



# Science on the International Space Station



National Research Council  
Aeronautics and Space Engineering Board  
22 April 2015

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# Overview

- Research Demand and Development of ISS as a National Laboratory
- New Facilities and Initiatives
  - Model Organisms
  - One-year Expedition & Twin Study
- Scientific Impact
  - Publications
  - Applications & Benefits

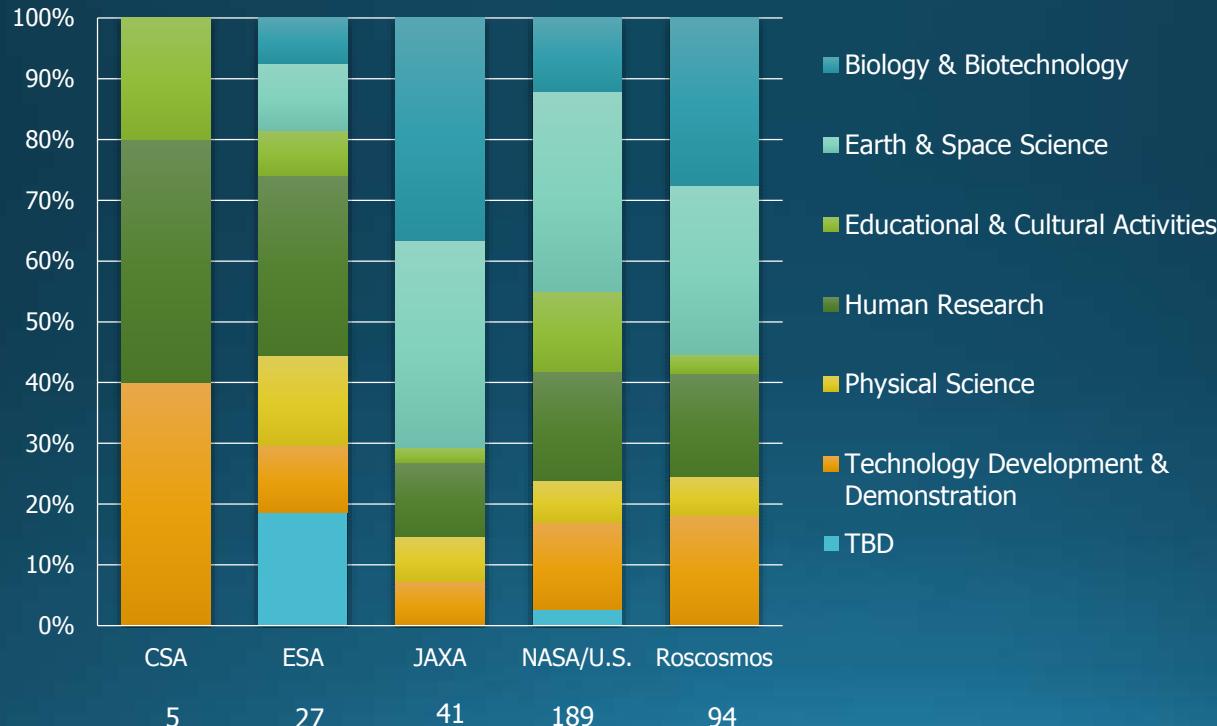
# ISS Research Statistics (*Working data through Feb 28, 2014*)

## Number of Investigations for 43/44 : 356

- 189 NASA/U.S.-led investigations
- 167 International-led investigations
- 95 new investigations

## Total to Date--Expeditions 0-40\*

- Over 800 investigators represented
- Over 1100 scientific results published
- 1765 individual investigations



