

Optimizing the Behavioral Health of All Children : Implications for Policy and Systems Change

Neal Halfon MD MPH

**Professor of Pediatrics, Health Policy & Management , Public Policy
UCLA Center for Healthier Children Families and Communities**

**Institute of Medicine & National Research Council
Forum on Promoting Children's Cognitive, Affective, and Behavioral Health**

**Opportunities to Promote Children's Behavioral Health:
Health Care Reform and Beyond**



Argument: Addressing MBD Disorders in Kids

- Growing prevalence and impact MBD disorders in children and youth is a big, complex problem
- This epidemic, at its most fundamental, has similar the causes are obesity epidemic:
 - Mismatch between evolutionary determined capacity to develop and adapt and the man-made environment that we are forcing children to adapt to
- Much can be done to better screen, diagnose and treatment MBD disorders; i.e. addressing the changing nature of marginal risk
- But to fundamentally address the causes of causes – need to move up stream, change the median risk

Argument: Addressing MBD Disorders in Kids

- Bad news: our health care system is not well positioned to do this historically, or currently
- Fixit, or incremental strategies focused on the marginal risk can be helpful, but real improvement will require more transformative changes
- The ACA provides some tools for incremental changes (improved screening, bundling payments, CMMI);
- Important to take advantage, and more importantly, achieve synergies, across agencies and approaches
- Real change require transformative analysis, approach and policy agenda

Framework to Rationalize different types of Change, Innovation, Improvement Strategies

- Fixit – fix broken parts and pieces
- Incremental Improvement
 - Evidence based improvements in services and care
 - Most of health care improvements fall into this category (new screening tool, MIECHV**)
- Transitions
 - New way of performing; Quantum leap;
 - Where innovations drives improvement
 - Requires nudges and jolts
 - 3.0 ACOs/HDOs, MIECHV, PedsNET, C3N, TECCS
- Transformation: Paradigm Shift
 - New Operating System

ACA Implementation

- Stimulating turbulent disruptions
- Creating potential for substantial health system innovation and improvement
- Rush to develop ACOs, unleashing market forces, significant delivery system changes
- Growing pressure for different types of payment reform

What ACA Reforms mean for kids

Positives:

- Expansion of parent health insurance
- No lifetime caps
- No discrimination based on pre-existing conditions
- Better access to preventive care
- Bundled payments

Negatives:

- Breakdown of regionalized care
- Squeeze on children's health services
- Challenges for children's hospitals
- Child benefit packages
- Second, third order consequences

Disincentives for Attention to Child Health

- Small proportion of overall expenditures
- Investments only show potential benefits after long time horizons
- Cross-sector finance conundrums
- Competitive health care markets are narrowly focused on short-term high cost patients
- Simple business & payment models that are not aligned with producing value for kids, families, and society

Optimizing Behavioral Health for All Children: The Challenge

- Epidemic of Mental, Behavioral and Developmental problems
 - 22% of adolescents have MH problems with impairment (long tail)
- 75% of cumulative prevalence of mental health problems have their onset before age 25 (LC/AR)
- Part of why the US is the sickest of rich nations, with the highest costs
- Most inefficient, low value, low ROI health system
- Old Outdated Operating System:
 - Resources flowing to the end of life span, with a focus on biomedical issues

Deeper challenges:

- **Analytic challenge:** how we understand and define the problem influences the strategies we employ, solutions we seek, and road map we commit to.
 - Need a life course health development approach
 - Paradigm shift in understanding the context of brain development & growing mismatch
- **Scope and Scale Problem:** this is a big complex problem which will not respond to incremental strategies and solutions
 - No magic bullet, no single cure all, not a service deficit
 - Complex adaptive systems problem
- **Audacity Deficit:** this requires major national effort, new narrative, leadership, measures, and approach

Problems are staring us in the face

- Fail to recognize the causes;
- Causes have become part of the normative landscape
 - Requires big levers to change:

Rapid Rise in Disease Prevalence :

% of Adult Population Treated, By Medical Condition, 1987-2005:

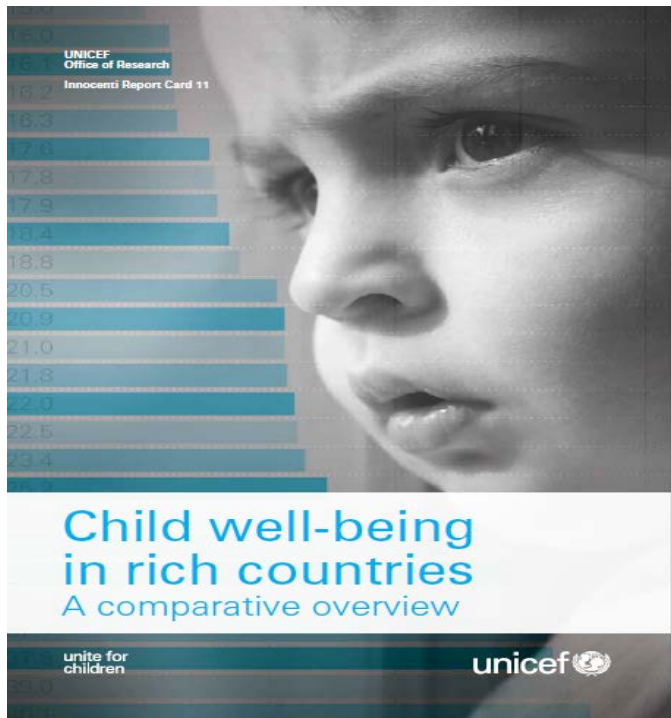
Medical Condition	1987 %	2005 %
Mental Disorders	5.5%	18.8%
Hyperlipidemia	1.5%	14.4%
Hypertension	13.6%	22.0%
Diabetes	4.0%	8.0%
Pulmonary Conditions (OPD, Asthma)	9.5%	18.4%
Lupus/Other Related	4.85	6.0%
Arthritis	7.8%	13.6%
Back Problems	5.4%	13.2%
Upper GI	3.8%	10.7%
Heart Disease	8.1%	9.5%

20+% prevalence in last year, 20-25years lower life expectancy SED

U.S. HEALTH
IN
INTERNATIONAL PERSPECTIVE

Shorter Lives, Poorer Health





April 2013

		Overall well-being	Dimension 1	Dimension 2	Dimension 3	Dimension 4	Dimension 5
		Average rank (all 5 dimensions)	Material well-being	Health and safety	Education	Behaviours and risks	Housing and environment
			(rank)	(rank)	(rank)	(rank)	(rank)
1	Netherlands	2.4	1	5	1	1	4
2	Norway	4.6	3	7	6	4	3
3	Iceland	5	4	1	10	3	7
4	Finland	5.4	2	3	4	12	6
5	Sweden	6.2	5	2	11	5	8
6	Germany	9	11	12	3	6	13
7	Luxembourg	9.2	6	4	22	9	5
8	Switzerland	9.6	9	11	16	11	1
9	Belgium	11.2	13	13	2	14	14
10	Ireland	11.6	17	15	17	7	2
11	Denmark	11.8	12	23	7	2	15
12	Slovenia	12	8	6	5	21	20
13	France	12.8	10	10	15	13	16
14	Czech Republic	15.2	16	8	12	22	18
15	Portugal	15.6	21	14	18	8	17
16	United Kingdom	15.8	14	16	24	15	10
17	Canada	16.6	15	27	14	16	11
18	Austria	17	7	26	23	17	12
19	Spain	17.6	24	9	26	20	9
20	Hungary	18.4	18	20	8	24	22
21	Poland	18.8	22	18	9	19	26
22	Italy	19.2	23	17	25	10	21
23	Estonia	20.8	19	22	13	26	24
23	Slovakia	20.8	25	21	21	18	19
25	Greece	23.4	20	19	28	25	25
26	United States	24.8	26	25	27	23	23
27	Lithuania	25.2	27	24	19	29	27
28	Latvia	26.4	28	28	20	28	28
29	Romania	28.6	29	29	29	27	29

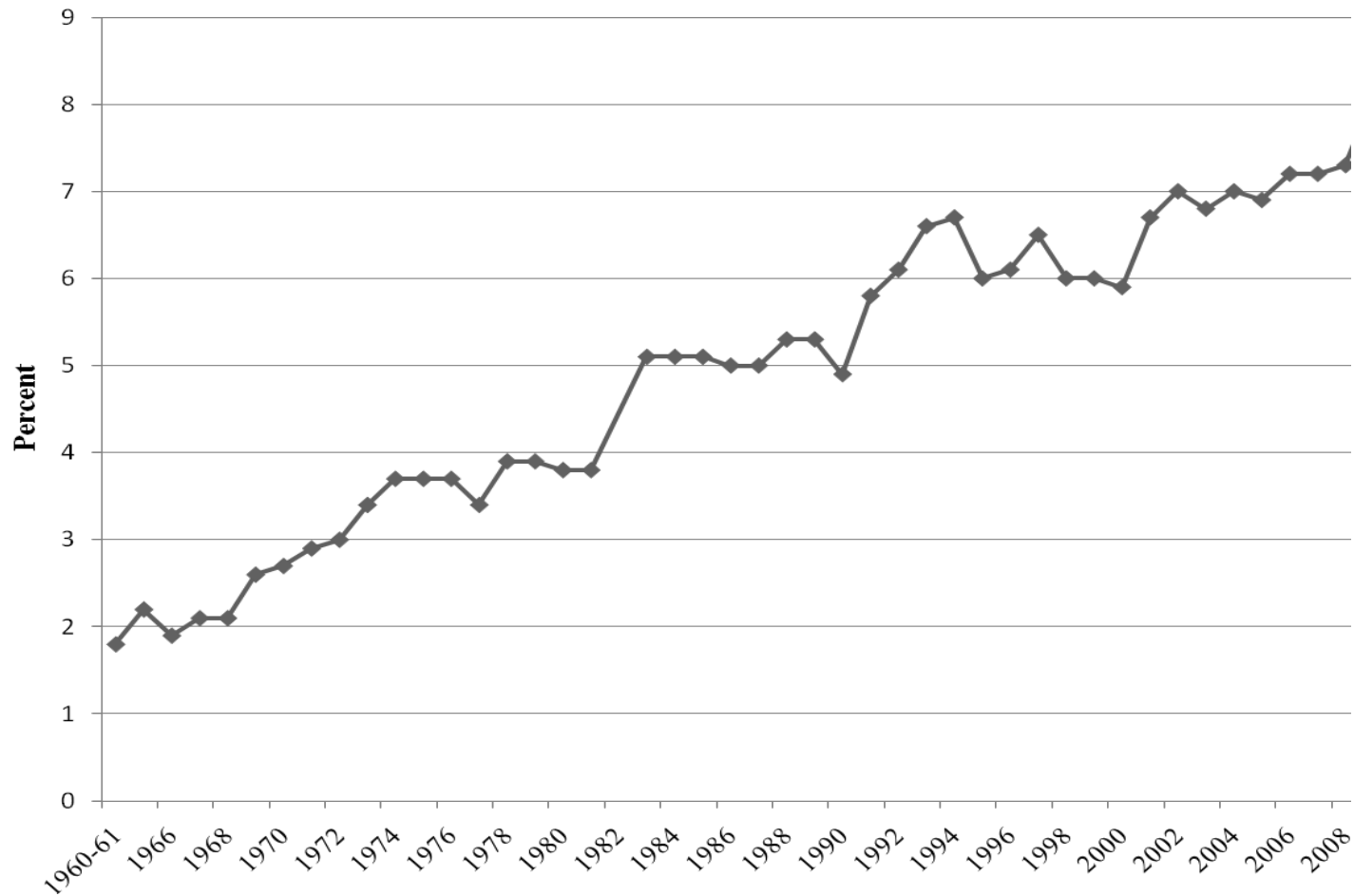
Lack of data on a number of indicators means that the following countries, although OECD and/or EU members, could not be included in the league table of child well-being: Australia, Bulgaria, Chile, Cyprus, Israel, Japan, Malta, Mexico, New Zealand, the Republic of Korea, and Turkey.

Changing Pattern of Childhood Morbidity

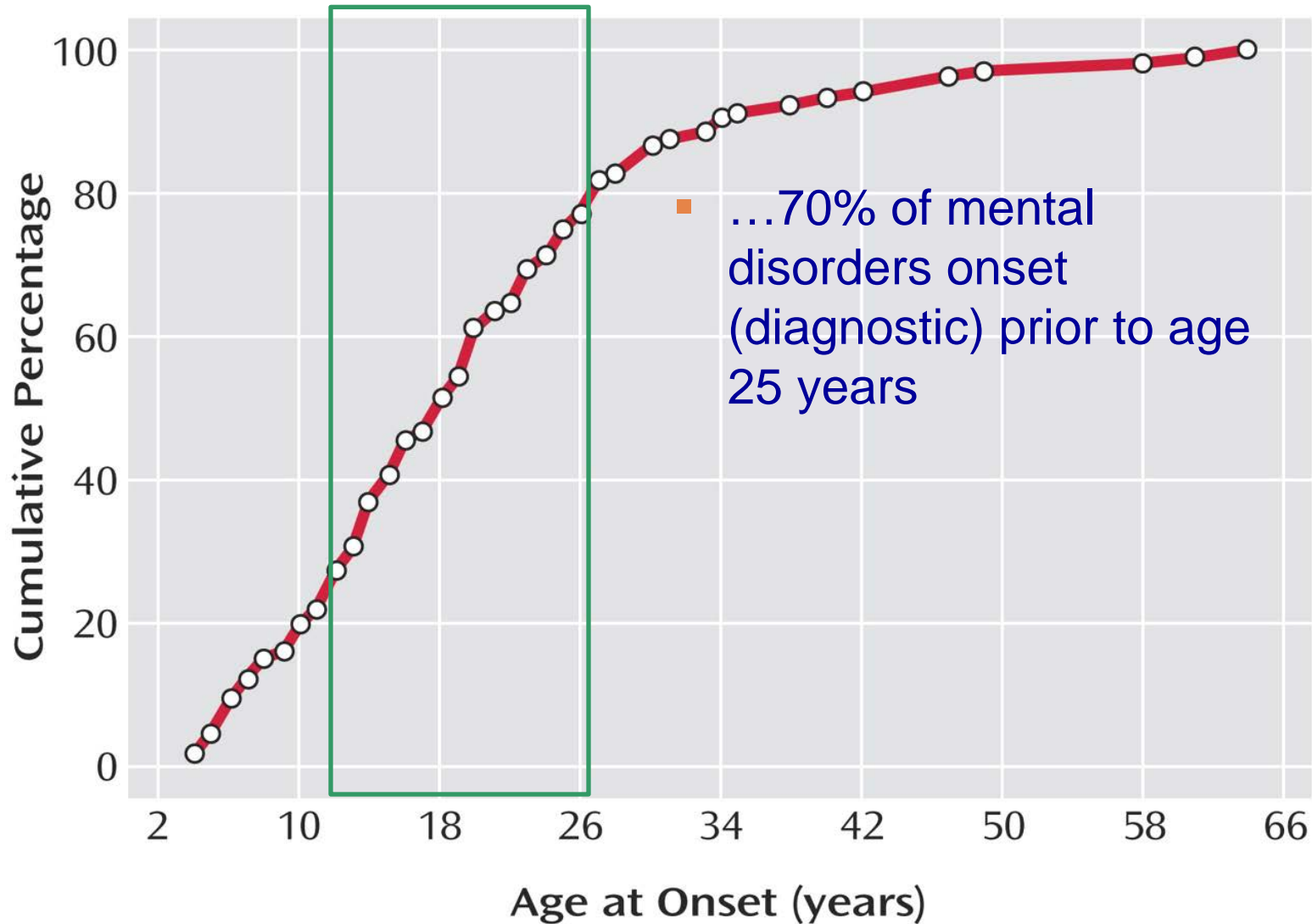
- Increase in chronic health problems (16%-33%)
 - Not Hemophilia, Cancer, Congenital Heart Disease
- Growing prevalence of mental health disorders (15-22+%)
- Greater appreciation of role and impact of neuro-developmental health problems – learning, language (10-17%)
- Growing number of children with multiple conditions (co-morbidities) e.g. asthma, obesity, ADHD

Trends in Childhood Disability- U.S.

