



# Plans for the National Mental Health Study

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# Overview:

NIMH continuing collaboration with SAMHSA by supporting national data collection:

- Previous collaboration supported additional sample on NSDUH Mental Health Surveillance Study (MHSS)
- Current effort to field a nationally representative in-person household survey to assess mental disorder and correlates among youth and adults (13+ years old)
  - Nationally representative sample of 13,500 respondents (plus parents of youth respondents). Sample split equally by ages 13-17, 18-30, 30+
  - 5 minute household screener followed by 65 minute CAPI/ACASI personal interview
  - For subset of respondents it includes telephone follow-up study (2-4 weeks post-interview) for clinical validation/calibration of the disorder modules in the survey
  - Pilot survey of at least 1,200 respondents for finalizing plans on national survey (including clinical validation/calibration study)
  - Establish a platform for further follow-up/longitudinal studies by asking all respondents for consent to re-contact

# Survey Module topics

- Comprehensive demographics
- Mental disorders (to include substance use and personality measures)
- Suicidality- past and recent suicidal behavior; access to firearms
- Psychotic like experiences; diagnostic history; family history
- Traumatic experiences: childhood adversities; exposures to violence, disasters, life threatening events
- Research Domain Criteria (RDoC) dimensional measures; NIMH Common Data Elements
- Chronic health conditions, head injury, health behaviors
- Health /mental health service use, medication use
- Homelessness, military service history

*Note: some modules will be rotated and/ or administered to a subset of the sample*

# Specific Disorders

## Adult

- Depression
- Mania
- Post-Traumatic Stress Disorder
- Panic Disorder
- Social Phobia
- Agoraphobia
- Generalized Anxiety Disorder
- Eating Disorders
- Obsessive-Compulsive Disorder
- Attention-Deficit/ Hyperactivity Disorder
- Substance Use

## Youth

- Depression
- Mania
- Post-Traumatic Stress Disorder
- Panic Disorder
- Social Phobia
- Agoraphobia
- Generalized Anxiety Disorder
- Eating Disorders
- Obsessive-Compulsive Disorder
- Attention-Deficit/ Hyperactivity Disorder
- Substance Use
- Specific Phobia
- Oppositional Defiant Disorder
- Conduct Disorder
- Separation Anxiety Disorder

# Deliverables:

- Analytic written products (i.e. national findings report; clinical calibration report)
- Public-use/restricted-use data files (public use file will be added to NIMH data repositories)
- Survey instrument modules and overall documentation

# Timeline

## 2015-2016

Consultations with the field; instrument programming; interviewer training and field materials development;

## 2016-2017

Pilot test; integration of findings and adjustments made for main survey,

## 2017-2018

Cross sectional survey (July 2017 – June 2018); Clinical Reappraisal Study launch (1<sup>st</sup> follow-up study); 2<sup>nd</sup> follow up study launch (TBD)

## 2019+

National findings report; manuscript drafts, public use data file released