*ISS Research and Education  
Expeditions 0-38 (Through September 2014)*



83 countries and areas

# ISS Occupancy Highlights *(data as of February 2014)*

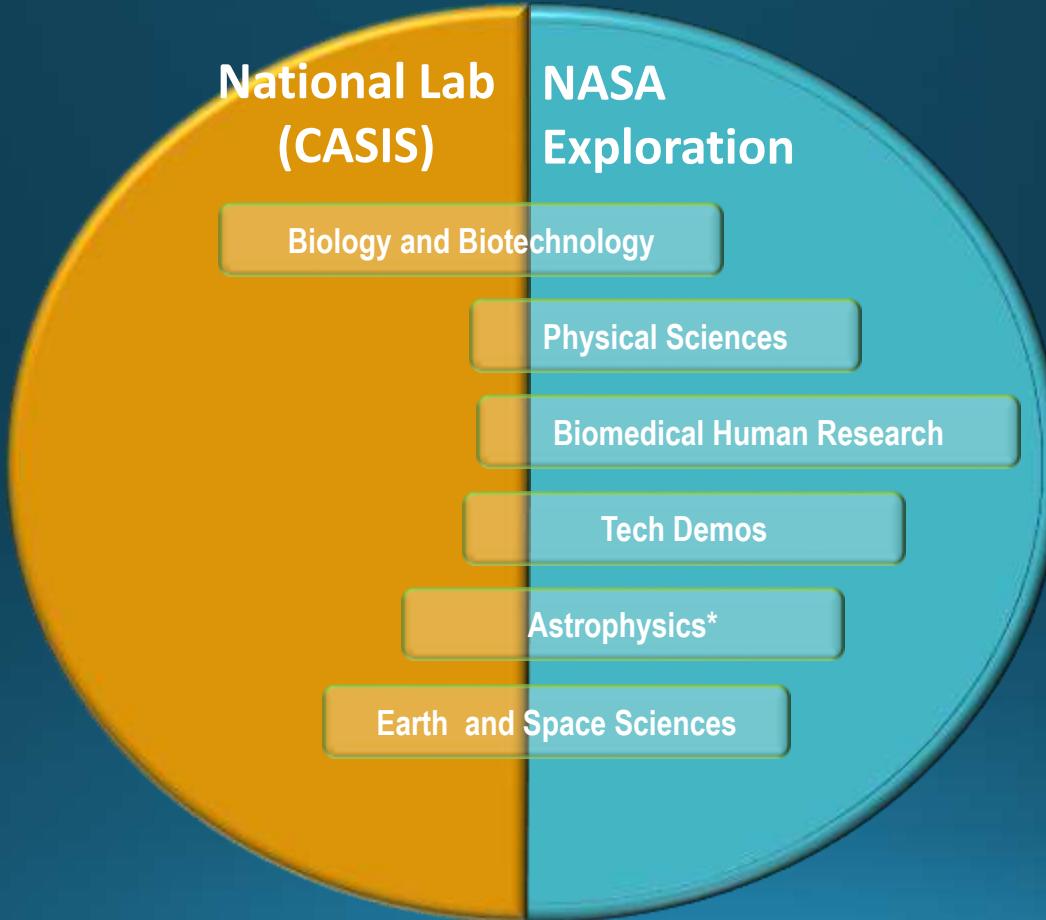
- Internal Occupancy 81%
  - Express racks: will launch additional Express to support small payloads in 2017
  - Microgravity Sciences Glovebox: oversubscribed, will launch a 2<sup>nd</sup> glovebox to deconflict life and physical sciences
- Crew time heavily oversubscribed
  - Human research and rodent research demand is high, and is crewtime intensive
  - National Laboratory/CASIS demand has grown to fully use the 50% allocation granted in the NASA Authorization of 2010 for crewtime beginning in late 2015, requiring a replanning of NASA-funded research
  - 4<sup>th</sup> crew member (with commercial crew ~2017) will almost double crew time for research
- External Occupancy (instruments for astrophysics and Earth Science)
  - CATS (Cloud Lidar) and Rapidscat (Scatterometer) launches in 2014
  - 3 sites left after the end of the year (SAGE, NVP, STP-H5), 70%
  - Only 2 sites available in 2017