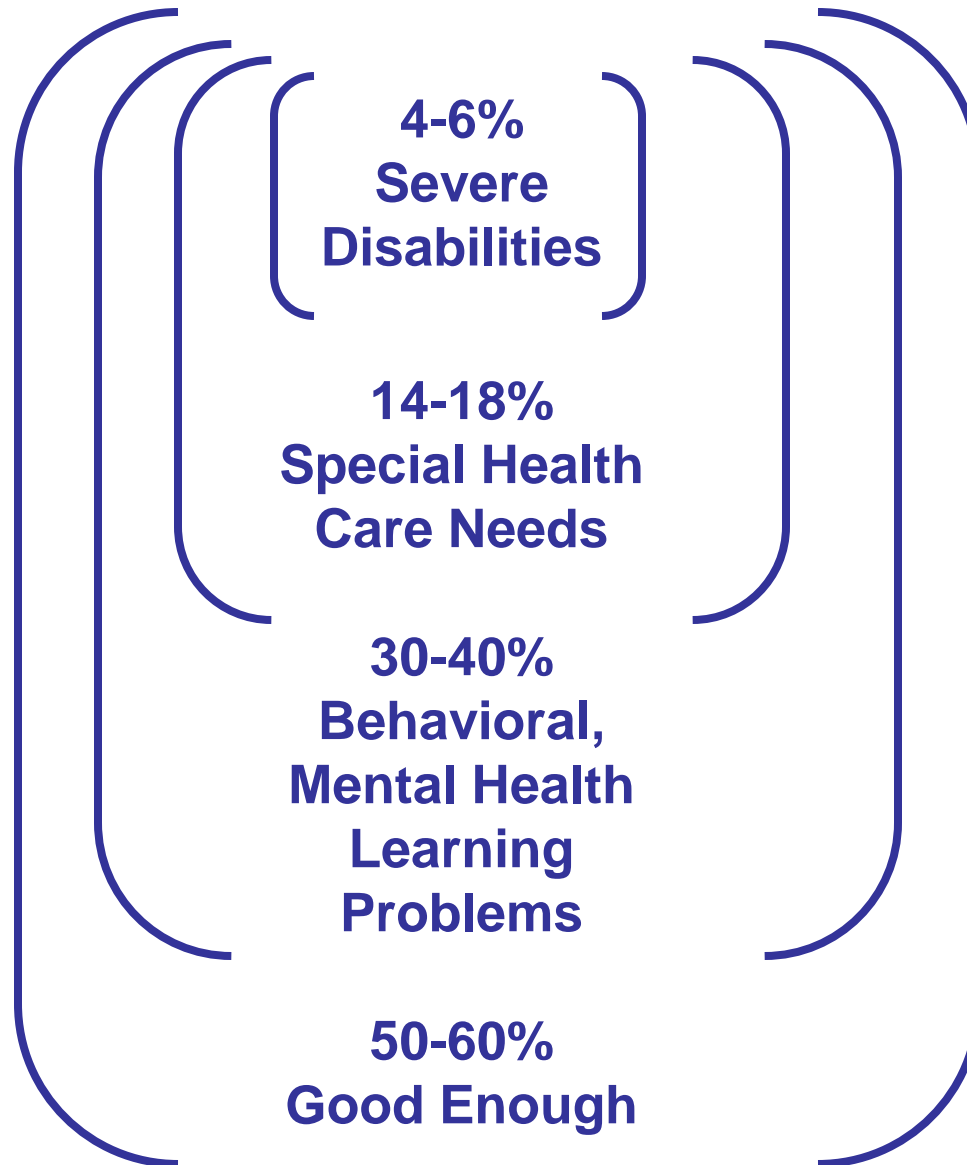
(Limitation of Activity due to Chronic Conditions for U.S. Children, NHIS, 1960-2009)



Mental Health Disorder Across the Life Span



Children & Adolescents at Risk



4-6%
**Severe
Disabilities**

14-18%
**Special Health
Care Needs**

30-40%
**Behavioral,
Mental Health
Learning
Problems**

50-60%
Good Enough

Adversity & the Loss of Health Potential

- Health Development is a Robust but Fragile System
- Adversity & Prosperity have a dramatic effects on health development
- Adversity comes in many forms; economic, social, environmental, familial, behavioral
- ACE's - 44.8% of children (0-17) have one, and 22% have two or more ACEs, steep social gradient
- Over 40% of children live in low income families, and over 40% live in families with one parent
- Rising rates of mental, behavioral and developmental problems are indications of growing levels of adversity

Changing Context & Growing Mismatch of Health Development:

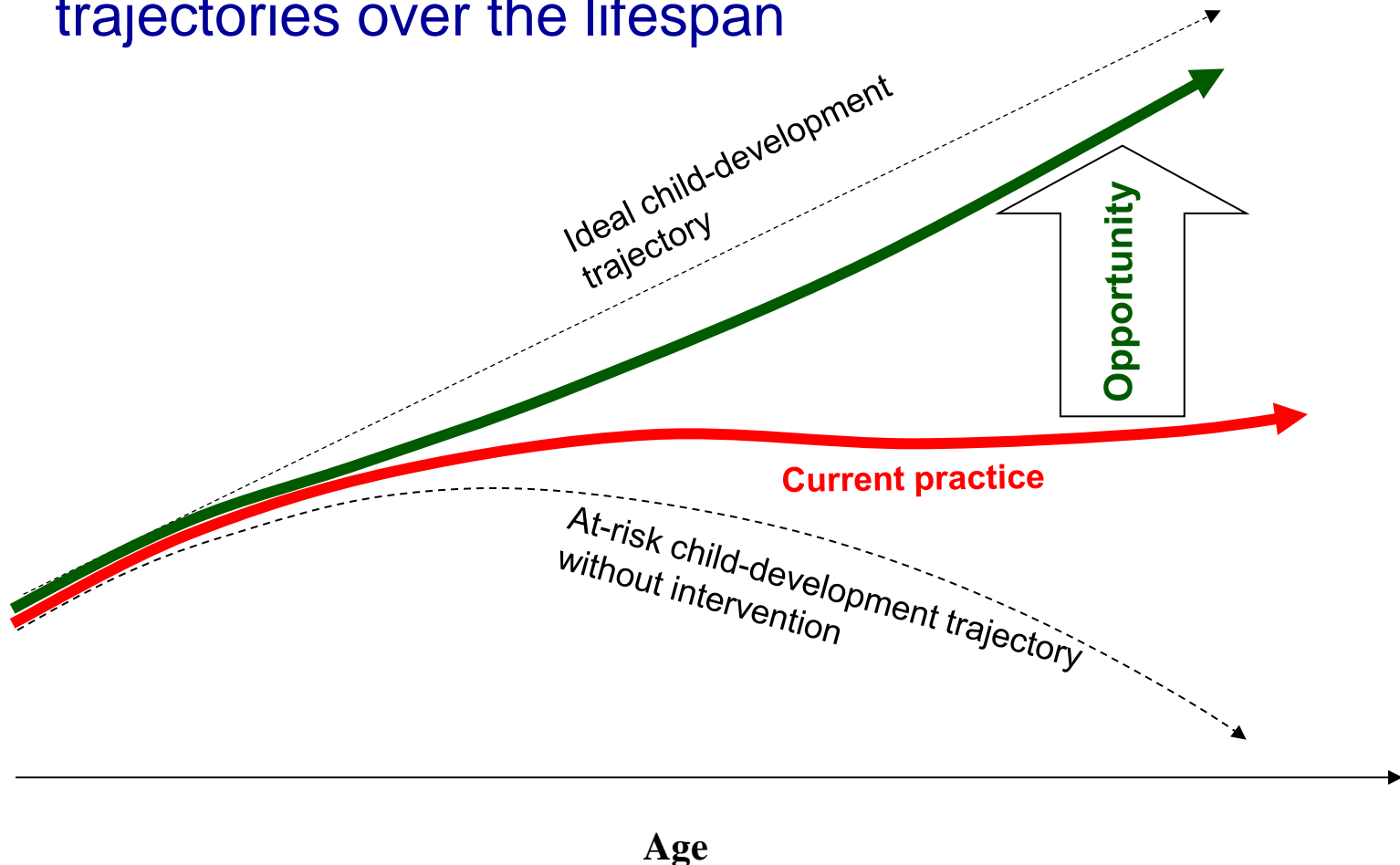
- Insufficient resources for families & child rearing
 - time, income, & services
- Increased family instability & long term uncertainty
 - Families are less stable, secure, supported
 - Deep uncertainty re: future, destabilizing for adolescents,
- Increased inequality
 - Steep social gradient, status drops at every level
- Decreased Supportive Scaffolding
 - Compensate, buffer, uncouple ACEs from outcomes
- Massive Cultural Changes/Revolutions
 - Technology –social development of children and adol.
- Growing MISMATCH – health development needs and complex modern context (evo/devo)

Poor Performance of Child Health System

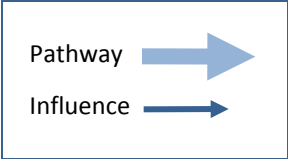
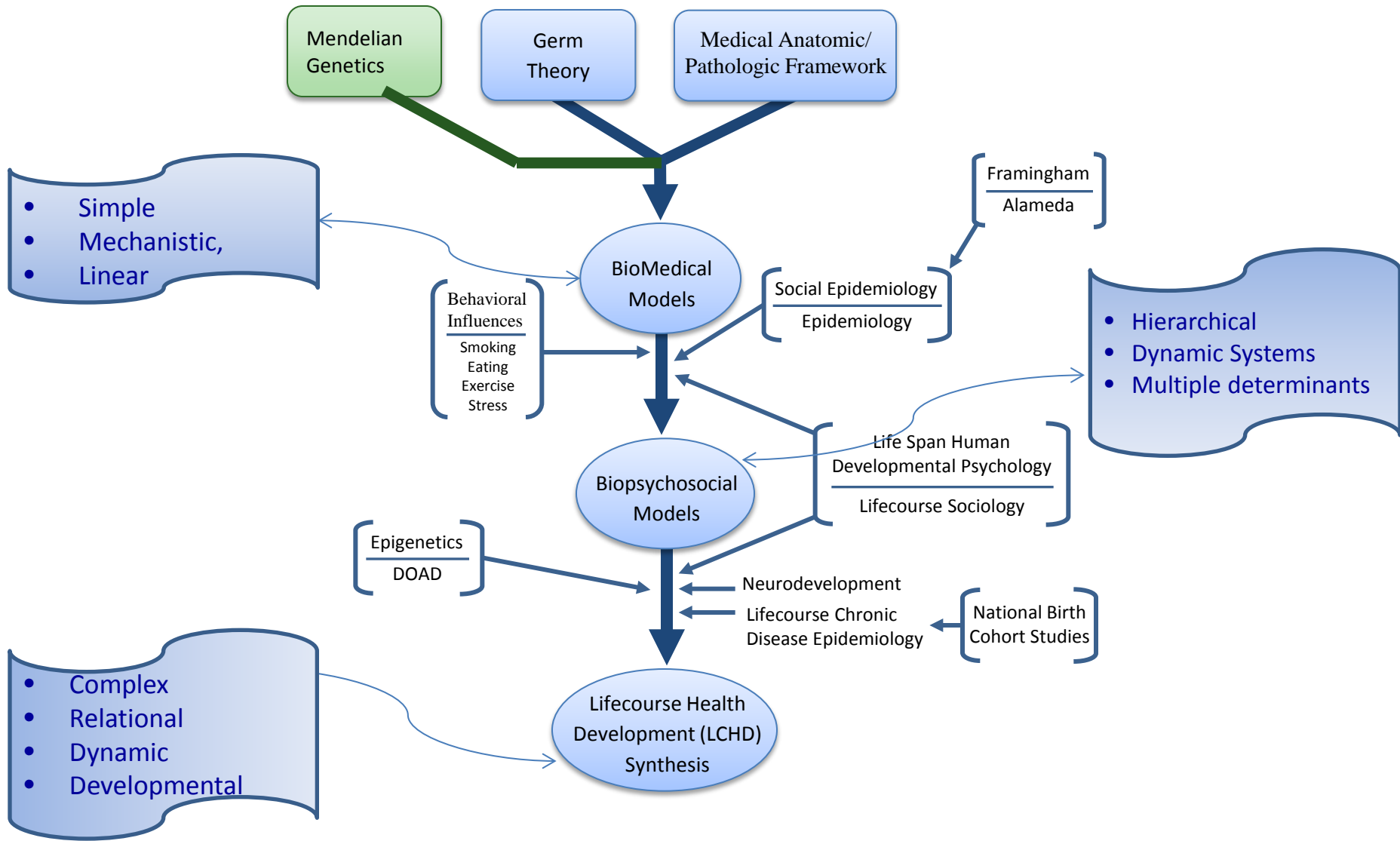
- Fragmented service delivery
- Difficulty accessing services and huge inequities
- Low and Uneven quality
- Models of care is outmoded and don't match current needs, or capability
- Limited local responsibility
- Operating under enormous constraints

Not Optimizing Healthy Development

Addressing the factors shaping health development trajectories over the lifespan



Evolving Conceptual Models of Health Development

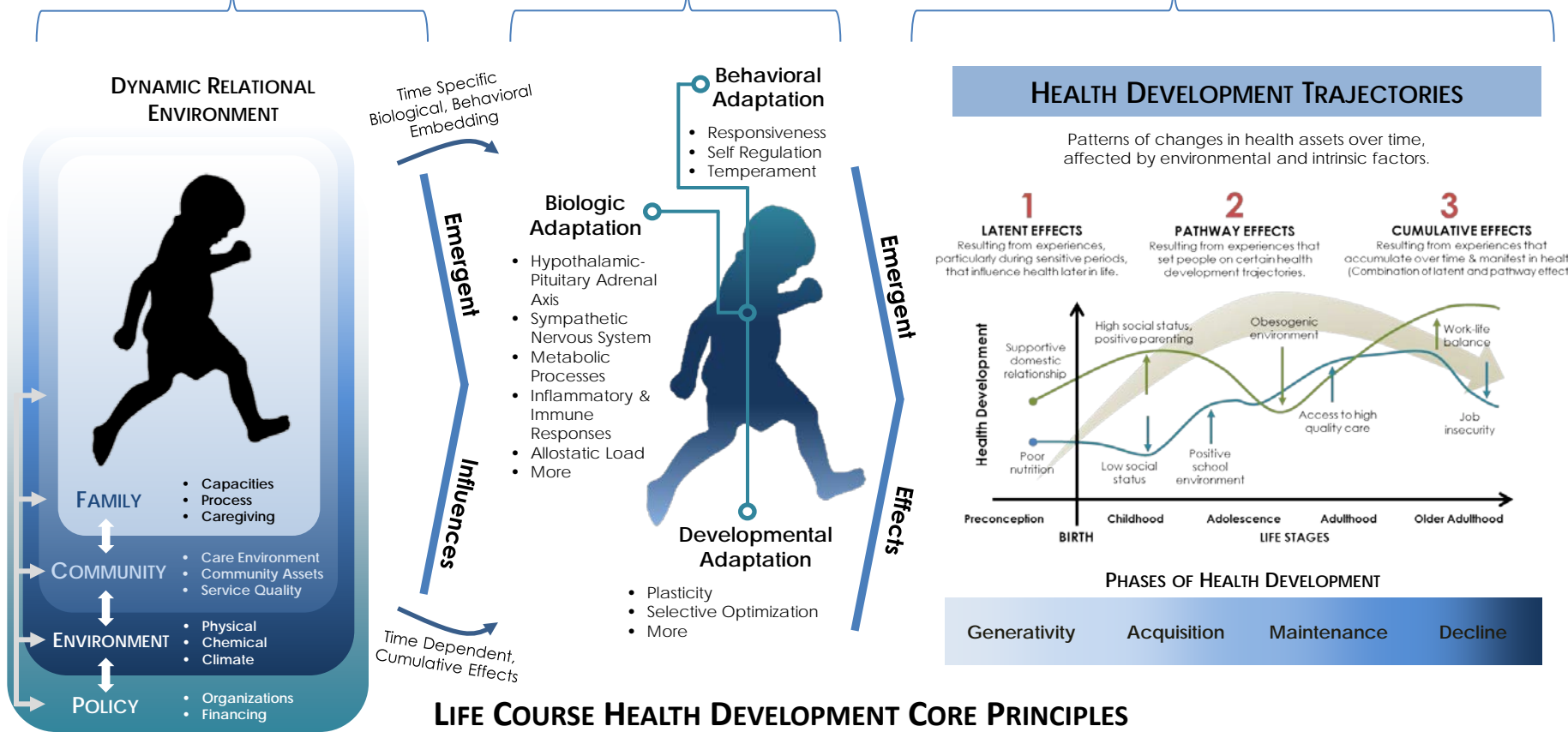


LIFE COURSE HEALTH DEVELOPMENT

Changing Context:
Multiple Factors, Dimensions, &
Levels Dynamically Transacting

Variable Adaptive Responses:
Plasticity & Optimization of
Regulatory Processes

Dynamics of Health Development:
Phases, Trajectories and Outcomes



1. Health development is an **emergent property** of living systems.

2. Health develops **continuously over the lifespan**.

3. Health development is a **complex, non-linear process** that results from person-environment interactions that are **multidimensional, multidirectional, and multilevel**.

