



FORUM FOR CHILDREN'S WELL-BEING

Promoting Cognitive, Affective, and
Behavioral Health for Children and Youth
*AN ACTIVITY OF THE BOARD ON CHILDREN, YOUTH, AND
FAMILIES*

2019

YEAR IN REVIEW

The Forum for Children's Well-Being (the Forum) aims to inform a forward-looking agenda for building a stronger research and practice base around the development and implementation of programs, practices, and policies to promote all children's cognitive, affective, and behavioral health, including those with disabilities. Through public workshops, commissioned papers, and other activities, members of the Forum connect with decision makers and practitioners at multiple levels, translating research to practice and informing practice

with research. In 2019, the Forum worked toward this agenda through:

- 2,241 downloads of workshop proceedings
- 854 minutes of public workshops that reached 267 participants
- 270 minutes of virtual workshops that reached 583 participants
- 41 Well-Being Wednesday emails
- 12 monthly newsletters

Publications

- Proceedings of a Workshop: *Achieving Behavioral Health Equity for Children, Families, and Communities* | [Read here.](#)
- Proceedings of a Workshop: *Multigenerational Approaches to Fostering Children's Health and Well-Being* | [Read here.](#)

Events

June 6, 2019

Exploring Multigenerational Approaches to Prevention: A Workshop The Forum hosted a half-day public workshop on June 6 to explore multigenerational approaches and policy strategies to promote health and well-being. Particular attention was paid to multisector strategies that promote health equity and early relational health, using the opioid crisis as a case study.

This workshop featured two panels—the first examined multigenerational approaches to prevent and mitigate adverse childhood outcomes related to parental substance use disorder, and the second explored policies aimed at preventing opioid misuse. The archived webcast can be viewed on the Forum [website](#).

October 10, 2019

The State of Mental, Emotional, and Behavioral Health of Children and Youth in the United States: A Workshop The Forum convened a public workshop on the state of mental, emotional, and behavioral health of children and youth in the United States. The goals of this workshop were: (1) to evaluate the current state of the science of promoting mental, emotional, and behavioral health of children and youth, including how far we've come since the inception of the Forum, where we are

now, and where we hope to go in the near and distant future; (2) to explore how various sectors, initiatives, and community efforts can impact the healthy development of children and youth, and how they all can collaborate in these efforts; and (3) to review the past work of the Forum and to set the stage for the Forum's strategic discussions for future activities. The archived webcast can be viewed on the Forum [website](#).

September – November 2019

Children's Mental Health and the Life Course Model: A Virtual Workshop Series This webinar series – co-organized by the Maternal Child Health Life Course Intervention Research Network and the National

Academies' Forum for Children's Well-Being – focuses on understanding how mental health disorders develop over the life span, with a special emphasis on prenatal, early, middle, and later childhood development. This

series focuses on identifying gaps in our knowledge, exploring new strategies for using existing data to enhance our understanding of the developmental origins of mental disorders, reviewing potential approaches to prevention and optimization, and proposing new ways of framing how we understand, address, and prevent these disorders from a life course development perspective. This series is ongoing, with the first three occurring in 2019. The recorded webinars can be viewed on the Forum [website](#).

September 16, 2019: Overview and Trends

Neal Halfon, MD, MPH (Director, UCLA Center for Healthier Children, Families, and Communities) and Kimberly E. Hoagwood, PhD (Cathy and Stephen Graham Professor of Child and Adolescent Psychiatry, School of

Medicine, New York University) kicked off this series on September 16, 2019 with a discussion on trends of mental health disorders in children and youth.

October 25, 2019: Epidemiology

For the second webinar in this series, Stephen Buka, ScD (Founding Chair, Epidemiology, Brown University School of Public Health) hosted a discussion about the epidemiology of children's mental health disorders.

November 21, 2019: Developmental Origins

For the third webinar in this series, Pilyoung Kim, PhD (Director, Family & Child Neuroscience Lab, University of Denver) hosted a discussion about scientific advances in the developmental origins of children's mental health disorders.

New Co-Chairs and Members

The Forum appointed new co-chairs and members in 2019:

- Cheryl Polk, PhD (*co-chair*), Safe and Sound
- David Willis, MD (*co-chair*), Center for the Study of Social Policy
- Sandra Barrueco, PhD, Catholic University of America
- Tina Cheng, MD, PhD, Johns Hopkins University School of Medicine
- Robert H. Dugger, PhD, ReadyNation
- Mary Fristad, PhD, Society of Clinical Child and Adolescent Psychology

- Stephanie M. Jones, PhD, Harvard Graduate School of Education
- Laura Kavanagh, MPP, Health Resources and Services Administration
- Tyler Norris, MDiv, Well Being Trust
- Carlos E. Santos, PhD, University of California, Los Angeles' Luskin School of Public Affairs
- Leslie R. Walker-Harding, MD, University of Washington and Seattle Children's Hospital

Financial Partners

The Forum is excited to welcome the Health Resources and Services Administration, the Society of Clinical Child and Adolescent Psychology, and the Well Being Trust as new partners. We are also thankful for continued partnership with the American Academy of Pediatrics, the American Board of Pediatrics, Autism Speaks, Centers for Disease Control and Prevention, Children's Hospital Association, the Conrad N. Hilton Foundation, the Global Alliance for Behavioral Health and Social Justice, the National Federation of Families for Children's Mental Health, Robert Wood Johnson Foundation, the Society for Child and Family Policy and Practice, and ZERO TO THREE.

Communications

Well-Being Wednesdays

The Forum launched a weekly email alert that curates resources related to the work of our membership, as well as notifications about activities at the National Academies of Sciences, Engineering, and Medicine.

Find updates on Forum activities on our [website](#) and by following us on [Twitter](#). Contact staff for additional information: [Suzanne Le Menestrel](#) (Forum Director, @lemenestrels) and [Erin Kellogg](#) (Associate Program Officer).