# CATS (2014)

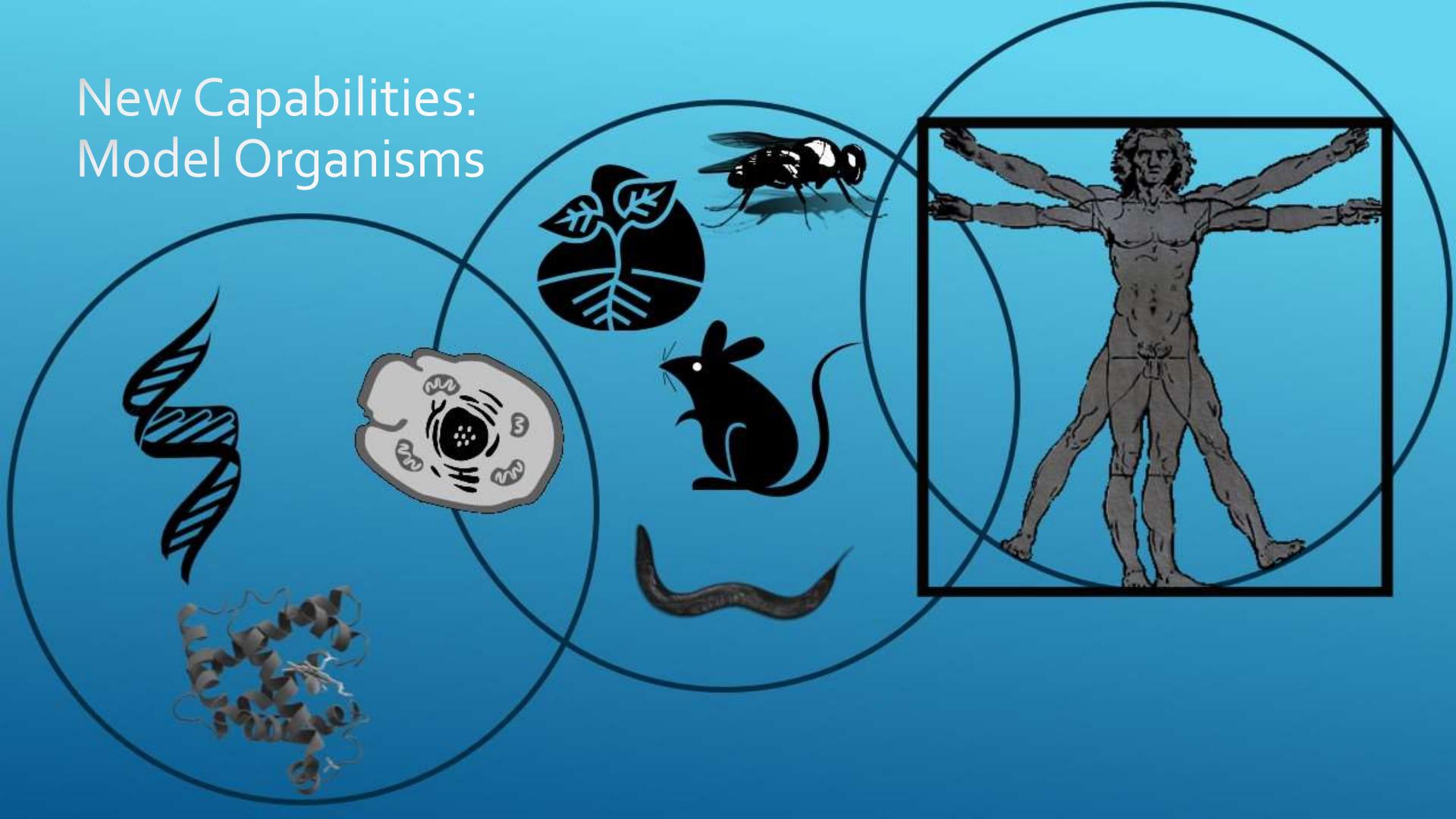


HICO (2009)  
NREP (2015)  
ECOSTRESS (2017)  
TSIS (2017)  
GEDI (2018)

# What are we doing on ISS today?



# New Capabilities: Model Organisms



# Model Organisms on ISS, Examples from 2014-2015

## Worms (*C elegans*):

- “Epigenetics” (Sx-5, JAXA) studies impacts of microgravity on basic DNA across multiple cell generations.
- “Nematode Muscle” (Sx-6, JAXA) studies muscle atrophy molecular mechanisms (*muscle*).
- “Micro 5” (Spx-5, NASA) infects *C elegans* with *Salmonella typhimurium* and follows the survival of the *C. elegans* on orbit (*immune*).



## Rodents:

### Rodent Research-2 (Sx-6, NASA, National Lab)

- Immune system response under simulated infection (*immune*, NASA).
- Effects on intracranial pressure (*vision*, NASA).
- Bone remodeling with periodic measures throughout the flight (*CASIS-sponsored*)



## Fruit Flies (*Drosophila*):

Fruit Fly Lab-01 (Spx-5, NASA) hoped to study microbial interaction, microgravity, and radiation on fruit flies on ISS (*immune*), *hardware failure*, *reflight planned in replacement hardware*.



## Plants (*Arabidopsis*):

### Plant Gravity Sensing 1&2 (Spx-4, -6 NASA)

studies the structures involved in calcium signaling required for plant growth under various microgravity conditions (*optimal plant growth*).



Studying model organisms in space contributes to understanding basic processes that can also be applied on Earth, such as treatments for disease, improvements for injured or aging populations, and innovative agricultural processes.

# First Flight of Rodent Research System

"The lack of an animal facility for rodents on the ISS suitable for long-duration studies on adult animals is a major research impediment that will hamper the ability to obtain information important for maintaining astronaut health and fitness for duty." - *NRC Decadal Survey, 2011.*

- **Rodent Research-1** September-November 2014
  - 10 "NASA" mice dedicated to evaluation of hardware and on-orbit operations (Launched and samples returned on SpaceX-4).
  - 10 "National Laboratory" mice: Pharmaceutical company evaluating muscle atrophy (Launched on SpaceX-4, samples returned on SpaceX-5)
  - On orbit dissections, tissue sharing, evaluation of data retrieval from returned frozen carcasses



# ISS One-Year Mission



A diagram of an astronaut in a white space suit, standing with arms slightly out. The internal organs are color-coded and labeled: red for the heart and lungs, yellow for the liver, and blue for the kidneys. To the left of the astronaut is a circular patch for the 'KELLY - ASTRONAUT' mission. To the right is a circular patch for the 'TWINS STUDY' mission. The background is divided into a grey left side and a yellow right side. The text 'YEAR IN SPACE' and 'TWINS STUDY' are at the top, followed by 'KEY QUESTIONS' and a list of research topics for each.