4. Health development is highly **sensitive to the timing and social structure** of environmental exposures.

5. **Evolution enables and constrains** health development pathways and plasticity.

6. Optimal health development **promotes survival, enhances thriving and protects against disease**.

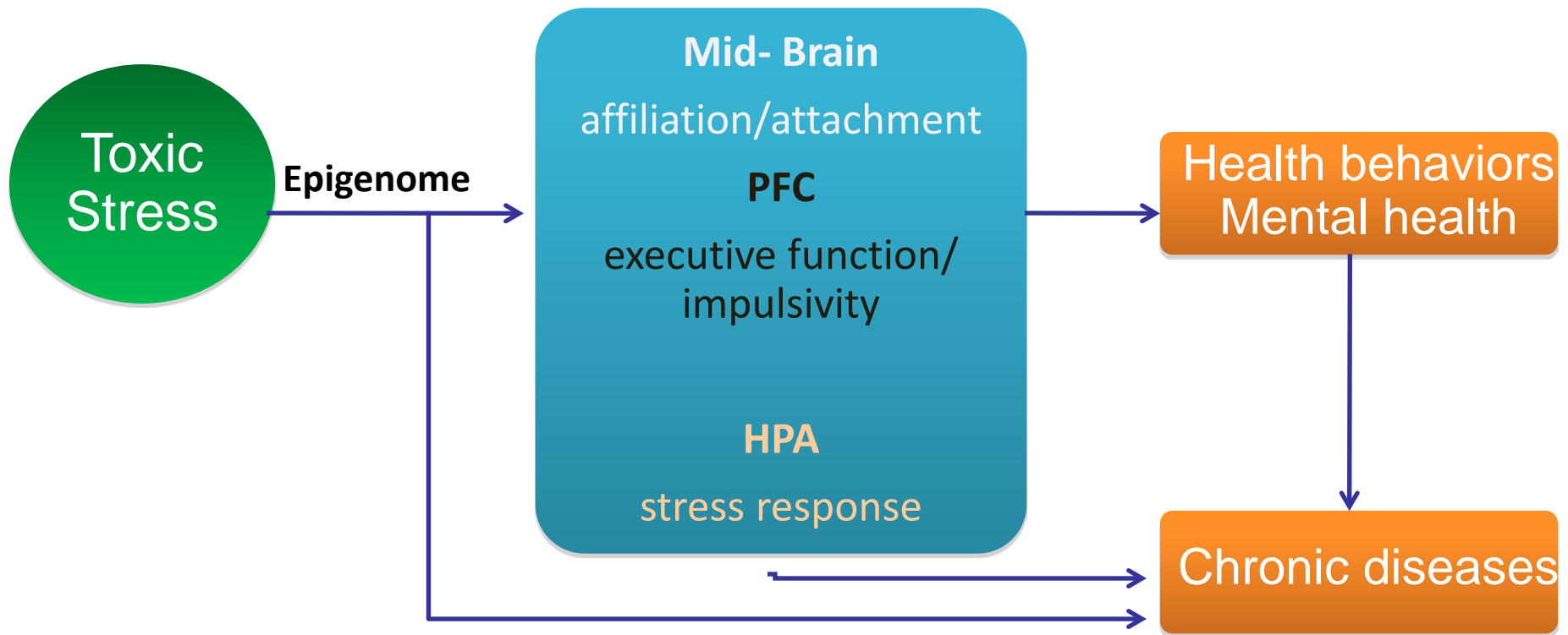
7. The **cadence of human health development results from synchronized timing** of molecular, physiological, behavioral, cultural and evolutionary processes.

Time Sensitive Pathways of Influence

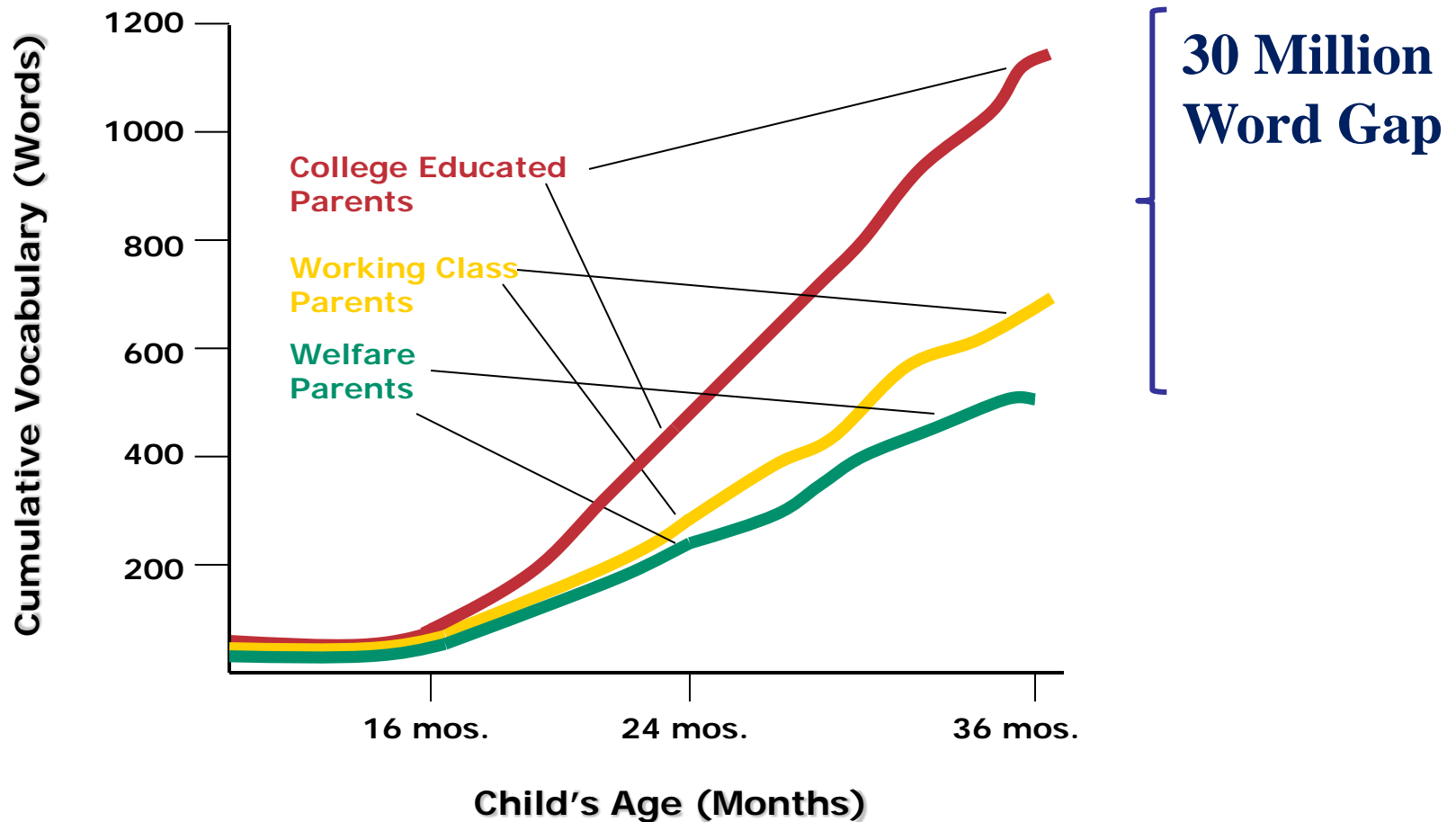
Exposure

Endophenotype

Phenotype

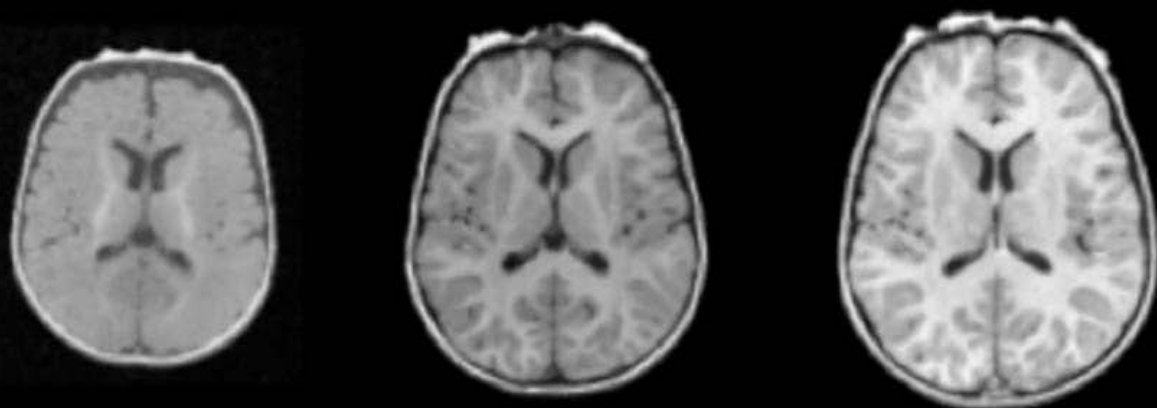


Difference in Functional Brain Development: Start Early & Compound Over Time

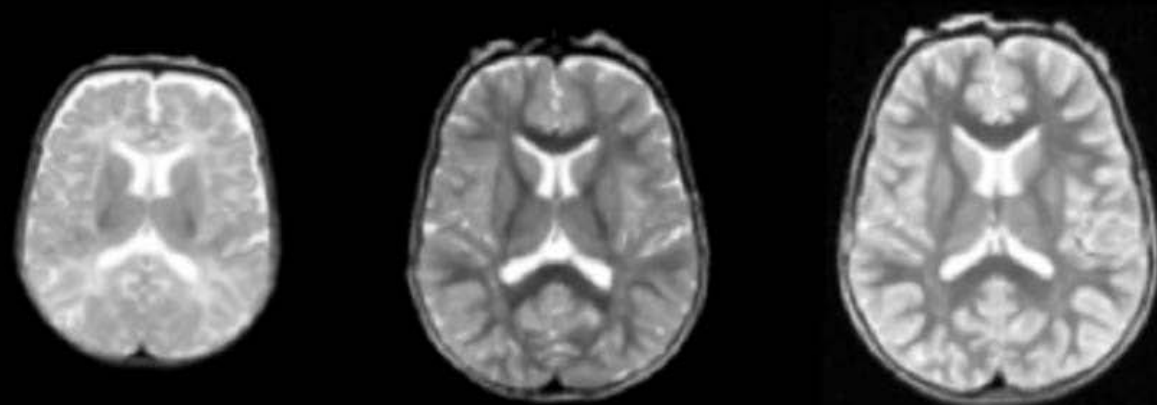


Source: Hart & Risley (1995)

