

#### **Conveying Science through Flash Talks**

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**CHELTENHAM**FESTIVALS





# Flash talk groups

| 1 – ANNICA<br>WAYMAN | 2 – DJUKE<br>VELDHUIS | 3 – JASON PORTER<br>& JESSICA |
|----------------------|-----------------------|-------------------------------|
| Julio Canon          | Gabriela[ Camacho     | Aristoteles Goes-Neto         |
| Guarino Colli        | Juan Rojas            | Jorge Heute-Parez             |
| Ana Ruth Castillo    | Luis Macea Mercalo    | Luis Fernando Salas           |
| Cirilo Pablo Lagos   | Rodrigo Medeiros      | Bram Willems                  |
| Thiago Parente       | Tomas Mamani          |                               |
| Julio Cesar Rivero   |                       |                               |
| William Alama        |                       |                               |

## Today – Flash talks Judging criteria

3 Minutes – No PowerPoint – only the props you carry on stage

- **Content**: needs to be factually correct and scientifically sound, but also well-chosen for a lay audience (not too obscure but not patronisingly simplified) and well structured as a "story".
- Clarity: as well as being understood, the subject should be put in context. Is this well-established knowledge, an exciting new piece of research, or a controversial theory?
- Charisma: do they make you want to watch and listen to them? Did the time fly by and were you sorry they had to stop?

#### Flash talks – score sheets

#### Sample Score Sheet Contestant # Name: Marks / 5 Subject: content Comments: clarity charisma Total / 15 Response to Judges Questions:

### Plan for today

- Flash talks two examples
- Communication in person, on paper, on radio & TV
  - Top tips for speaking for a public audience
  - Common public speaking pitfalls
  - Speaking to the media
  - Preparing for radio & TV
  - A brief note on dealing with nerves
- Scientists and social media / blogging –

"A scientist guide to social media" http://tinyurl.com/kwgzknr

Flash talk practice in breakout groups

## Flash Talk example 1:



# Flash Talk example 2:



#### Top science communication tips

- Know your audience!
- Tell a story
  - Character
  - Suspense
  - Surprise
  - Clear line of action
- Passion
- Use known vocabulary
- Analogies
- PRACTICE & PREPARATION
- Relevance
- Avoid filler phrases

- Frame the big picture
- Scaling
- Think about your voice:
  - Pitch
  - Pace
  - Volume
  - Intonation
  - Emphasis
- Speed bumps & pauses
- Directing your attention
- Posture / eye contact / gestures
- Active voice

#### Public speaking pitfalls

- Voice too quiet
- Physical 'ticks'
- Verbal 'ticks'
- Eye contact
- Monotone voice
- Waving / reading off notes
- Body posture
- Breathing

- Hands (where are they?!)
- Legs (what are you doing with them?)
- Speaking too fast/slow/ mumbling
- Pointless movements
- Passion & purpose
- Someone else's style

## Speaking to the media, radio & TV



## **Dealing with anxiety**

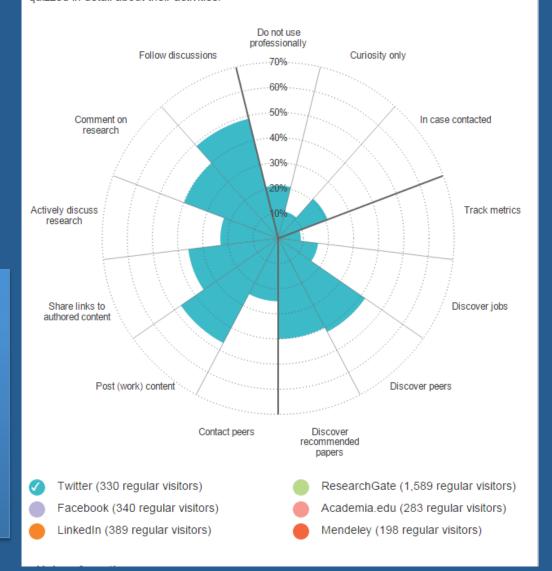
- Understand why you are nervous
- Fake confidence
- Think about your posture & time on stage
- Relaxation spend at least 5 mins before talk just thinking about your breathing; tense & relax muscles; go for a walk
- Visualisation
- Inspiration (revisit emotion)
- Practice, feedback, revision >>> more practice

## Social Media for researchers

"The analysis reveals that a majority of these star scientists on **Twitter** are dedicated to science communication. Many also have thousands of citations and use the social media tool to keep up with new research and gather rapid critique from peers.

#### Interactive: Why scholars use social media

In *Nature*'s survey, a subset of scholars who said they 'regularly visited' social media sites were quizzed in detail about their activities.



Nature 512, 126–129 (14 August 2014) doi:10.1038/512126a Online collaboration: Scientists and the social network

## Top tips for twitter

- Keep it short.
- Make it easy to read.
- Write as if you are writing a newspaper headline
- Check your tweets before publishing. (Tweets cannot be edited once published)
- Don't just tweet to promote yourself. Tweeting about your own work is great, but constantly overselling yourself will turn people off
- Engage in conversation: Twitter is as much about the conversation you have with others, so don't be afraid to @mention others on relevant topics
- Use hashtags (#) to categorise tweets
- Credit others. If you're retweeting someone, credit them for their work