# Physiological Response to Spaceflight

Astronauts experience a spectrum of adaptations in flight and postflight

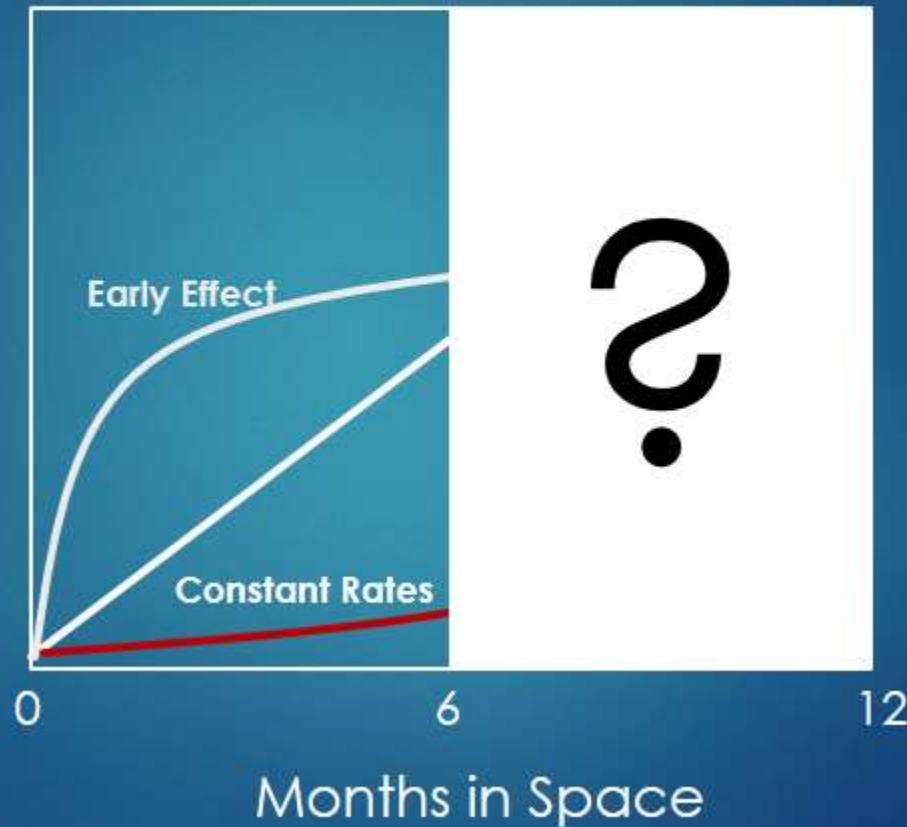


Balance disorders  
Cardiovascular deconditioning  
Decreased immune function  
Muscle atrophy  
Bone loss



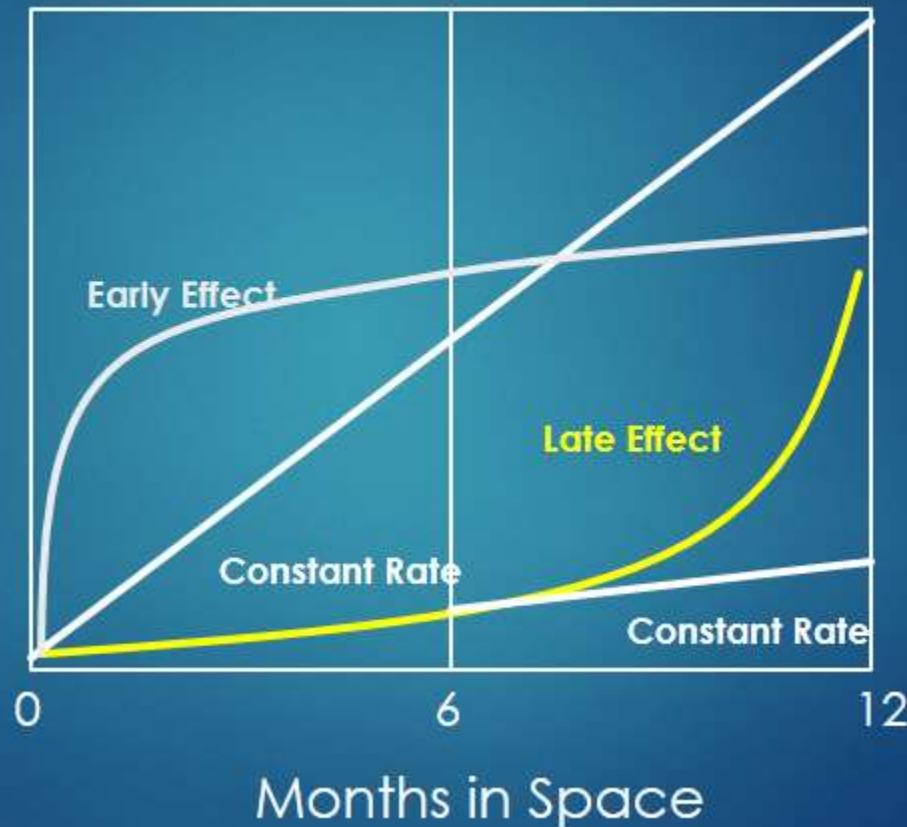
- Neurovestibular
- Cardiovascular
- Bone
- Muscle
- Immunology
- Nutrition
- Behavior
- Radiation

Negative impact on the body



?