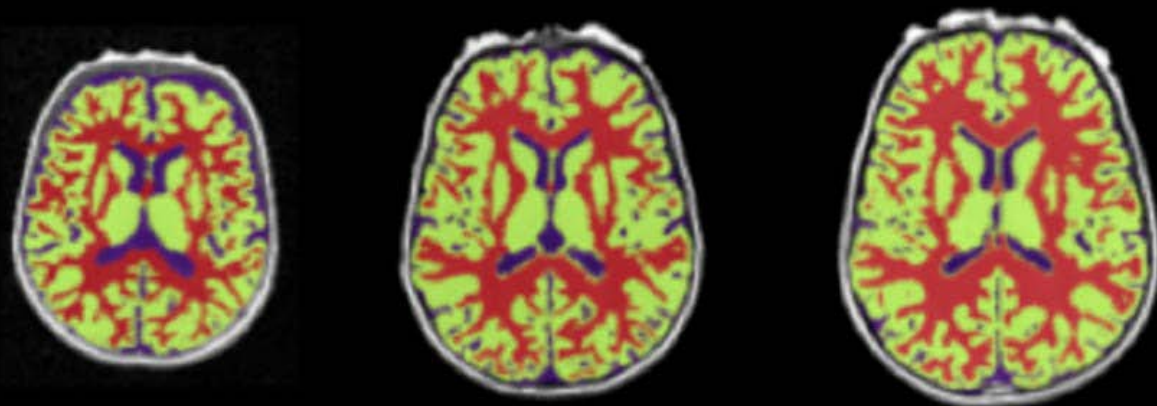
T1w



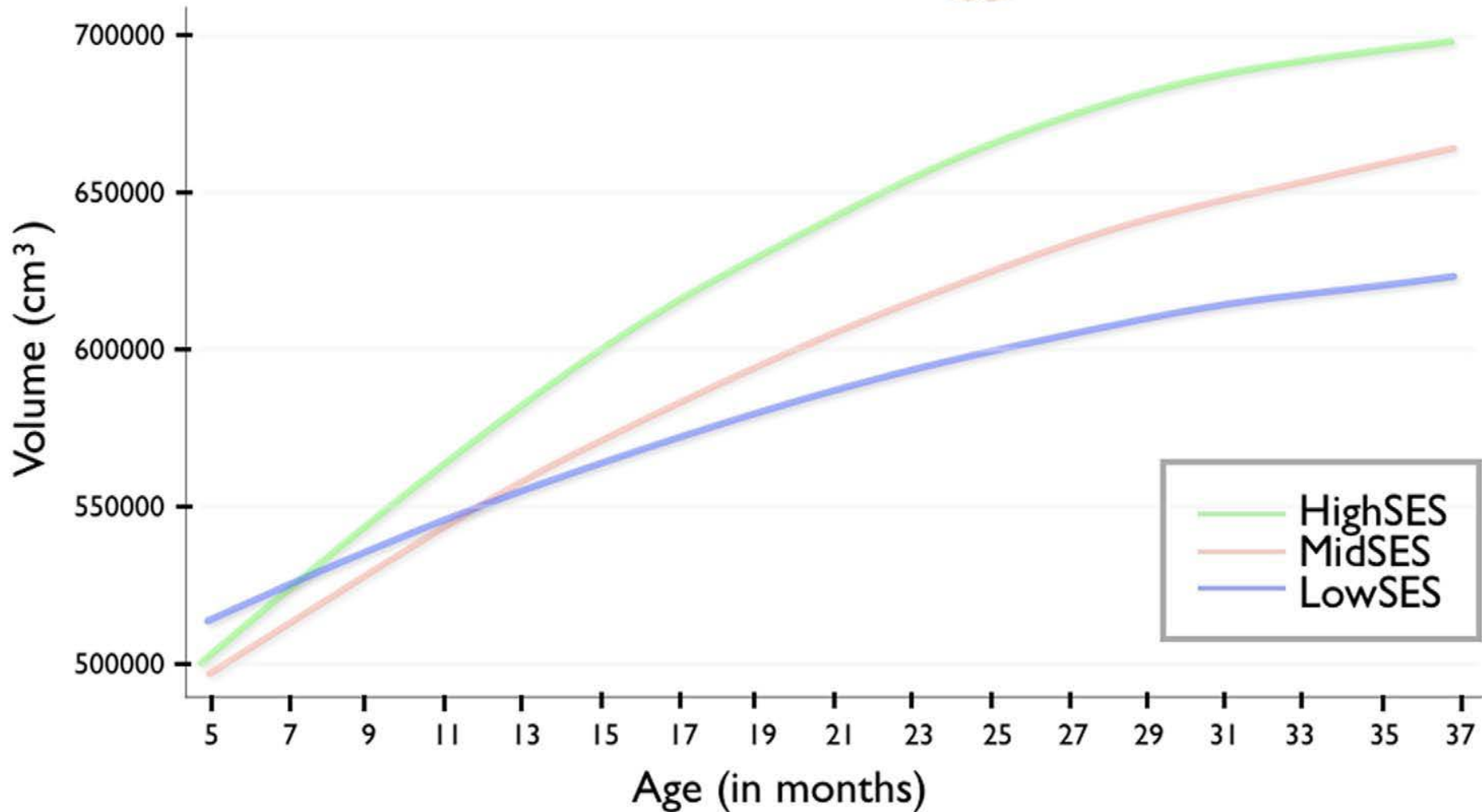
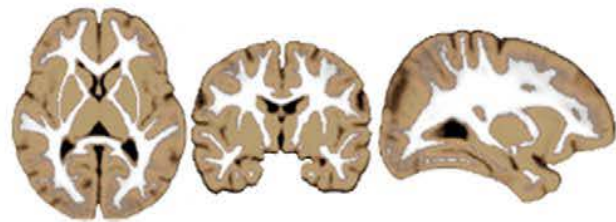
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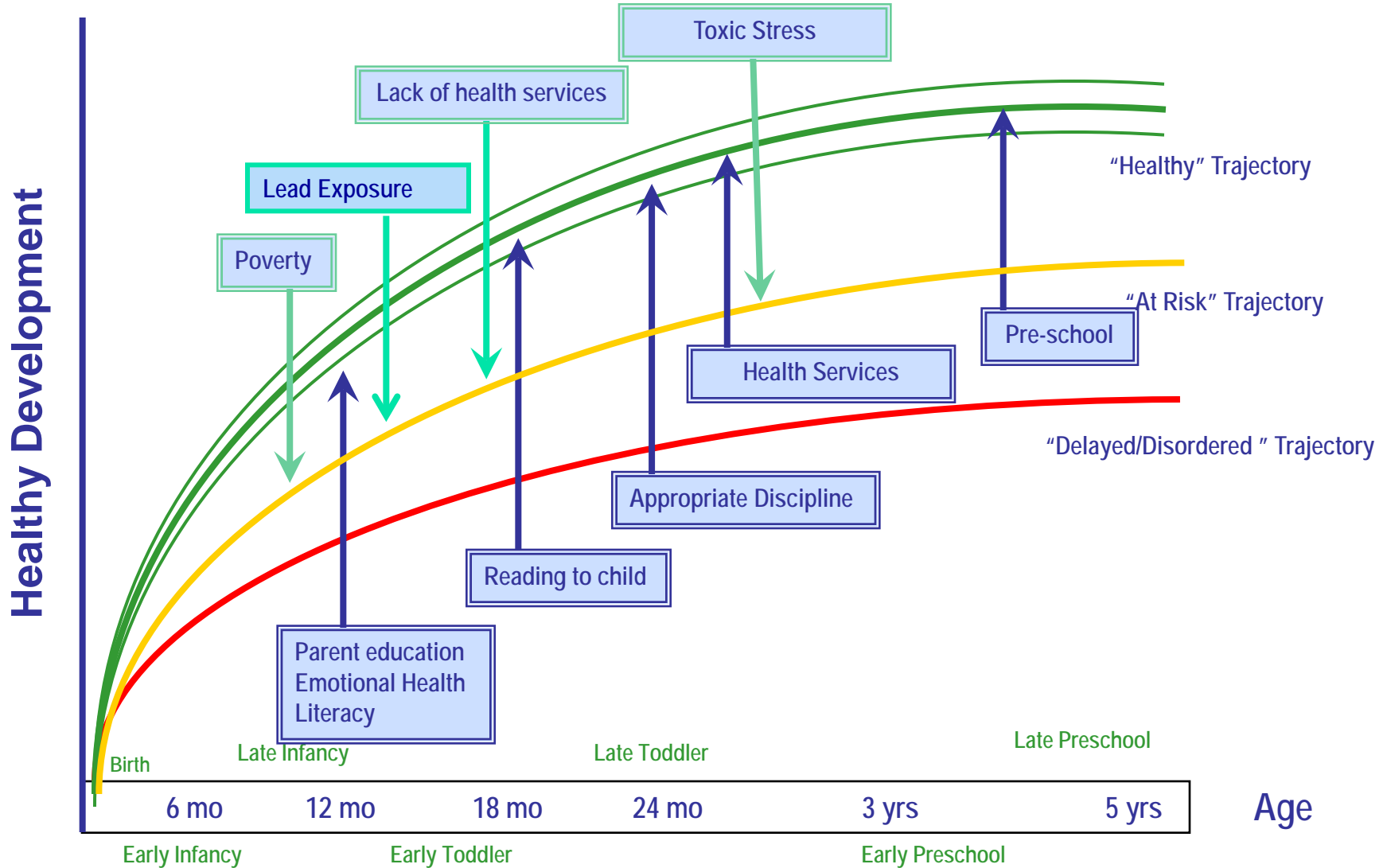
Seg



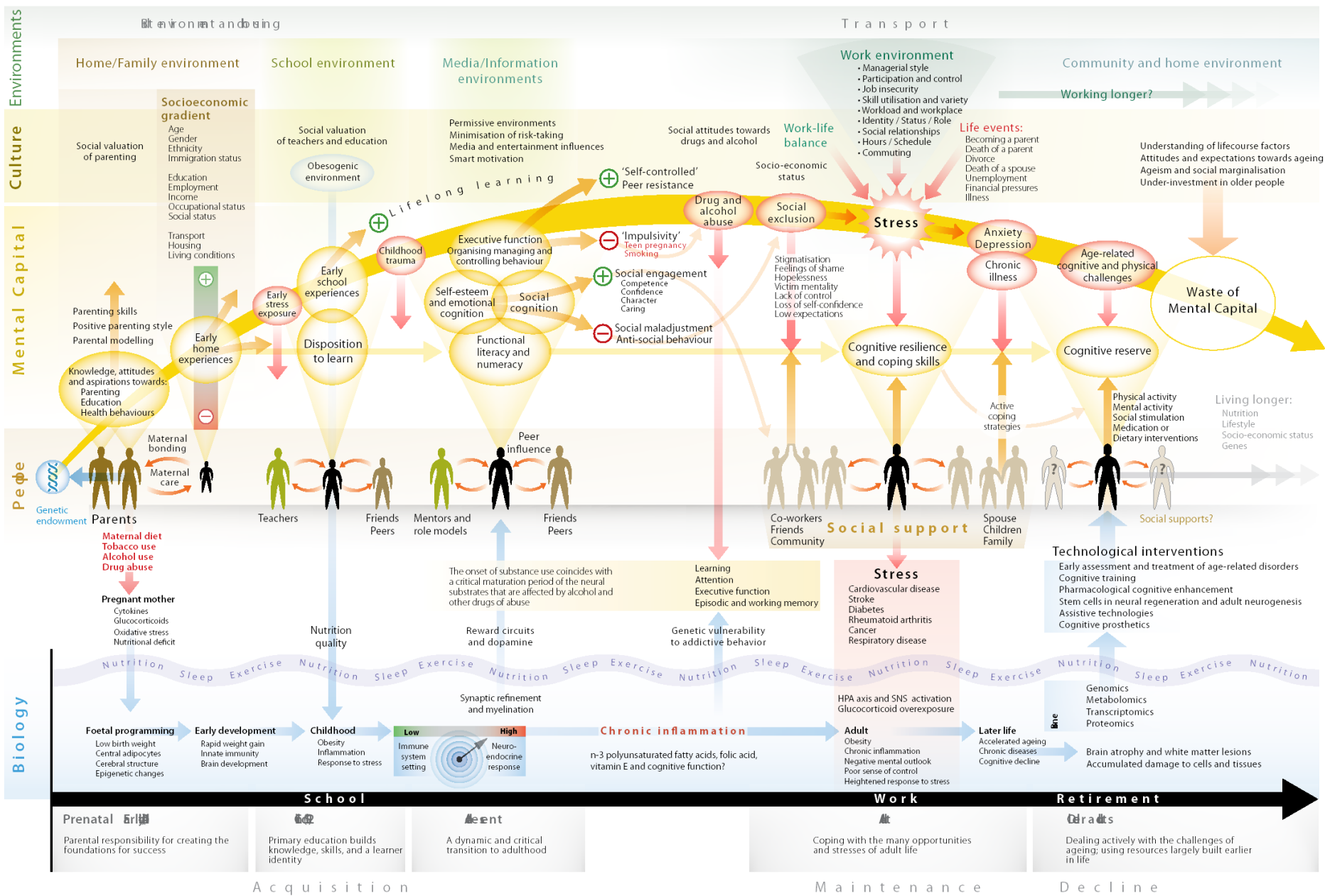
Total Gray Matter



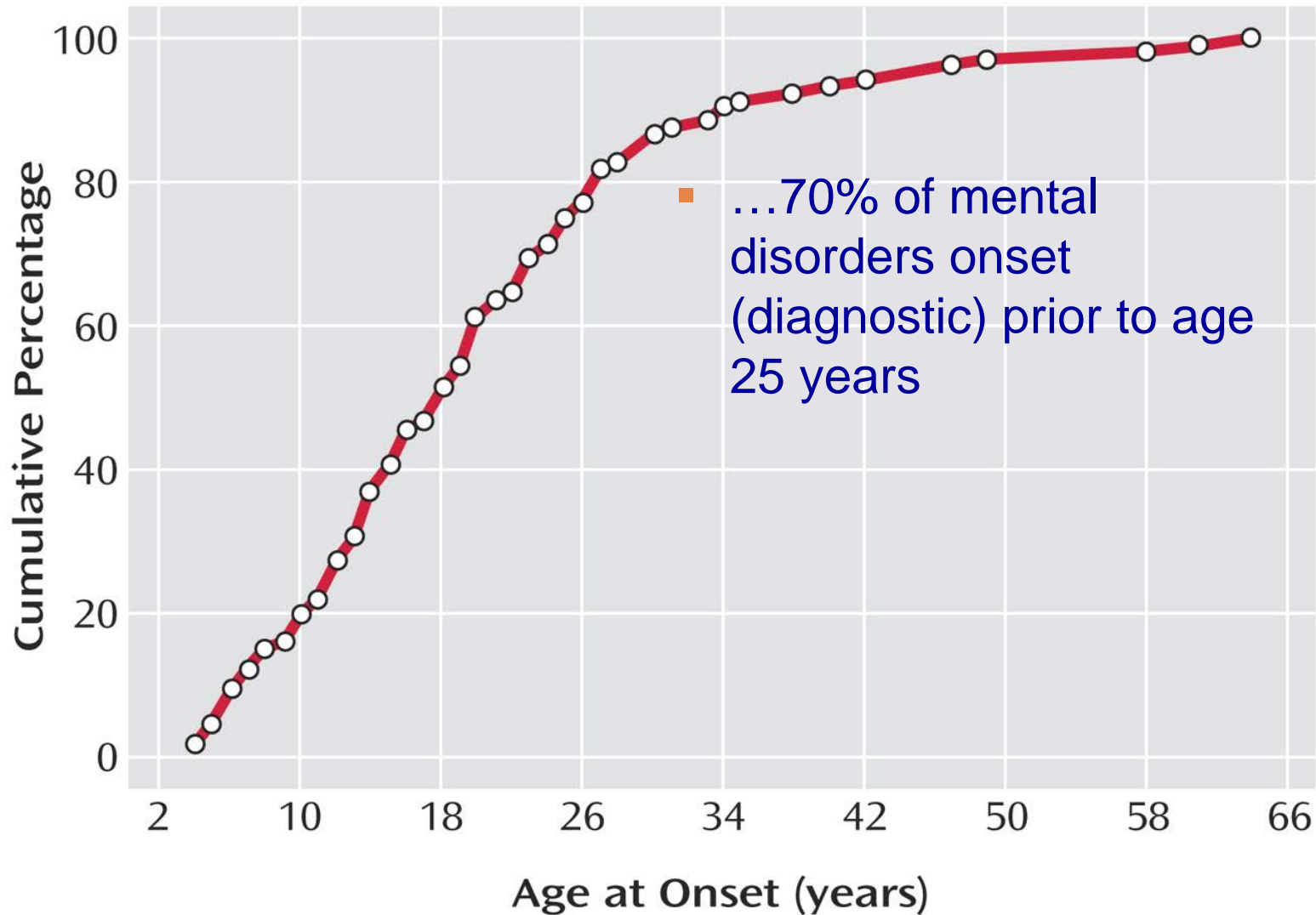
Reducing Risk & Optimizing Protective Factors



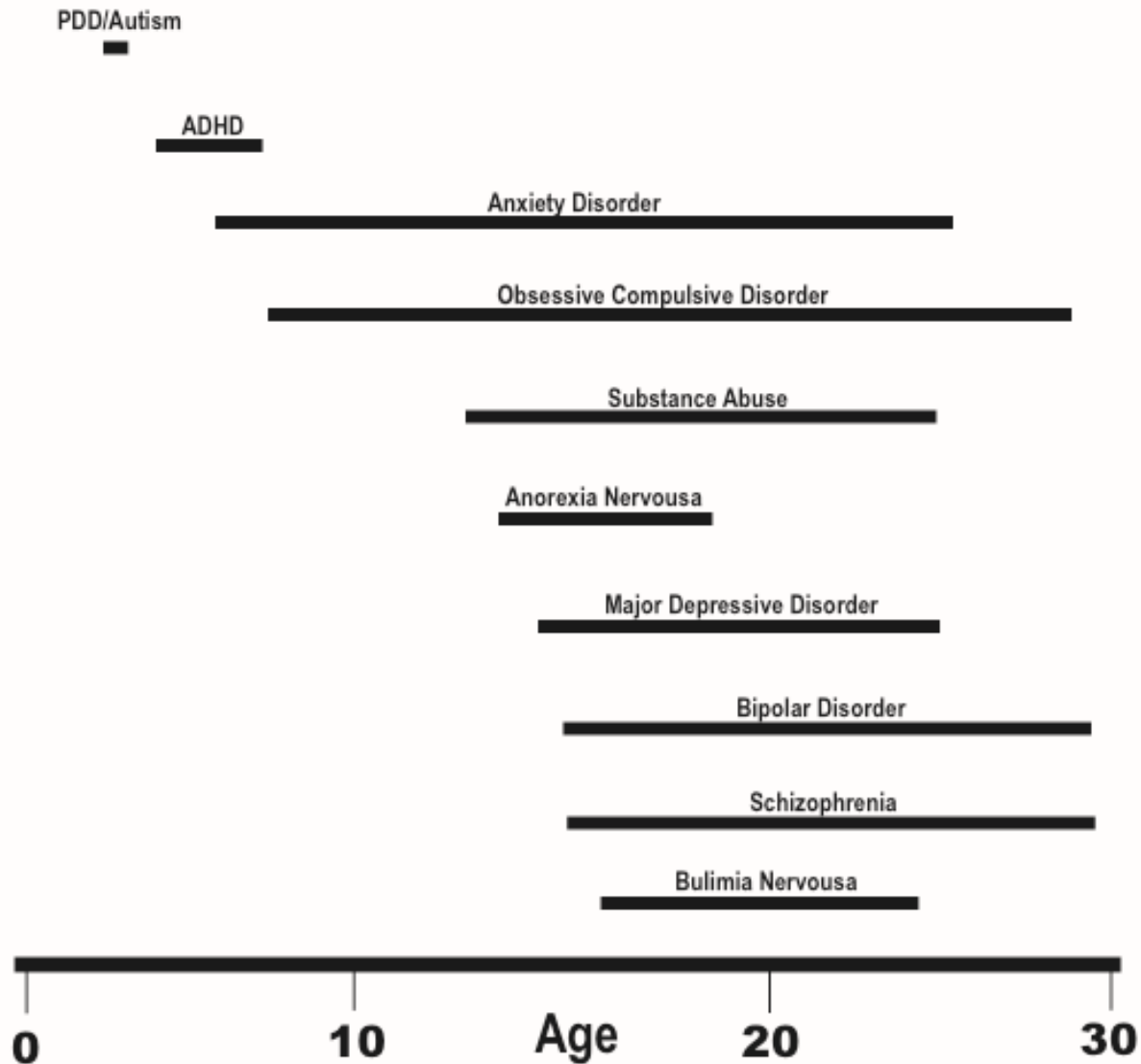
Appendix B: Synthetic view of the mental capital trajectory and factors that may act upon it



