




# **National Academies Workshop A Public Health Perspective**

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# The Value of the Health Lens

- ▶ Assuring the issue of sustainability is an issue for *all residents*
  - ▶ Working to link efforts to address long term climate change with the urgent needs of the community in the here and now
  - ▶ Bringing more voices to the table, building a broader constituency base
- 



# Co-Benefits: Addressing Climate Change & Preventing Chronic Diseases



*Goal: More walking & biking, less driving*

**How: Land use & transportation planning**  
Increase levels of physical activity  
Improve air quality and levels of asthma  
Reduce greenhouse gas emissions

*Goal: Eat local, eat healthy*

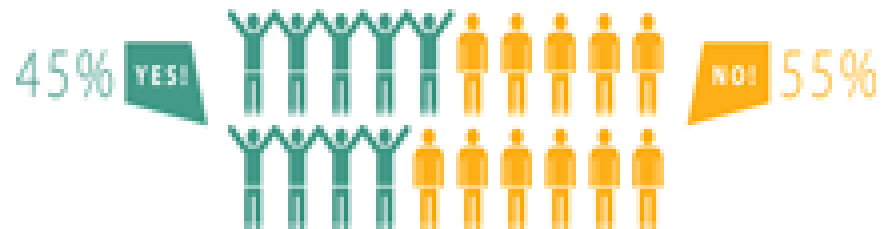
**How: Food system planning**  
Improve healthful eating  
Protect and strengthen the local food shed



# The Portland Plan & 20 minute neighborhoods



DOES YOUR NEIGHBORHOOD  
INCLUDE A PARK🌳, SCHOOL🏫,  
TRANSIT🚗 & HEALTHY FOOD🍏?



# Co-Benefits: Disaster Preparedness to Protect Health and Build Community Resiliency

- ▶ Urban Heat Island Effect
- ▶ Climate Resiliency



# Questions?

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