Negative impact on the body



Months	14	13	12	11	10
#	1	1	2	1	1
Year	1994-1995	1998-1999	1987-1988	1987	1992



Valeri Polyakov



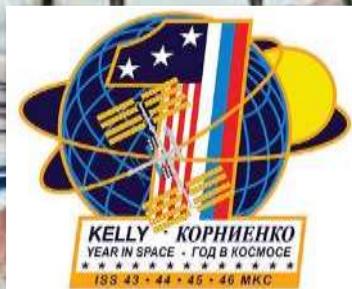
Sergei Avdeyev



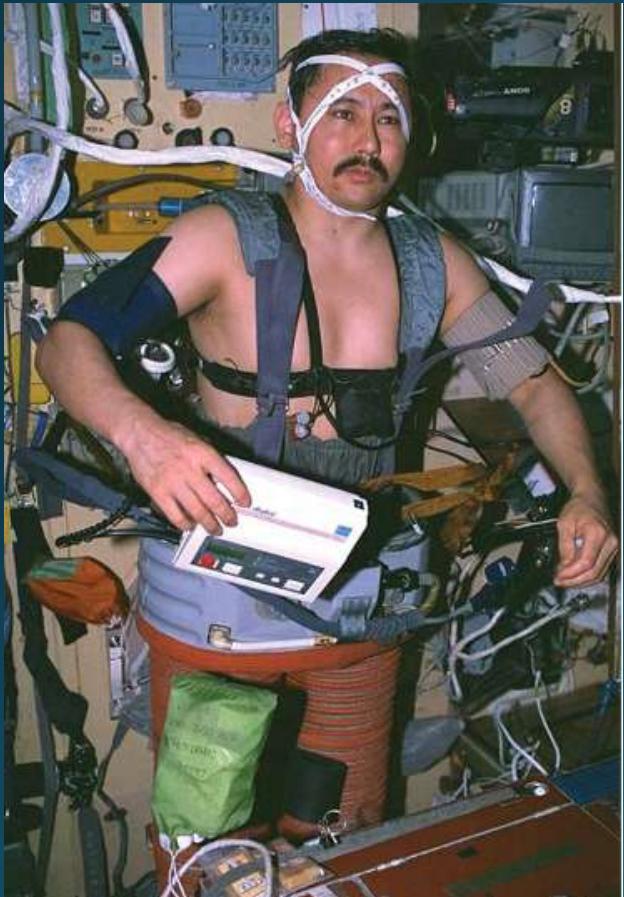
Vladimir Titov



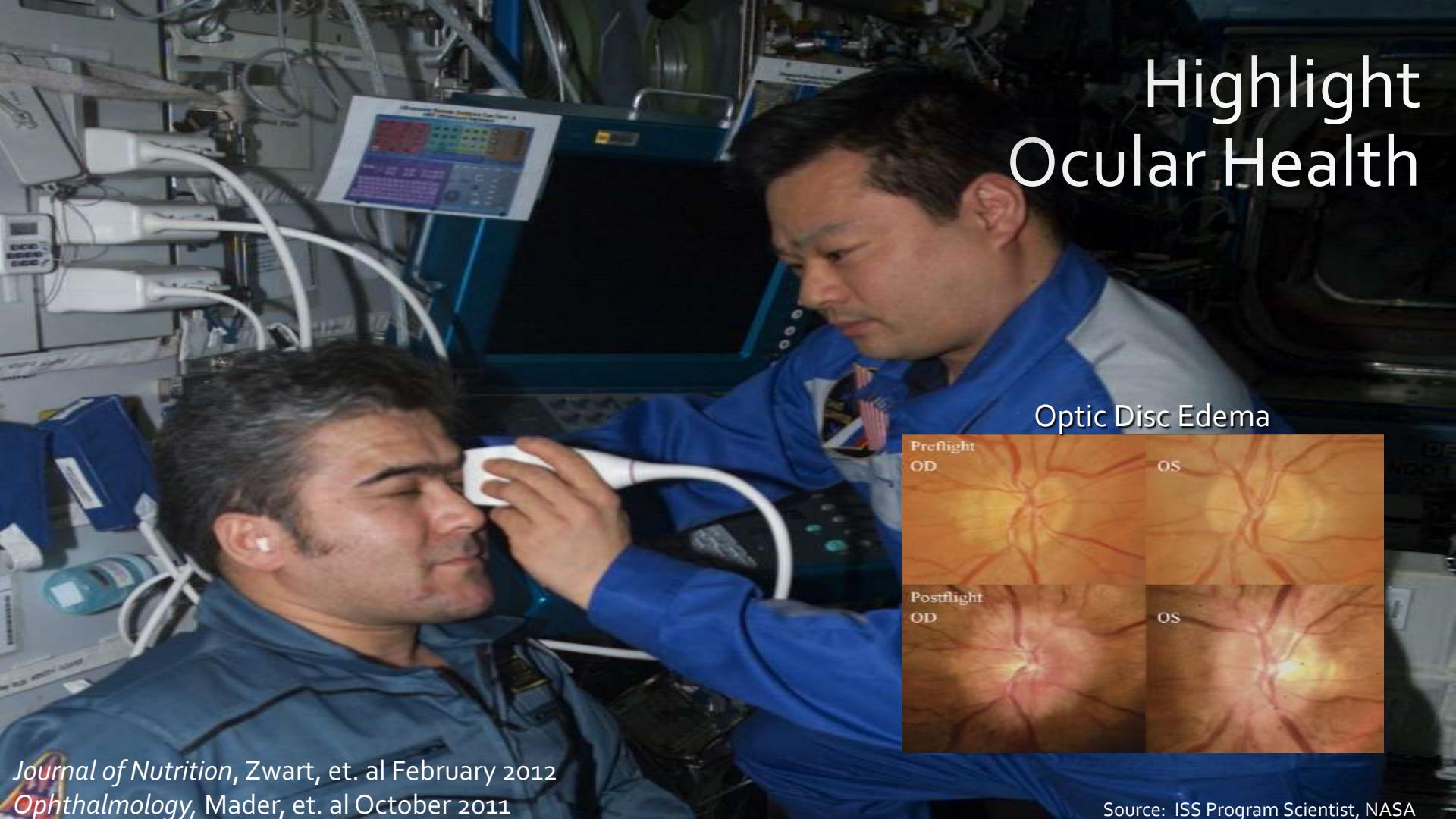
Musa Manarov



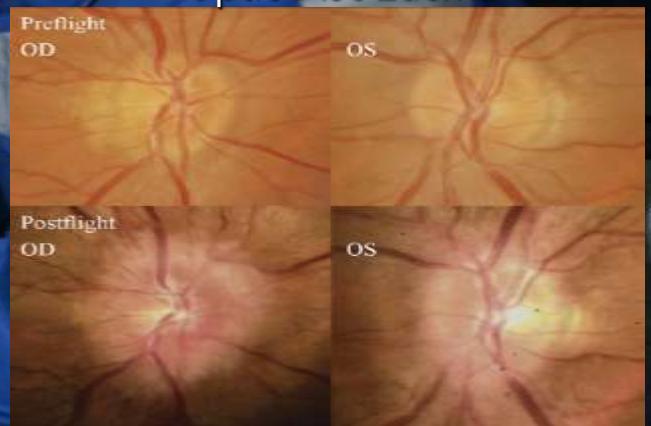
# Highlight: Fluid Shifts Investigation



# Highlight Ocular Health



Optic Disc Edema



*Journal of Nutrition*, Zwart, et. al February 2012  
*Ophthalmology*, Mader, et. al October 2011

Source: ISS Program Scientist, NASA



MEET THE  
TWINS  
UNLOCKING  
THE  
SECRETS  
OF  
SPACE

BY JEFFREY KLUGER

PHOTOGRAPHS BY MARCO GROB FOR TIME

[time.com/meet-the-twins-unlocking-the-secrets-of-space/](http://time.com/meet-the-twins-unlocking-the-secrets-of-space/)

# “Twins” Investigations begin integrated human omics studies in space

Susan Bailey, Colorado State University, Differential effects on telomeres and telomerase in twin astronauts associated with spaceflight

Andrew Feinberg, Johns Hopkins University School of Medicine, Comprehensive whole genome analysis of differential epigenetic effects of space travel on monozygotic twins

Christopher Mason, Weill Medical College of Cornell University, The Landscape of DNA and RNA Methylation Before, During, and After Human Space Travel

Scott Smith, NASA Johnson Space Center, Biochemical Profile: Homozygous Twin control for a 12 month Space Flight Exposure

Emmanuel Mignot, Stanford University School of Medicine, HERO Twin Astronaut Study Consortium (TASC): Immunome Changes in Space

Stuart Lee, Wyle Laboratories, Metabolomic And Genomic Markers Of Atherosclerosis As Related To Oxidative Stress, Inflammation, And Vascular Function In Twin Astronauts

Brinda Rana, University of California, Proteomic Assessment of Fluid Shifts and Association with Visual Impairment and Intracranial Pressure in Twin Astronauts

Mathias Basner, University of Pennsylvania School of Medicine, HERO Twin Astronaut Study Consortium (TASC) Project: Cognition on Monozygotic Twin on Earth