Mental Health Disorder Across the Life Span



Age of Onset of Major Mental Disorders



Adolescent Development Mismatch (Paleolithic brains in post modern information age)

- Accelerated Biological Development
- Accelerated & Unstable Social Development
- Unprotected & Unsupported Development
- Segregated Development
- Colonized Development- technology, markets
- Extended Development
 - Start adolescences too soon, end to late

Adolescence/Mismatch: New LCHD Synthesis

- Transition from childhood to adulthood has changed dramatically
 - Starts earlier –ends later (rapid/short/protected to slow/long/exposed)
 - Emotional regulation/adaptation is suffering
- New evidence: Brain not mature till 3rd decade (why?)
 - Always the case, but did not matter in simpler societies
 - Consequence of complex society
 - Modern complex society + profound changes in child rearing/LCHD
- Early childhood factors big impact on adolescent risk
 - Remediation not as effective as prevention
 - Evidence scaffolding needs to be in place

Need for Responsive Mental Health System

- 20-30% of all youngsters under age 18 are in need of services for mental, emotional or behavioral problems.
- 21% (or one in five children and adolescents) seen as experiencing the signs and symptoms of a DSM-IV disorder during the course of a year
- 15-22% seen as experiencing significant impairment
- about 5-7 percent experiencing extreme functional impairment (about 4 million young people). In any given year, about 20% of these are reported as receiving MH services.

By Neal Halfon, Peter Long, Debbie I. Chang, James Hester, Moira Inkelas, and Anthony Rodgers

ANALYSIS & COMMENTARY

Applying A 3.0 Transformation Framework To Guide Large-Scale Health System Reform

ABSTRACT Implementation of the Affordable Care Act is unleashing historic new efforts aimed at reforming the US health system. Many important incremental improvements are under way, yet there is a growing recognition that more transformative changes are necessary if the health care system is to do a better job of optimizing population health. While the concept of the Triple Aim—dedicated to improving the experience of care, the health of populations, and lowering per capita costs of care—has been used to help health care providers and health care systems focus their efforts on costs, quality, and outcomes, it does not provide a roadmap for a new system. In this article we describe the 3.0 Transformation Framework we developed to stimulate thinking and support the planning and development of the new roadmap for the next generation of the US health care system. With a focus on optimizing population health over the life span, the framework suggests how a system designed to better manage chronic disease care could evolve into a system designed to enhance population health. We describe how the 3.0 Transformation Framework has been used and applied in national, state, and local settings, and we suggest potential next steps for its wider application and use.

The US health system is both expensive and inefficient, producing less value at a higher cost than the health systems of most other developed countries while yielding strikingly large health disparities across population subgroups.¹⁻⁶ These shortcomings ripple across society, affecting not only the health of the population but also the productivity of the workforce; the competitiveness of products in the global marketplace; and the ability to invest in education, economic infrastructure, and the future vitality of the nation.

The Affordable Care Act (ACA) provides an unprecedented opportunity to transform the current *health care system* into a multisector *health system* focused on producing population

health. Population health is the health outcomes of a group of individuals, including the distribution of such outcomes within the group.⁷ It is understood that population health outcomes are the product of multiple determinants of health, including medical care, public health, genetics, behaviors, social factors, and environmental factors.⁸ Already many disruptive innovations are emerging in the form of novel payment strategies, new delivery mechanisms such as accountable care organizations (ACOs), and the rapid expansion of health information technology that have a transformative influence on the health care system.⁹ This new environment is transforming the current volume-driven payment model to one that rewards value, improves the experience of care, and promotes population

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The People-to-People Health
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Neal Halfon (nhalfon@ucla.edu) is director of the UCLA Center for Healthier Children, Families, and Communities and is a professor of pediatrics, health policy and management, and public policy at the University of California, Los Angeles.

Peter Long is the president and CEO of Blue Shield of California Foundation, in San Francisco.

Debbie I. Chang is vice president of Policy and Prevention at Nemours, in Newark, Delaware.

James Hester is a senior adviser at Population Health Systems, in Burlington, Vermont.

Moira Inkelas is an associate professor of health policy and management at the University of California, Los Angeles.

Anthony Rodgers is a principal at Health Management Associates, in San Francisco.

The Evolving Health Care System

The First Era (Yesterday)

- Focused on acute and infectious disease
- **Biomedical Model**
- Short time frames
- Medical Care
- Insurance-based financing
- Industrial Model
- **Reducing Deaths**



Health System
1.0

The Second Era (Today)

- Increasing focus on chronic disease
- **BPS Model**
- Longer time frames
- Chronic Disease Mgmt & Prevention
- Pre-paid benefits
- Corporate Model
- **Prolonging Disability free Life**



Health System
2.0

The Third Era (Tomorrow)

- Increasing focus on achieving optimal health
- **Life Course Health Development**
- Lifespan/ generational
- Investing in population-based prevention
- Network Model
- **Producing Optimal Health for All**



Health System
3.0

Innovation Driven US Health Care Delivery System Evolution

Health Delivery System Transformation Critical Path

Acute Care System 1.0

**Episodic
Non Integrated
Care**

- Episodic Health Care
 - Sick care focus
 - Uncoordinated care
 - High Use of Emergency Care
 - Multiple clinical records
 - Fragmentation of care
- Lack integrated care networks
- Lack quality & cost performance transparency
- Poorly Coordinate Chronic Care Management

Coordinated Seamless Healthcare System 2.0

**Outcome
Accountable
Care**

- Patient/Person Centered
- Transparent Cost and Quality Performance
 - Results oriented
 - Assures Access to Care
 - Improves Patient Experience
- Accountable Provider Networks Designed Around the patient
- Shared Financial Risk
- HIT integrated
- Focus on care management and preventive care
 - Primary Care Medical Homes
 - Care management/ prevention focused
 - Shared Decision Making and Patient Self Management

Community Integrated Healthcare System 3.0

**Community
Integrated
Healthcare**

Healthy Population Centered
Community Health Linked
Cost , Quality, and Population Transparency
Accessible Health Care Choices

Community Health Integrated networks capable of addressing psycho social/economic needs

Population based reimbursement

Learning Organization: capable of rapid deployment of best practices

Community Health Integrated
Healthy People Goal Oriented
Community Health Capacity Builder
Shared community health responsibility
E-health and telehealth capable
Patient remote monitoring and management
Health E-Learning resources

Health System Transformation Framework

Components	Current System	Transformed System	Change Strategies
Logic			
Organization of Health Producing Sectors			
Organization & Delivery of Individual Care			
Medical Education & Workforce			
Market			
Funding			
Regulation & Governance			
Performance Monitoring			

Transitioning to a 3.0 Operating Logic

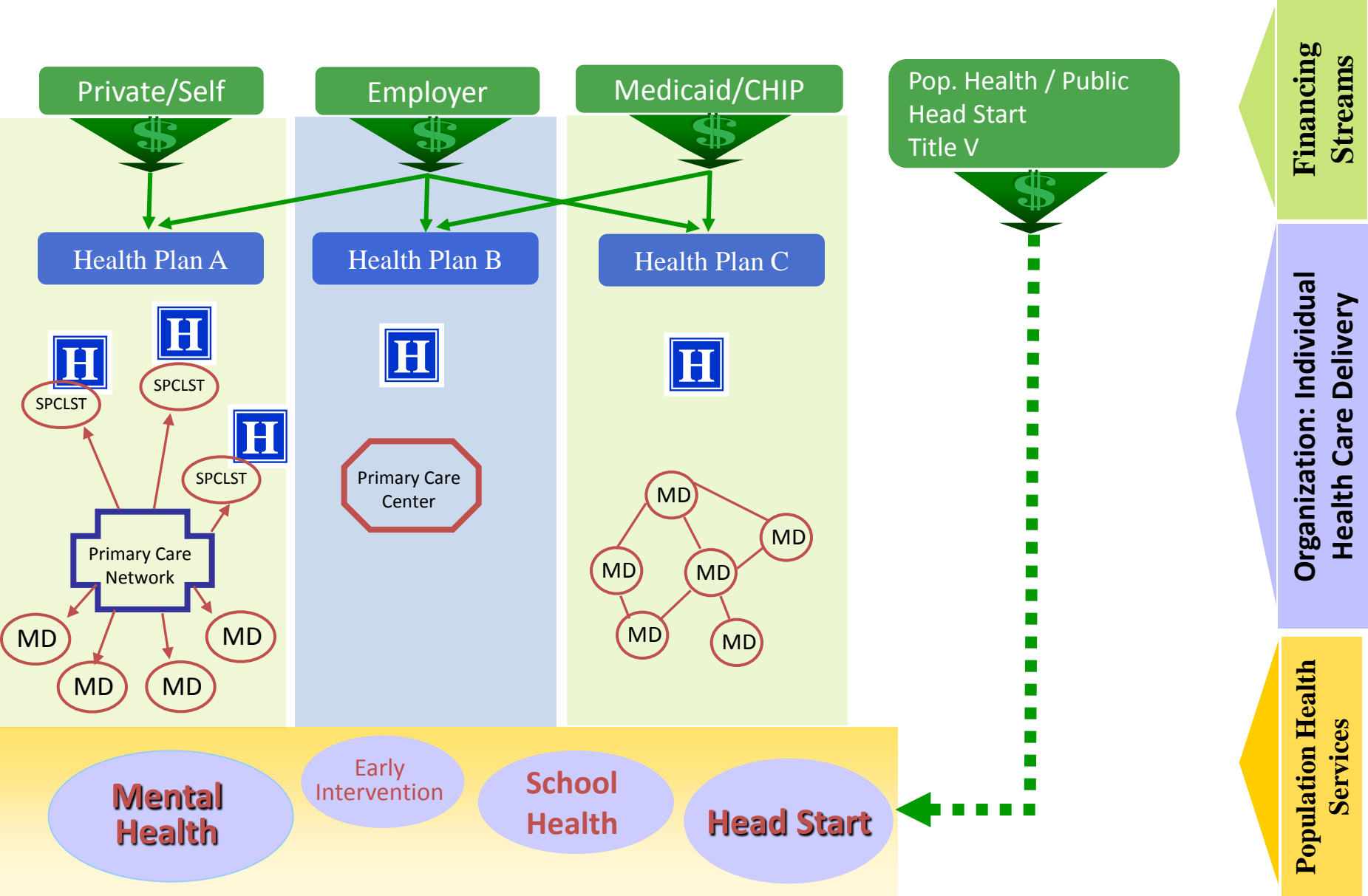
		New Operating Logic
Definition of Health	Absence of Disease	Development of Capacities and Realizing Potential (IOM2004)
Goal of the Health System	Maintain Health, Prolong Life	Optimize Population Health Development
Client Model	Individual	Individual, Population, Community
Health Production Model	Biomedical	Life Course Health Development
Intervention Approach	Diagnosis, Treatment and Rehabilitation	Disease prevention, Preemptive Interventions, Health Promotion, Optimization
Time Frames	Short/ Episodic	Life Long & Continuous

Health System Transformation Framework

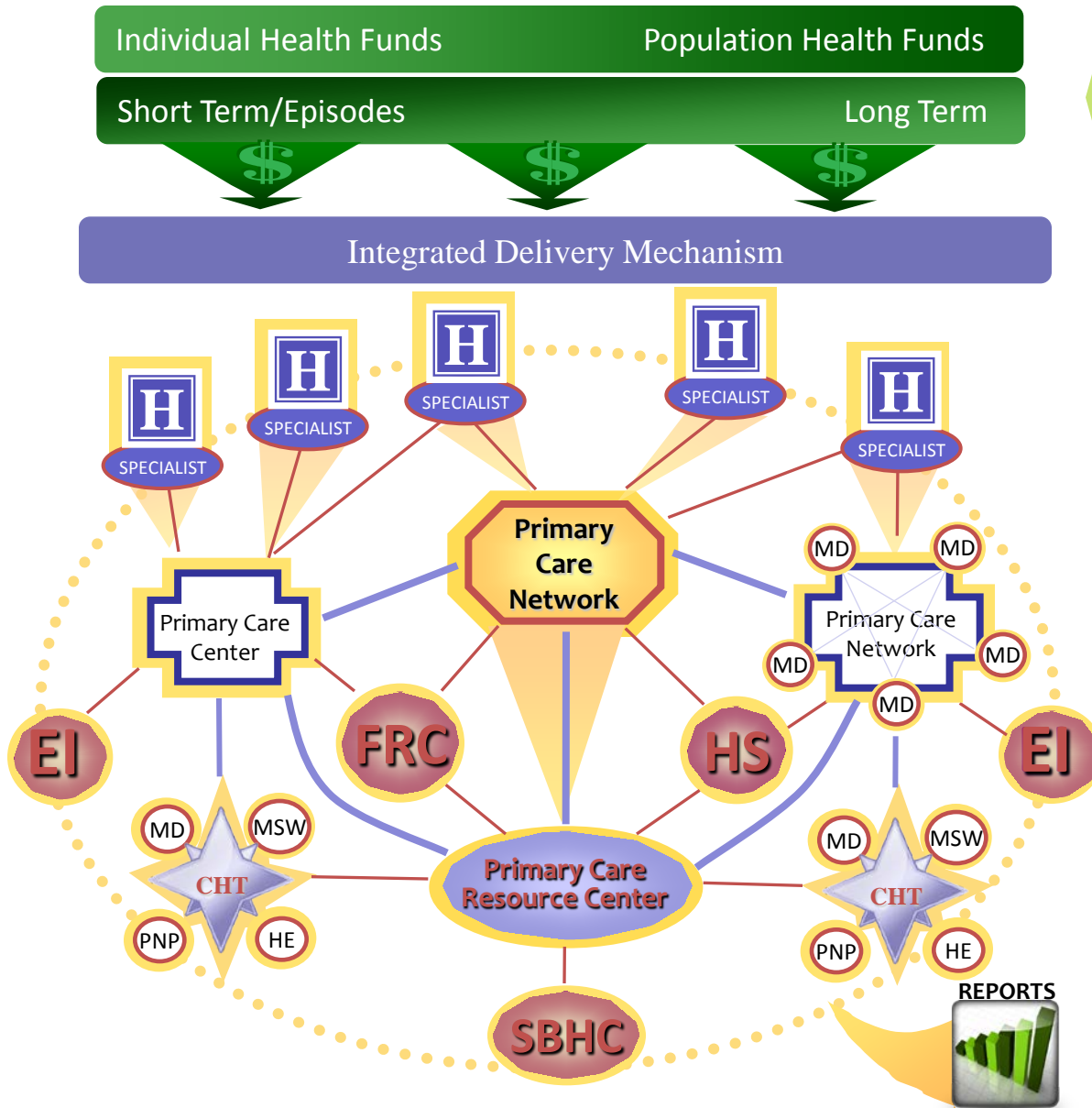
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Logic			
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Organization & Delivery of Individual Care			
Medical Education & Workforce			
Market			
Funding			
Regulation & Governance			
Performance Monitoring			

