

Convening Agenda (September 12 and 13)  
Day 1: 8:00am to 5:00pm

Morning 8:00AM Start

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| 1. Welcome:  | 5 minutes  |
| 2. Research into Practice Problem Statement                          | 10 minutes |
| 3. Summary of Workshop Objectives                                    | 5 minutes  |
| 4. Introductions   | 10 minutes |
| 5. Research into Practice Panel                                      | 45 minutes |
| 6. Circadian Light Key Findings & Recommendations                    | 60 minutes |
| 7. Break      10:15-10:30  | 15 minutes |
| 8. Small Group Activity Part I (Implementation Opportunities)        | 60 minutes |
| 9. Report Out  | 45 minutes |
| 10. Lunch      12:15 to 1:15   | 60 minutes |
| 11. Organize Opportunities by Type, Impact and Readiness             | 20 minutes |
| 12. Summary and Introduction to Small Group Activity Part 2          | 10 minutes |
| 13. Small Group Activity Part 2 (Implementation Pathways & Barriers) | 60 minutes |
| 14. Break      3:15 to 3:30  | 15 minutes |
| 15. Small Group Activity Part 2 cont (Solutions and Plans)           | 30 minutes |
| 16. Report Out and Discussion  | 60 minutes |
| 17. Closing Remarks  | 15 minutes |

## Day 2: 8:00am to 3:00pm

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| 1. Reflections on Day 1 and Setting Day 2 Expectations     |               | 15 minutes |
| 2. Pathways to High Priority Practices Implementation      |               | 60 minutes |
| 3. Consensus: Circadian Light Action Items and Next Steps  |               | 15 minutes |
| 4. Well Built for Well Being: Findings & Q&A               |               | 30 minutes |
| 5. Break   | 10:00-10:15   | 15 minutes |
| 6. Rapid Fire Implementation Pathways Discussion on WBWB   |               | 90 minutes |
| 7. Consensus: WBWB Action Items and Next steps             |               | 15 minutes |
| 8. Lunch   | 12:00 to 1:00 | 60 minutes |
| 9. Supporting Action: Existing Resources and Opportunities |               | 90 minutes |
| 10. Closing Remarks  |               | 15 minutes |