Fred Turek, Northwestern University, HERO Twin Astronaut Study Consortium (TASC) Project: Metagenomic Sequencing of the Bacteriome in GI Tract of Twin Astronauts

Michael Snyder, Stanford University, HERO Twin Astronaut Study Consortium (TASC) Project: Longitudinal integrated multi-omics analysis of the biomolecular effects of space travel





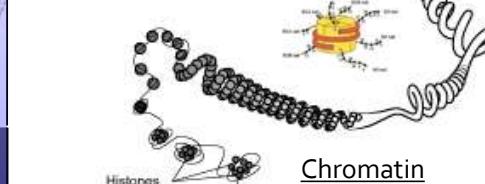
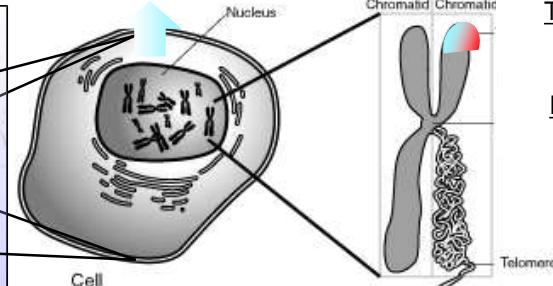
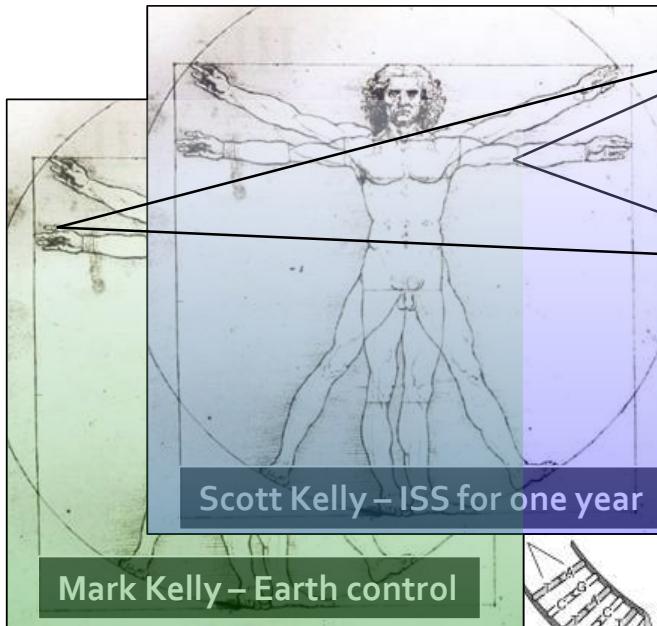
Vasculature  
Lee



Cognition  
Basner



Microbiome  
Turek



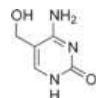
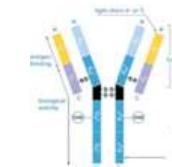
Chromatin  
Feinberg

Telomere Length  
Bailey

B-cells / T-cells  
Mignot



Antibodies  
Mignot/Snyder



DNA Mutations  
Feinberg

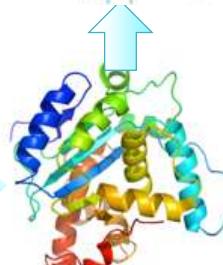
DNA Hydroxy-methylation  
Mason



DNA Methylation  
Feinberg & Mason



large/small RNA & RNA Methylation  
Mason

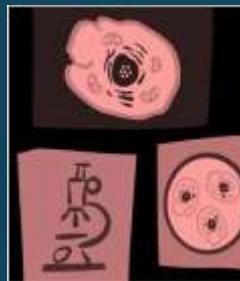


Proteomics  
Lee/Rana

# Key Clusters of Research Results over the past 2 years: Discoveries and Applications



Medicine



Cell Biology



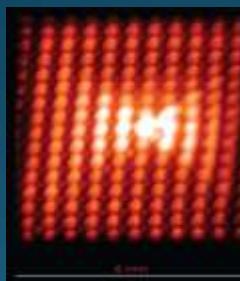
Protein Crystals



Disasters



Combustion



Nanomaterials



Alloys



Robotics

## Top 20 Journals with ISS Results\*

Nature

Proceedings of the National Academy of Sciences of the United States of America  
Science

