Training the Future Child Healthcare Workforce to Improve Behavioral Health Outcomes for Children, Youth and Families

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Disclosure of Affiliations

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Enhancing Training for Healthcare Professionals in Residential Settings

• Definition of Therapeutic Residential Care (TRC):

  TRC involves the *planful* use of a *purposefully constructed*, multi-dimensional living environment designed to enhance or provide *treatment, education, socialization, support and protection* to children and youth with identified mental health or behavioral needs in partnership with their families and *in collaboration with* a full spectrum of community-based formal and informal helping resources.

• Whittaker, del Valle and Holmes, Therapeutic Residential Care for Children and Youth, 2015
Potential Levers for Change

- Government initiated
- Service System/National Industry Organizations
- Foundations
- Accreditation Entities
- Private Agency/University Partnerships
- Youth Engagement Specialists and Parent Partners
- Faith-based Programs and Partnerships
Government Initiated

• SAMHSA-initiated Building Bridges Initiative:
  – A national initiative working to identify and promote practice and policy that will create strong and closely coordinated partnerships and collaborations between families, youth, community - and residentially - based treatment and service providers, advocates and policy makers to ensure that comprehensive mental health services and supports are available to improve the lives of young people and their families.
  – http://www.buildingbridges4youth.org/
BBI Strategies

• Establish **relationships and dialogue** across all constituent groups, including families, youth, community- and residentially-based treatment and service providers, advocates and policy makers.

• Identify and promote **best practices and innovative solutions**.

• Identify and propose recommendations to overcome **fiscal, licensing, regulatory and practice barriers**.

• Identify needed **technical assistance, training and support** for providers, policy makers, families and youth.

• Identify or develop **measures** that provide information and feedback about system efforts to coordinate and integrate services and supports, and to implement the values and principles described in the BBI Joint Resolution.

• Develop and implement **dissemination and marketing strategies** to communicate the critical importance of creating a coordinated and comprehensive array of community-based and residential treatment services and supports that are family-driven, youth-guided, strength-based, culturally and linguistically competent and focused on sustained positive outcomes.
Service System/National Industry Organizations

• ACRC Redefining Residential Series
  – Redefining the Role of Residential (2005)
  – Becoming Family Driven (2006)
  – Performance Indicators and Outcomes (2007)
  – Integrating Evidence Based Practices (2008)
  – Family-Driven Care, Family Members Speak (2009)

(http://togetherthevoice.org/public_policy)
ACRC Redefining Residential Series

• Youth Guided Treatment (2010)
• Trauma-Informed Care (2010)
• Measuring Functional Outcomes (2012)
• Creating Non-Coercive Environments (2013)
• Towards Rational Use of Psychotropic Medication (2014)
• Serving LGBTQ Youth in Residential Treatment (2014)
• Strategic Interventions to Advance Youth Permanency (2015)
Foundations

• Casey Family Programs, Annie E. Casey Foundation & Jim Casey Youth Opportunities
  – Best Practices for Mental Health in Child Welfare Consensus Conference, 32 mental health practice guidelines for child welfare were developed. These guidelines cover mental health screening, assessment and treatment, parent support, and youth empowerment, 2009
  – Practice Pathway Tool for Transition Age Youth, 2013
  – Research Brief: Elements of Effective Practice for Children and Youth Served by Therapeutic Residential Care, 2016
Accreditation Entities

- Council on Accreditation (COA)
- Joint Commission (JC)
- Commission on Accreditation of Rehabilitation Facilities (CARF)
- All have standards for TRC facilities
- Instrumental in addressing concerns about seclusion and restraint improving standards of care in TRC
Private Agency/University Partnerships

• TRC are laboratories of innovation.
• Teaching Family Model: An Evidence-Based Best Practice Treatment Model developed by University of Kansas and a core practice of Boystown.
• TRC programs lack research capacity but are ideal settings for research into best practice design and training.
Youth Engagement Specialists

- **Youth M.O.V.E National** is a youth led national organization devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare.

- **California Youth Connection** (CYC) puts “youth at the center of child welfare policymaking” by providing a vehicle for youth to engage directly with policymakers to improve the foster care system in California.

- **Achieving Maximum Potential** (AMP) is made up statewide councils of more than 5,000 youth ages 13 and up who have been involved in foster care, adoption, or other out-of-home placements. AMP’s successes include helping to pass 33 laws since 2006.
Parent Partners

- Family-Run Executive Director Leadership Association (FREDLA). FREDLA offers the following services:
  - **Resource development, training and technical assistance** on topics related to family engagement, systems of care, parent peer support, capacity building and more.
  - **Training curricula** for leadership, Board development, and topics of specific interest to family-run organizations.
  - **Publications** to inform the field and support the work of family-run organizations across the nation.
  - Facilitation of **peer to peer learning** and partnership opportunities for family-run organizations.
  - Acts as a **liaison for family-run organizations** with SAMHSA, NASMHPD and other federal entities.
  - **Data collection and research** regarding the activities and services of family-run organizations.
  - **Technical Assistance** at the individual organization, state and national levels.
Faith-based Programs and Partnerships

• SAMHSA became the first Department of Health and Human Services agency to undertake a specific Faith-Based Community Initiative (FBCI) in 2000.
  – The initiative emphasizes the key role faith-based organizations play in the delivery of substance use prevention, addiction treatment, and mental health services, particularly to underserved communities and culturally diverse populations.

• The Office of Juvenile Justice and Delinquency Prevention (OJJDP) supports the Accessing Resources for Community and Faith-based Organizations (ARC) Initiative
Resources

- http://www.buildingbridges4youth.org
- http://togetherthevoice.org/public_policy
- http://coanet.org/home/
- https://www.jointcommission.org/
- http://www.carf.org/home/
Resources

- [http://www.cebc4cw.org/program/teaching-family-model/detailed](http://www.cebc4cw.org/program/teaching-family-model/detailed)
- [http://www.youthmovenational.org/Pages/mission-vision-purpose.html](http://www.youthmovenational.org/Pages/mission-vision-purpose.html)
- [http://www.fredla.org/](http://www.fredla.org/)