



National Academies Workshop

A Public Health Perspective

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The Value of the Health Lens

- ▶ Assuring the issue of sustainability is an issue for *all residents*
- ▶ Working to link efforts to address long term climate change with the urgent needs of the community in the here and now
- ▶ Bringing more voices to the table, building a broader constituency base

Co-Benefits: Addressing Climate Change & Preventing Chronic Diseases



Goal: More walking & biking, less driving

How: Land use & transportation planning
Increase levels of physical activity
Improve air quality and levels of asthma
Reduce greenhouse gas emissions

Goal: Eat local, eat healthy

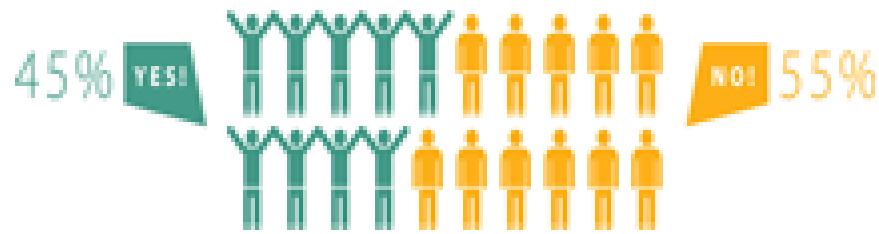
How: Food system planning
Improve healthful eating
Protect and strengthen the local food shed



The Portland Plan & 20 minute neighborhoods



DOES YOUR NEIGHBORHOOD
INCLUDE A PARK, SCHOOL, TRANSIT & HEALTHY FOOD?



Co-Benefits: Disaster Preparedness to Protect Health and Build Community Resiliency

- ▶ Urban Heat Island Effect
- ▶ Climate Resiliency



Questions?

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