PLOS ONE

Physical Review Letters

Journal of Biological Chemistry

Journal of Neuroscience

Journal of Geophysical Research

Chemical Communications

Physical Review D

Advanced Materials

Geophysical Research Letters

Langmuir

Journal of Chemical Physics

Chemistry – A European Journal<sup>+</sup>

Physical Review E

NeuroImage

The Astrophysical Journal

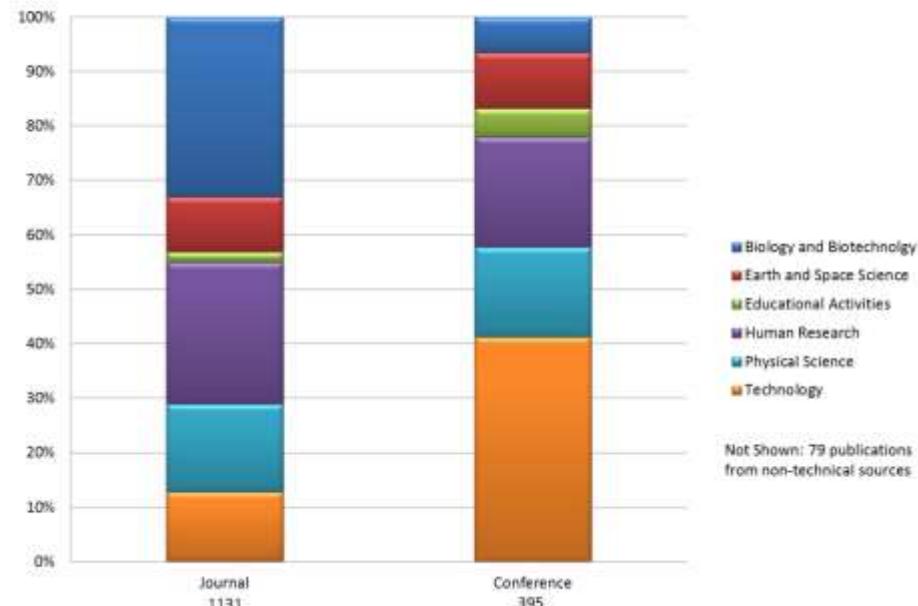
Journal of Physical Chemistry B

Oncogene

\*Journals are listed in Eigenfactor® order.

+Denotes new Journal to top 20 List since the Expeditions 0-38 report.

ISS Results Publications through January 2015



# Example of Pathway from Bench to Bedside

## What was done in space:

- The NASA Microencapsulation processing system (MEPS) was flown on STS-95 (1998) and ISS Expedition 5 (2002), where the unique behavior of fluids in microgravity led to improvements in microcapsule development.
  - *Microcapsule technology has been tested by many researchers on Earth as a form of cancer treatment by directly injecting microcapsules into tumor sites without the toxic effects of systemic chemotherapy, but several disadvantages have restricted the use of this technology in cancer treatment.*



## What spaceflight enabled:

- The space flight results led to the development of a ground-based version of the system (called the Pulse Flow System (PFS)) for Earth-based manufacturing of commercial-scale quantities of the desirable microcapsules that showed significant improvements in treating tumors in laboratory animals.
  - *13 NASA US patents were filed, and are currently licensed to NuVue Therapeutics, Inc.*

## What's happening now:

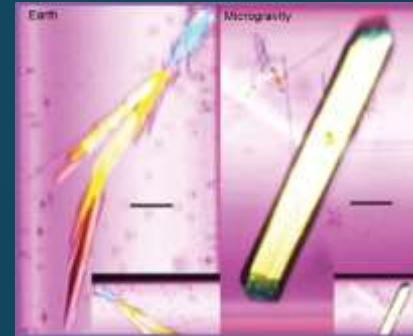
- The MEPS team is currently working closely with the FDA towards three 510(k) applications as visualization markers:
  - Imaging Marker-Microcapsules ("Biopsy Site Marker") for the visualization of tumor tissue sites, (pre and post surgical)
  - Microcapsule Fiducial Imaging Markers for measuring tumor regression
  - Microcapsule Tissue Markers for Magnetic Resonance Imaging compatibility (this was recommended by FDA)
- Results from these studies will also advance development of the chemo markers for future FDA approval



## Example of Pathway from Bench to Bedside

### What was done in space:

On ISS, Japanese scientists crystallized a protein (H-PGDS) involved in the progression of Duchenne Muscular Dystrophy complexed to its known oral inhibitor (HQL-79) in an effort to grow a 3-dimensional crystal structure that could provide insight on how to improve the inhibitor in Duchenne patients.



### What spaceflight enabled:

Lack of sedimentation and convection in microgravity led to the 3-dimensional crystal growth that allowed scientists to identify an improved complex structure and an associated water molecule that was not previously known. Researchers used this discovery to developed an even more potent form of HQL-79 inhibitor for Duchenne in laboratory testing.

### What's happening now:

Principal Investigators are studying the effects of the improved inhibitor in pre-clinical studies on animals. Beagle pups treated with the improved inhibitor has shown improvements in slowing the progression of Duchenne.



# ISS Benefits for Humanity, 2<sup>nd</sup> Edition



JULY 2015 release planned

Human Health

Earth Observation & Disaster Response

Innovative Technology

Global Education

Economic Development of Space

<http://www.nasa.gov/stationbenefits>



## ISS Research & Technology

<http://www.nasa.gov/iss-science/>



@ISS\_Research



## ISS Research Blog "A Lab Aloft"

<http://go.usa.gov/atl>