Current Model

Vertical Silos, Little Integration



Schema for a 3.0 KIDS Health System



Integrated Finance Mechanism

- Employer
- Medicaid CHIP
- Individual
- Prevention Trust Fund
- Other: Title V, HeadStart, Title X, CDC, etc

Measurement/IT System

- Decision Support and care mgmt
- Quality & Performance
- Clinical & Population Registries (surveillance and other analyses)
- Health information exchanges

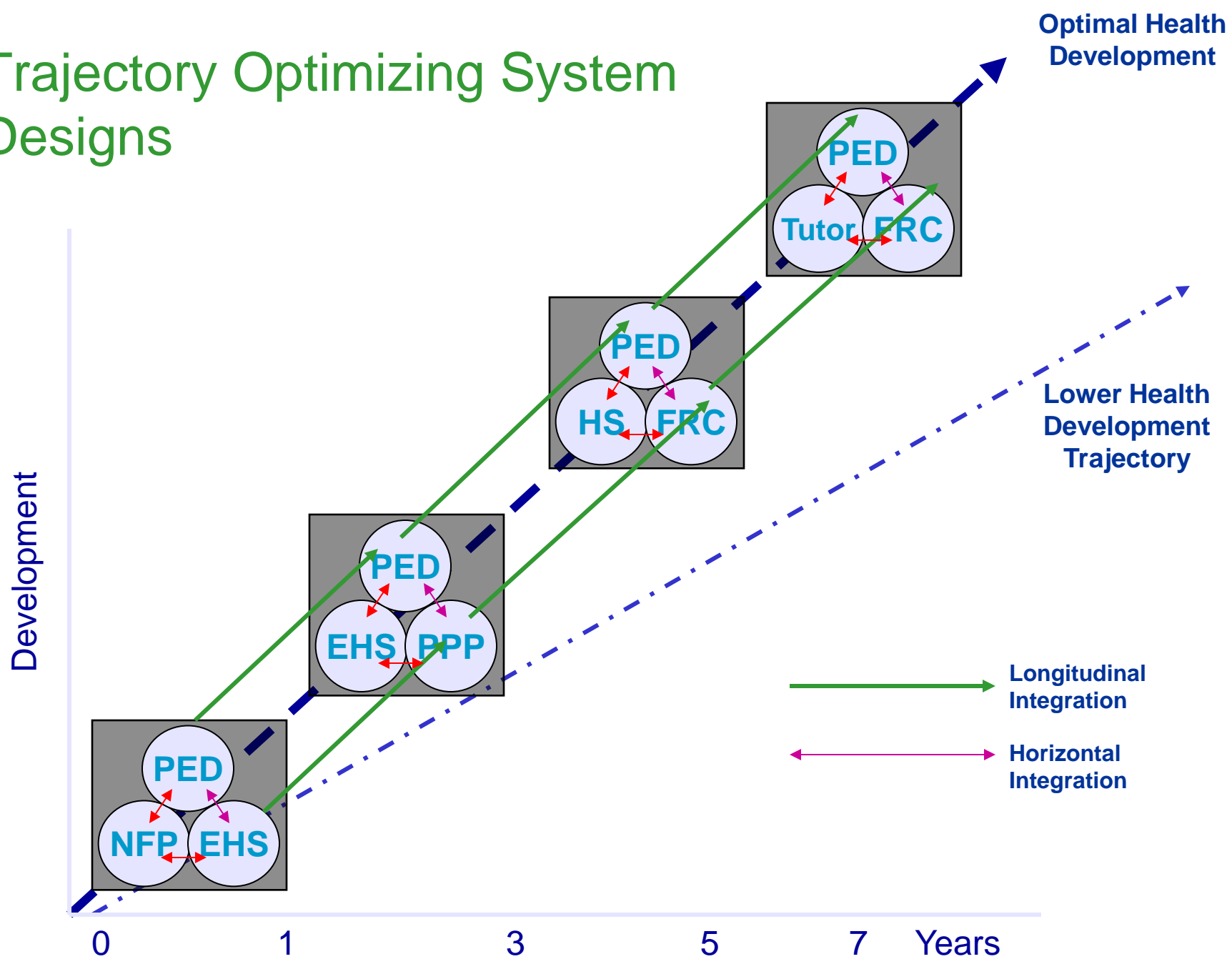
Value Portfolio

- Population Health Trajectories
- Diagnosis-specific outcomes
- Geographic Outcomes
- Short/Long Term Costs Savings

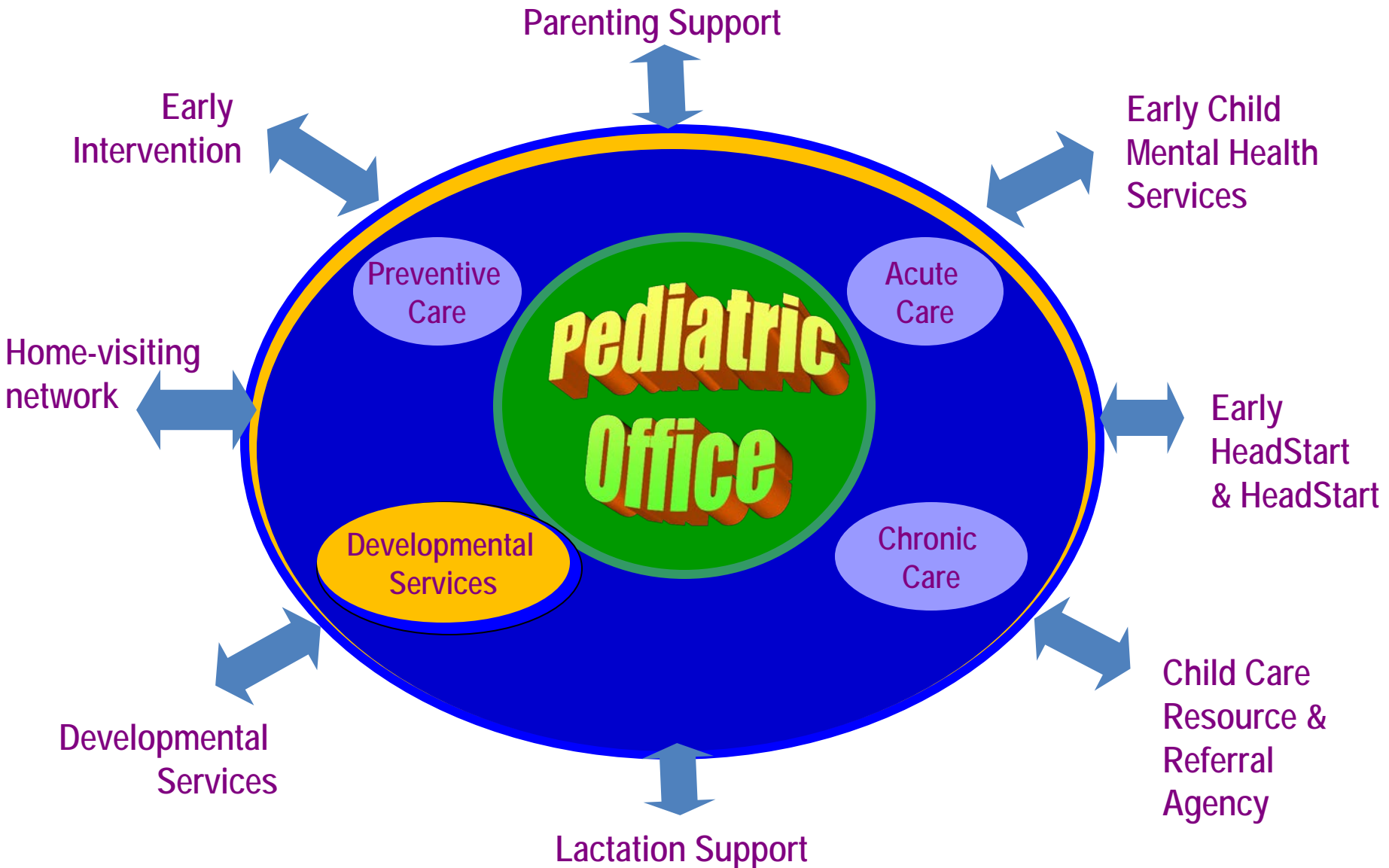
Health System Transformation Framework

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Market			
Funding			
Regulation & Governance			
Performance Monitoring			

Trajectory Optimizing System Designs



Pediatric Office 2.5



2.0 vs. 3.0 >>>18 month visit

- **Pediatric Care 2.0**

- C.D – Disability
- Screen 4-6 % w/ disability
- Screening tools & Pathway
- Pediatric Office connected to Regional Center

- **Pediatric Care 3.0**

- Optimize Developmental Health
- I.D 30-40% developmental risk
- Screening tools & Pathway
- Pediatric Office connected:
 - Child care
 - Many other programs
 - Coordination
 - Regional center ++

DS Community Services Pathway

Evaluation (IDEA Sector)

