III. The Military Family Readiness System Today and Tomorrow

Patricia Lester, University of California, Los Angeles (Committee Member)
Ashish Vazirani, National Military Family Association (Committee Member)
Mary Keller, Military Child Education Coalition (Committee Member)
Ivan C.A. Walks, Ivan Walks and Associates (Committee Member)

Study Sponsor:
Office of Military Community and Family Policy
U.S. Department of Defense
Continuum of Coordinated Support Within the Military Family Readiness System

A Complex Adaptive System to Support Military Family Readiness

Use a population health approach to promote wellbeing.

**Screen**
Continuously assess and identify mental health needs within a given population using universal screening

**Prevent**
Develop a continuum of evidence-based interventions matched to the population’s mental health needs

**Measure**
Embed Assessment within Program delivery. Continuously monitor and measure the interventions’ structure, implementation, and outcomes

**Improve**
Analyze data from all steps to obtain practice-based evidence for use in a quality improvement feedback loop

This **adaptive** approach identifies groups with different needs, aligns needs with specific interventions, and tracks the interventions’ quality, all with the goal of **improvement**.
DISCUSSION