National Academies’ products.

- Twenty-three major e-mail campaigns sent to more than 839,681 accounts
- Downloaded in 136 countries and all 50 states and the District of Columbia

—“I will use this information to inform Mississippi policy makers of the importance of a coordinated effort on early childhood development.” (University, United States)