Surveillance

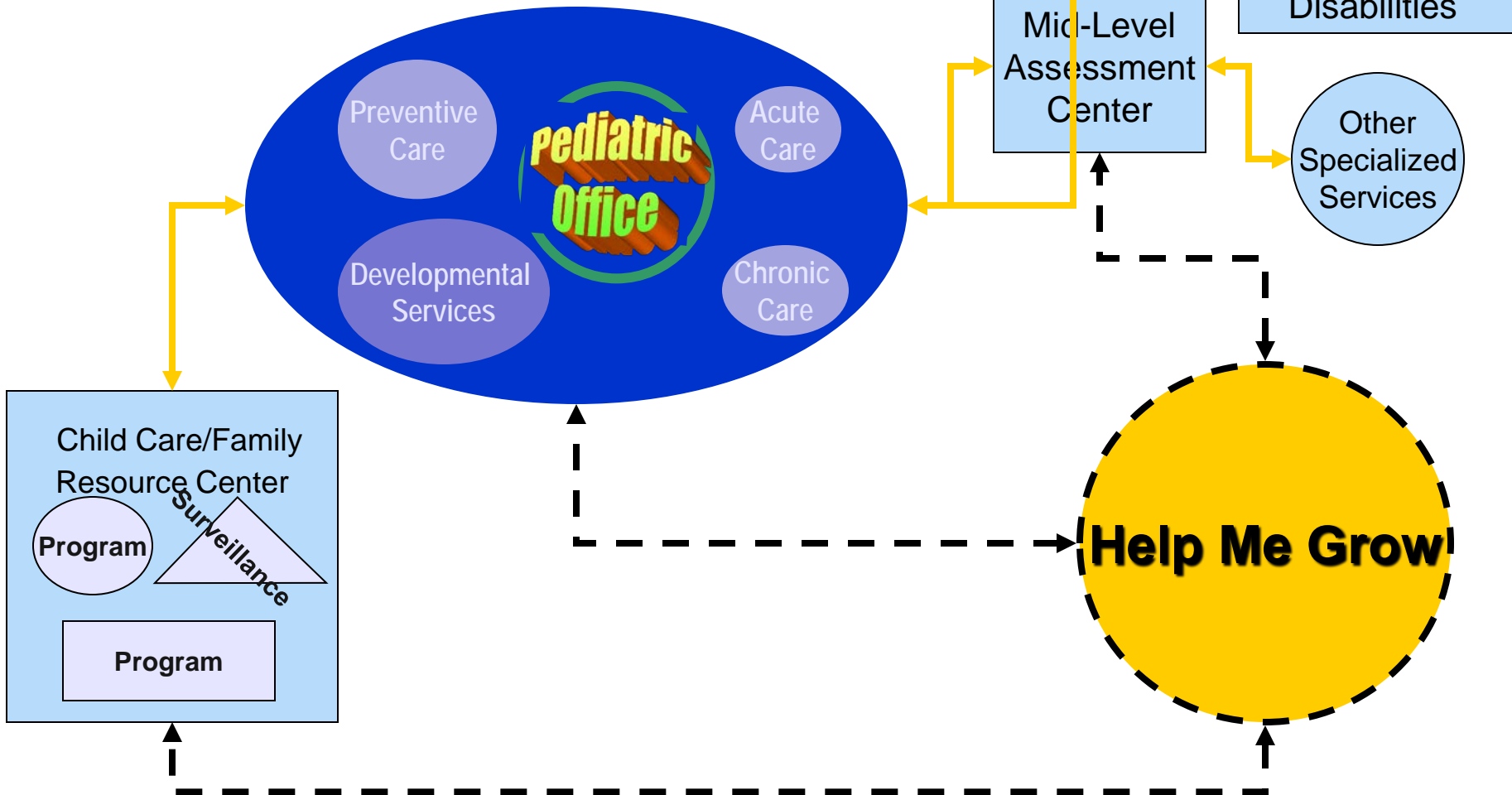
Community Services
and Resource Sector

Screening

Pediatric Services
Sector

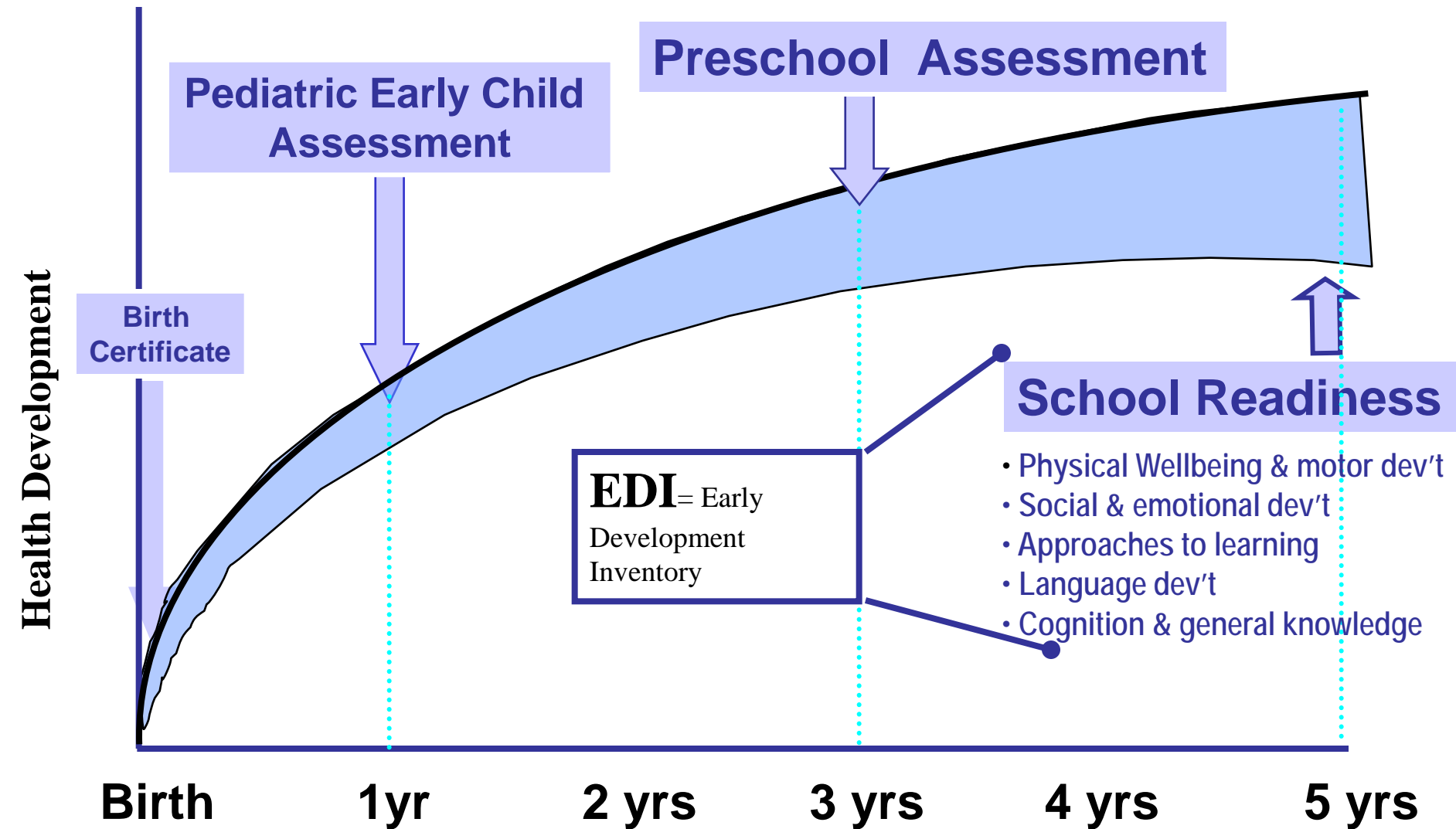
Assessment

Peds/HPlan/
PHSector

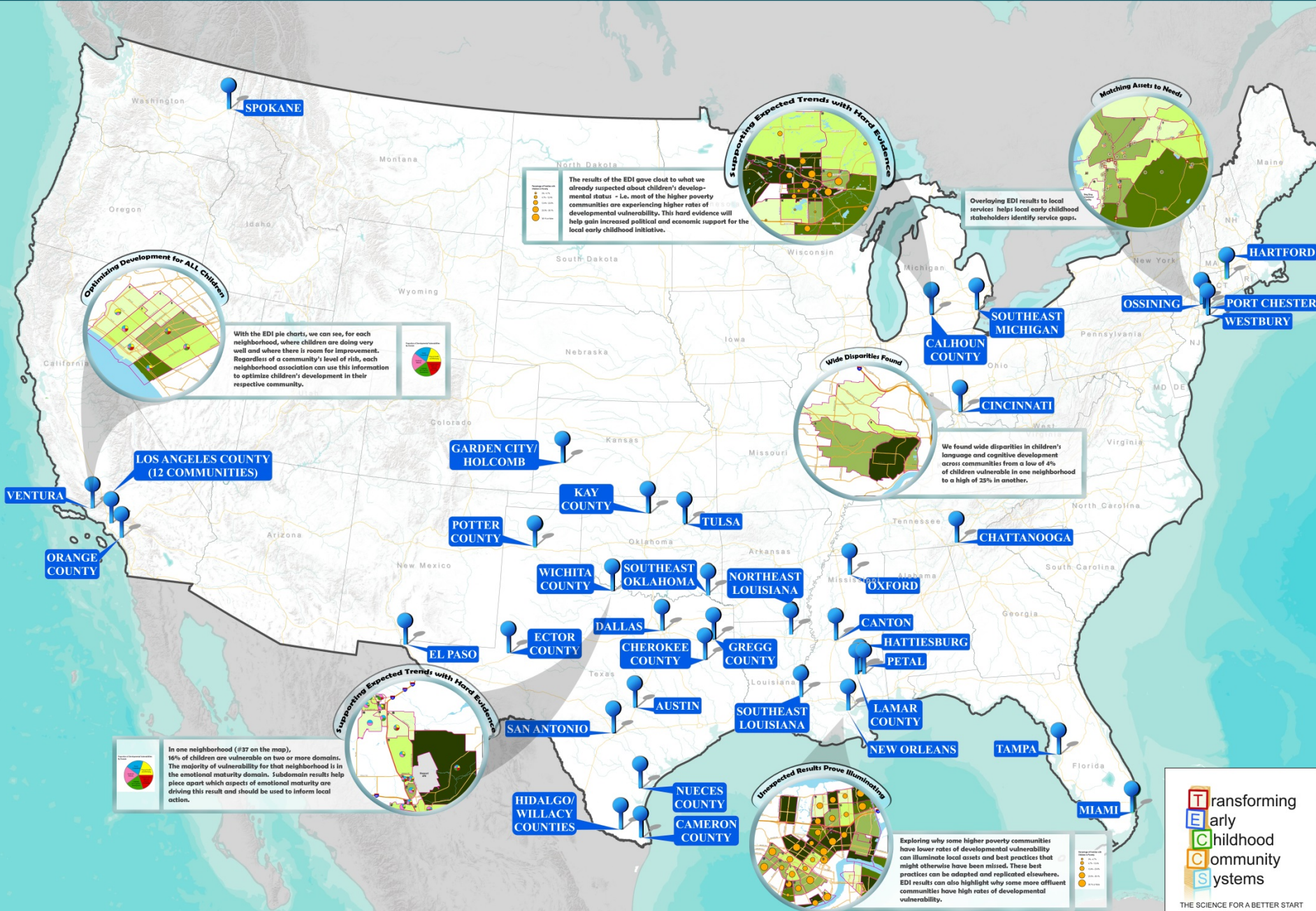


Systematic Data Collection

For tracking Health Development Trajectories



Transforming Early Childhood Community Systems (TECCS) National Learning Network 2014



The results of the EDI gave clues to what we already suspected about children's developmental status - i.e. most of the higher poverty communities are experiencing higher rates of developmental vulnerability. This hard evidence will help gain increased political and economic support for the local early childhood initiative.

With the EDI pie charts, we can see, for each neighborhood, where children are doing very well and where there is room for improvement. Regardless of a community's level of risk, each neighborhood association can use this information to optimize children's development in their respective community.

Overlaying EDI results to local services helps local early childhood stakeholders identify service gaps.

We found wide disparities in children's language and cognitive development across communities from a low of 4% of children vulnerable in one neighborhood to a high of 25% in another.

In one neighborhood (#37 on the map), 16% of children are vulnerable on two or more domains. The majority of vulnerability for that neighborhood is in the emotional maturity domain. Subdomain results help piece apart which aspects of emotional maturity are driving this result and should be used to inform local action.

Exploring why some higher poverty communities have lower rates of developmental vulnerability can illuminate local assets and best practices that might otherwise have been missed. These best practices can be adapted and replicated elsewhere. EDI results can also highlight why some more affluent communities have high rates of developmental vulnerability.

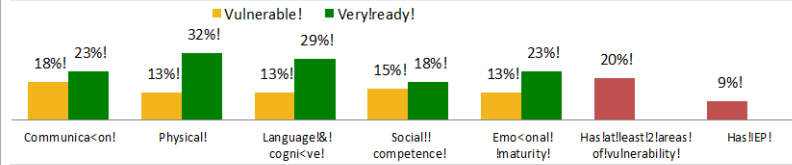
Using Population Data for Learning, Engagement and Collective Action

% Kindergarten Children Vulnerable in Social Competence

% Mothers with Depression Risk (PHQ-2)



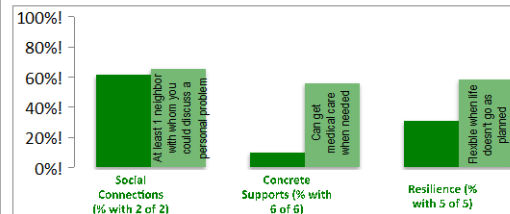
Developmental Progress of Children Entering Kindergarten



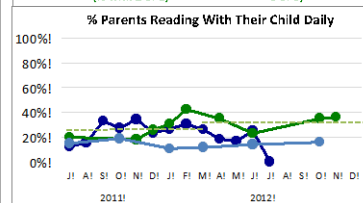
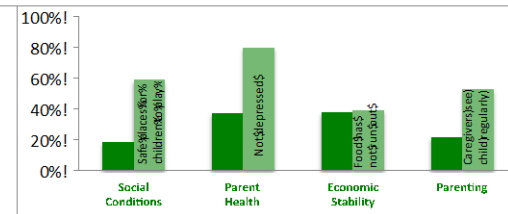
% of 3rd Grade Children Who Are Proficient in Reading

29%

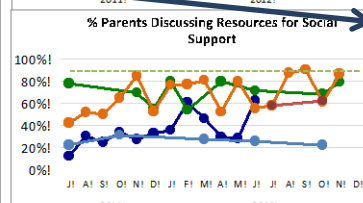
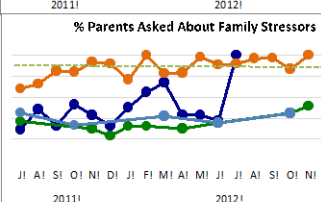
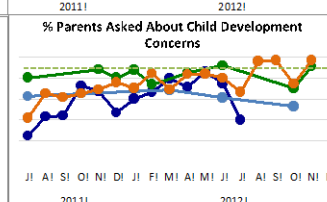
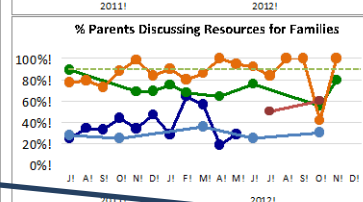
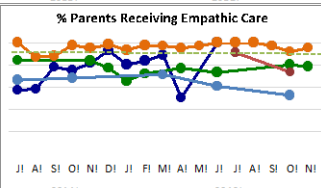
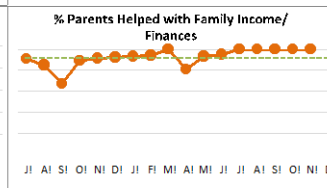
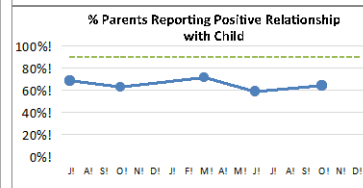
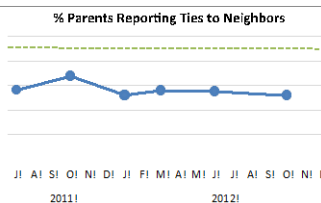
% Parents of Children 0-5 With Protective Factors



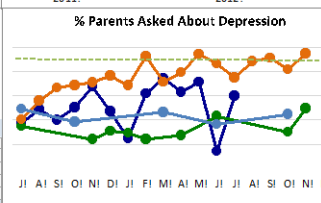
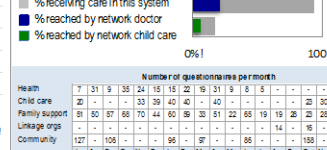
% Parents Achieving Family Goals



Parent Experiences in Magnolia Partner Settings, and in the Community Overall



Current & Potential Reach to Children



Number of questionnaires per month

Month	2011	2012
Jan	17	31
Feb	31	9
Mar	35	24
Apr	15	15
May	22	16
Jun	31	8
Jul	5	8
Aug	5	5
Sep	15	15
Oct	15	15
Nov	28	28
Dec	28	28

Developmental progress, by kindergarten

Protective factors for families

Parent activities and behaviors

Potential and actual reach to children in the community

Reading proficiency, third grade

Family and community conditions

Measures of real-time improvement in services and supports

Big, Bold and Transformative- Change

- Child Health Community needs to commit itself to Child Health 2025 Initiative
- Adopt a 3.0 Strategic Framework for Research & Health System Transformation (children lead the way)
- **Make the Unnecessary Catastrophic Loss Health Potential** the unavoidable & inconvenient truth of our national destiny
- Child Health Development Network – a national innovation network designed to
 - Develop 3.0 delivery, organization, payment, HIT, & other innovations that will jolt the system forward
 - Prototype new models of finance & delivery
 - Child Health Trusts,
 - Community Accountable Health Systems-Kids 3.0 ACO+

By Neal Halfon, Paul H. Wise, and Christopher B. Forrest

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COMMENTARY

The Changing Nature Of Children's Health Development: New Challenges Require Major Policy Solutions

Neal Halfon (nhalfon@ucla.edu) is a professor of pediatrics at the Geffen School of Medicine; a professor of health policy and management at the Fielding School of Public Health; and a professor of public policy at the Luskin School of Public Affairs, all at the University of California, Los Angeles (UCLA), and is director of the UCLA Center for Healthier Children, Families, and Communities.

Paul H. Wise is the Richard E. Behrman Professor in Child Health in the Department of Pediatrics, Stanford University School of Medicine, in California.

Christopher B. Forrest is a professor of pediatrics at the Children's Hospital of Philadelphia and the University of Pennsylvania, in Philadelphia.

ABSTRACT The epidemiology and social context of American childhood are rapidly changing. Adverse social, economic, and child-rearing conditions are loading children down with preventable illness, physical and behavioral disability, and dysfunction. This new epidemiology of childhood is swamping the capacity of the nation's health care system, schools, juvenile justice facilities, and child protective services to respond to the needs of those they serve. This low-performing system not only jeopardizes the health of children, it also jeopardizes the health of the adults they will become. In this article we review the science of life-course health development, a new field that provides a powerful explanatory framework for understanding how poor health and social adversity during childhood can affect lifelong health. We then present five ambitious policy recommendations to integrate educational, health, social, and economic initiatives designed to enhance health. Our bold but pragmatic goal is that by 2025, US children will have the highest levels of health among industrialized nations, instead of where US children currently rank—among the worst.

The fact that more than 10 percent of children will be maltreated during their childhood¹ is probably no surprise to child protective workers in many local child welfare systems.

The fact that at least 30 percent of young children have behavioral and developmental problems is not lost on pediatric providers who see these children walking through their doors each day.² Nor is it surprising for most elementary school principals in low-income communities to learn that 40 percent of children showing up for kindergarten are not prepared to be there, are likely to fall behind, and won't be reading by grade three.³ And a county probation department worker would not be shocked to learn that more than 40 percent of his charges have long-

standing, undiagnosed and untreated, learning, behavior, and development problems.^{4,5}

What each of these service sectors and providers has in common is that they are responding to the symptoms of the same adverse social, economic, and child-rearing conditions that are loading children down with preventable illness, disability, and dysfunction. This new epidemiology of childhood is swamping the capacity of the nation's health care system, schools, juvenile justice facilities, and child protective services to respond to the needs of those they serve. Each of these sectors operates in isolation, with narrowly targeted funding, in its own administrative silo, with its own congressional committee demanding accountability.

Even though the capacity of the United States

Child Health System Transformation Agenda

- National HD Action Plan (vision, goals, roadmap)
 - Bold, audacious, innovative, across government
 - Elevate MCHB and link with Federal Reserve
- Community Based Systems Transformation (new OS and co-laboratories of innovation and change)
 - 1000 communities over 10 years
 - National innovation and improvement initiative
 - CMMI dollars, and State Kids SIM
- Transform Pediatric/Child Health Care (specific APPs)
 - 1950's operating system needs major upgrade
 - Move to 3.0 operating system, principles and design
 - Community Accountable-Child Health Development Systems

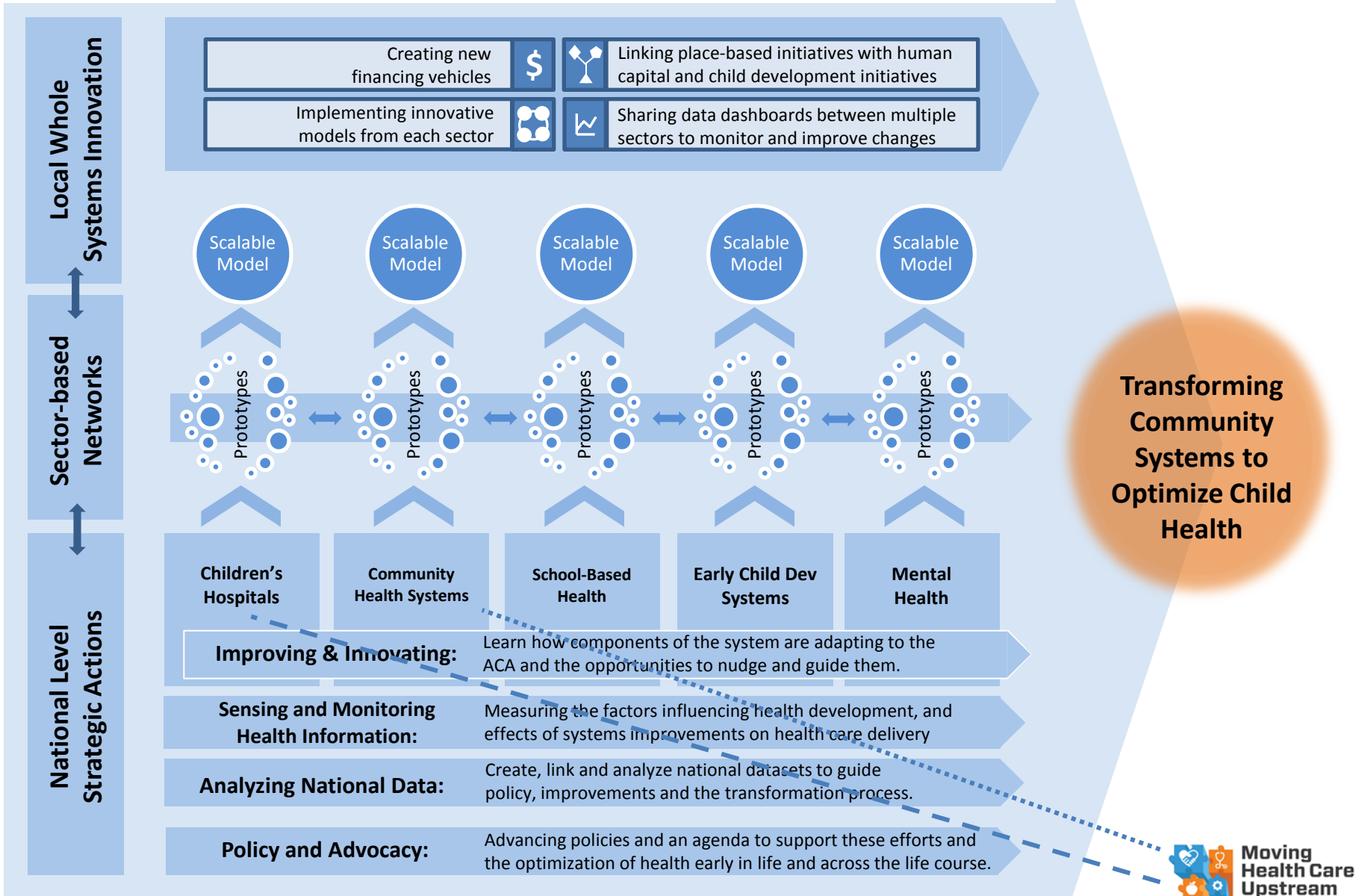
Child Health System Transformation Agenda

