Maternal and Child Health Bureau
Training the Future Child Healthcare Workforce to Improve Behavioral Health Outcomes for Children, Youth and Families

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Presentation Agenda

• Overview of Maternal and Child Health Bureau (MCHB)
• Describe MCHB Interdisciplinary Graduate Education Training Programs
• Highlight Additional MCH Programs that Integrate Behavioral Health
  • Healthy Start
  • MIECHV
  • Bright Futures
  • Adolescent Health
Maternal and Child Health Bureau

Mission
To improve the health of America’s mothers & children

Vision
We envision an America where all children and families are healthy and thriving, where every child and family have a fair shot at reaching their fullest potential
Maternal & Child Health Bureau

Maternal/ Women’s Health
- Severe Maternal Morbidity
- Well Woman Care
- NTSV Cesarean

Life Course
- Immunization
- Oral Health
- Physical Activities
- Smoking
- Insurance Coverage

Perinatal/ Infant Health
- Infant Mortality, LBW, PTB, PNC, NBS
- Safe Sleep
- Perinatal Regionalization
- Breastfeeding

Children with Special Health Care Needs
- System of Care
- Medical Home
- Transition

Child Health
- School Readiness
- Developmental Screening
- Child Safety

Adolescent/ Young Adult
- Well Adolescent Care
- Bullying

Data & Research

Workforce
MCHB Workforce Development Programs

Interdisciplinary/Graduate Training

- Centers of Excellence in MCH Education, Science, and Practice Program
- Developmental-Behavioral Pediatrics (DBP)
- Leadership Education in Adolescent Health (LEAH)
- Leadership Education in Neurodevelopmental and Related Disabilities (LEND)
- MCH Catalyst Program
- MCH Nutrition
- Pediatric Pulmonary Centers (PPC)
- MCH Pipeline Program

MCH Workforce Development

- Collaborative Office Rounds (COR)
- Healthy Tomorrows
- Healthy Weight Collaborative
- MCH Navigator
- MCH Workforce Development Center
- Reaching Practicing MCH Professionals in Underserved Areas Through Education and Training Program
Core Program Characteristics

• MCH Leadership

• Interdisciplinary Training

• Family Leadership

• Collaboration with MCH agencies

Diversity
Interdisciplinary Training Programs: Focus on Behavioral Health Professionals

• Developmental-Behavioral Pediatrics (DBP)
• Leadership Education in Neurodevelopmental and Related Disabilities (LEND)
• Leadership Education in Adolescent Health (LEAH)
• Pediatric Pulmonary Centers (PPC)
• Collaborative Office Rounds (COR)
Impact: By the Numbers

In Fiscal Year 2014, DMCHWD awarded 152 grants, an investment of $47 million

33,464 Trainees
- 2,190 Long-term Trainees
- 5,747 Medium-term Trainees
- 25,527 Short-term Trainees

TOP DISCIPLINES
- Psychology
- Public Health
- Medicine
- Social Work
- Speech/Language
- Pathology
- Occupational Therapy

28.4% of trainees were from underrepresented racial groups
8.2% of trainees were from underrepresented ethnic groups

284,528 MCH professionals received continuing education
Where Are MCH Trainees Now?

84% MCH leaders

75% Working in an interdisciplinary manner to serve MCH populations

76% Working with underserved populations or vulnerable groups

FY 2014 DGIS data
Former Trainees: Employment Settings

Former Trainee Employment Settings
(Five years after program completion)

- Student: 33.8%
- Schools or School System: 15.0%
- Post-Secondary Setting: 18.2%
- MCH Training Program/UCEDD: 11.4%
- Government Agency: 5.7%
- Clinical Health Care Setting (includes hospitals, health centers and clinics): 4.4%
- Private Sector: 2.7%
- Other: 8.8%

N = 752

*FY 2014 DGIS Data
Healthy Start

• Established in 1991 as a Presidential Initiative
• Targets communities with high infant mortality rates and adverse perinatal outcomes
• Addresses needs of high-needs women and their families before, during and after pregnancy
• Emphasis on evidence-based practices, standardized approaches, and quality improvement.
Healthy Start Strategies

- Training in mental health and substance use, maternal depression, trauma-informed services
- Inventory of evidenced-based practices in depression, substance use, and intimate partner violence prevention
- Program benchmark for perinatal depression screening using an evidence-based tool
- Fetal Alcohol Spectrum Disorder training to develop skills to engage in effective prevention and early identification activities with pregnant women, mothers and newborns
- Inventory of core competencies for Healthy Start Workers
Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV)

- Voluntary, evidence-based home visiting services during pregnancy and to parents with young children
- Home visits by nurses, social workers, early childhood educators prevent child abuse and neglect, encourage positive parenting, promote child development
- Train home visitors to provide high-quality services, supports and referrals that address behavioral health risks

Support home visiting workforce to promote positive relational health
• Guidelines for care for health supervision of infants, children and adolescents
• Prevention-based, family-focused, and developmentally-oriented
• Health promotion themes (promoting family support, child development, mental health, healthy weight)
• Health supervision visits – consensus guidelines for screening and preventive services
• Anticipatory guidance addressing health risks and developmental issues
Adolescent Health

- Efforts to develop capacity depend on a well-trained workforce that is competent to address behavioral health
- Initiatives that assure access to & delivery of quality, preventive services for adolescents & young adults in multiple settings - behavioral health is a prominent feature
  - Adolescent & Young Adult Health National Resource Center – supports a CoIIN for State MCH programs & their partners, including primary care clinicians
  - Collaborative Improvement & Innovation Network (CoIIN) on School-based Health Services – school-based health centers & comprehensive school mental health systems
- National Performance Measures for MCH Block Grant
  - Percent of adolescents with a preventive medical visit in the past year
  - Percent of adolescents who are bullied or bully others
www.mchb.hrsa.gov/training
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