- LCHD Prevention Infrastructure (Health Optimization Platform)
 - Whole child, whole family, whole community early childhood thru adolescence scaffolding and supports
- Child Health Development Research Agenda (knowledge, tools, innovations)
 - Ambitious, bold, and comparable to the human genome project
 - Align public and private research and innovation activities
 - Focus on optimizing behavioral health of children and adolescents
- Child Health Development Information and Monitoring System (currency for policy markets, information for improvement)
 - 21st century health development sensing system
 - Provide real time, integrated, local, neighborhood level information to engage all sectors, (PEDSNET + KIDSNET)
 - Dashboard data, provide direction for innovation and improvement and motivation for sustainability (Magnolia CI)

Child Health System Transformation Initiative (CHSTI)

- Designed to leverage ACA implementation to:
 - Transform child health system- systematically advancing 3.0 design principles, strategies and prototypes
 - Rapidly establish a systematic process for monitoring, analyzing, responding to emerging threats

INTEGRATED STRATEGY TO TRANSFORM COMMUNITY SYSTEMS TO OPTIMIZE CHILD HEALTH



Framework* for Building a Community Health Improvement Infrastructure



**Shared
Community
Vision**

**Cross-Sector
Stakeholder
Engagement**

**Partnership
Accountability
Structure**

**Strategic
Communications**

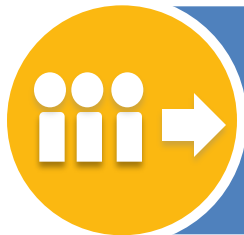


**Learning and
Innovation
System**

**Priority
Community
Outcomes**

**Metrics,
Analytics**

**Comprehensive
Data Management
Systems**



**Collaborative
Action**

**Collaborative
Learning &
Action Networks**

**Continuous
Innovation &
Improvement**

**Strategies to
Spread & Scale**



**Investment &
Sustainability**

**Health
Impact
Investing**

**Funding for
Collaborative
Action**

**Support for
Integrating
Functions**

*Adapted from STRIVE



Moving Health Care Upstream

Collaborating. Innovating.
Improving Community Health.

A profound new way to understand health

Think of health in terms of the **entire life cycle**. Experiences from the prenatal period through adolescence have far-reaching impact, affecting **well-being** throughout an individual's life. Early risk exposures can result in a cascade of poor health outcomes, some of which will not manifest for decades. Early exposure to positive and protective factors, however, can set a child on a path toward a **healthy and successful life**—a life with a substantially lower risk for developing chronic disease.

Emerging research from fields as diverse as medicine, psychology, sociology and economics is shedding light on how health develops over the **life course**. Viewing health through a life course lens highlights the potential of maternal and child health programs to improve outcomes for the entire U.S. population and **reduce burgeoning health care costs**.



Find us at
www.lcrn.net

Join LCRN

LCRN provides an innovative infrastructure for capturing and disseminating knowledge, catalyzing basic, theoretical, applied and translational life course health development research, and increasing the funding available to support such work.

[Learn more about LCRN membership.](#)

If you're already a member, [Access our network.](#)

Sign up to receive the LCRN newsletter:

email [subscribe to our free newsletter](#)

Support Us

LCRN is actively seeking additional funding to develop new and innovative transdisciplinary research and activities. If you would like to contribute, please contact Ericka Tullis, Project Manager, at ETullis@mednet.ucla.edu.

The Maternal and Child Health Life Course Research Network (LCRN) is a virtual collaborative network of researchers, service providers and thought leaders committed to improving health and reducing disease by advancing life course health development research.

LCRN brings together diverse expertise and perspectives to examine the origins and development of health, and to inform meaningful and evidence-based changes in practice, systems and policies affecting children and families.

Announcements

[AMCHP Life Course Metrics](#)

Project:

[Seeking Public Input on Life Course Indicators](#)

Due October 26, 2012

[Latin American Society of Nutrition XVI Congress](#)

La Havana, Cuba

November 11-16, 2012

[LCRN Member Webinar Series RFP](#)

Due December 1, 2012

[AMCHP Annual Conference](#)

Washington, DC

February 9-12, 2013

[MCH Life Course Research Agenda-Setting Meeting](#)

Latest Research by LCRN Members



Stress and the brain: how experiences and exposures across the life span shape health, development, and learning in adolescence

posted August 01, 2012

[Read full article](#)



Integrating risks for type 2 diabetes across childhood: a life course perspective

posted August 01, 2012

[Read full article](#)



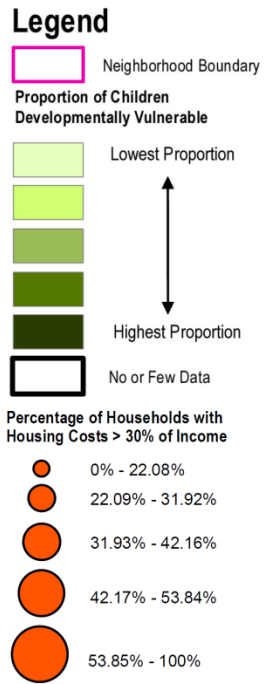
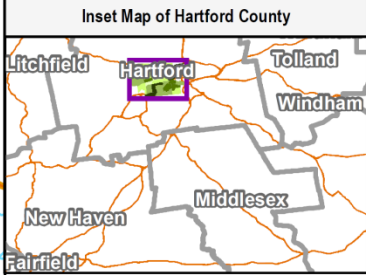
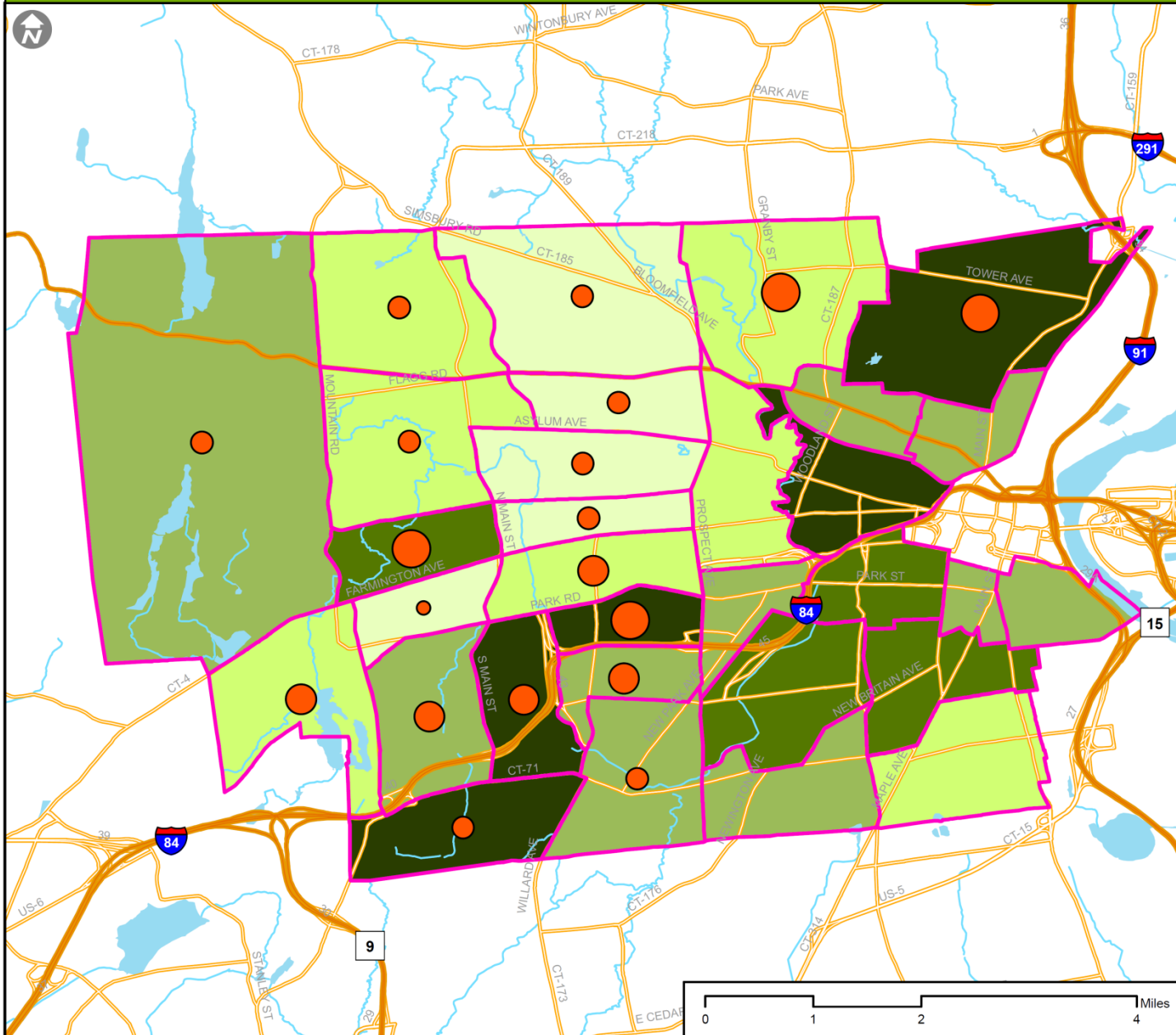
Fetal programming of body composition, obesity, and metabolic function: the role of intrauterine stress and stress biology

posted May 01, 2012

[Read full article](#)

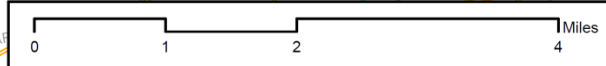
[Integrating the life course](#)

EDI 2014: Children Vulnerable on the Emotional Maturity Domain with Percent of Households with Housing Costs > 30% of Household Income in Hartford Neighborhoods



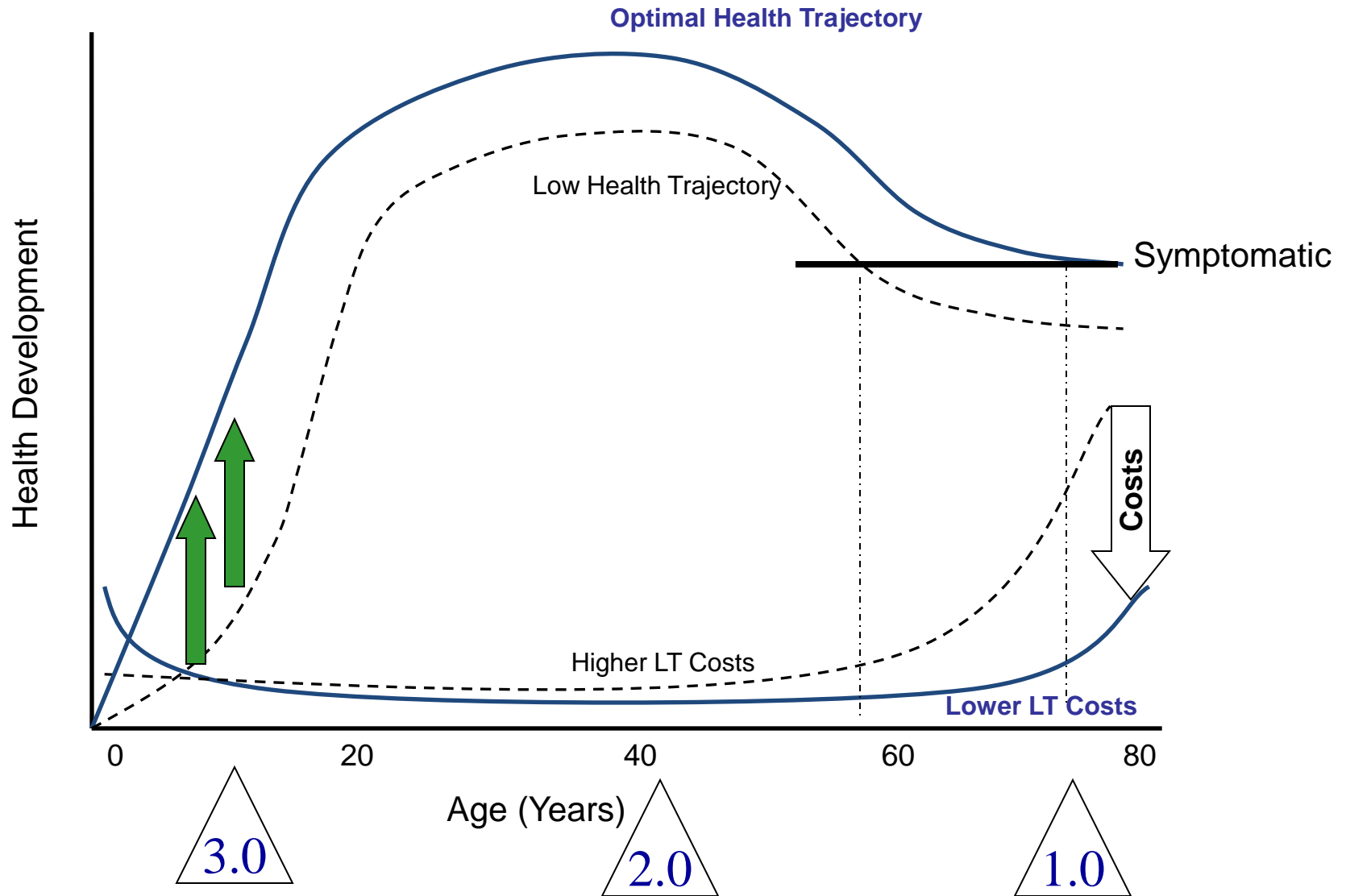
Transforming
Early
Childhood
Community
Systems

THE SCIENCE FOR A BETTER START
TECCS@mednet.ucla.edu



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Shifting the Health Development Curve to Shift the Cost Curve



Other Challenges for MBD disorder in children and adolescents

- Preventive services- MBD screening
 - Need better screening tools, approaches, pathways
 - 30-40% of kids at risk;
 - system engineered to screen for 4-6% of kids with DD
 - Only 1-2% of kids entering DD system
- Bundled payment for continuum of MBD services
 - Lack of providers, pathways, integrated networks
- Barriers to providing complex developmentally focused care
 - Structure of visits, care pathways,
- Churning coverage MBD care