

# The Research on Supportive Housing and its Impact on Health

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The Source for  
Housing Solutions



# About CSH

**Advancing housing solutions that:**



**Improve the lives  
of vulnerable  
people**



**Maximize public  
resources**



**Build strong,  
healthy  
communities**

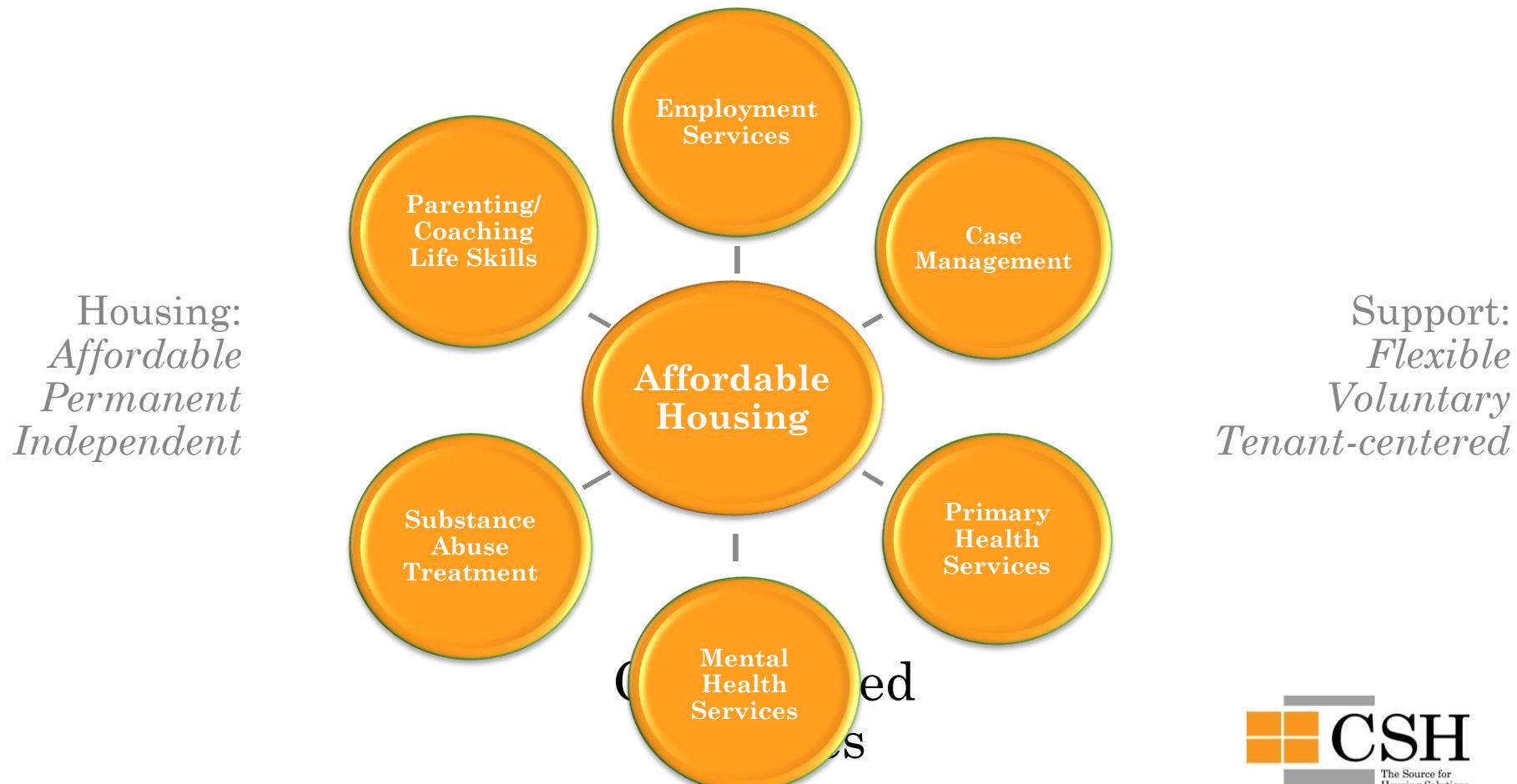
# Supportive Housing is for People Who:

- Due to a disability need additional assistance beyond a rental subsidy.
- Are chronically homeless.
- Cycle through institutional and emergency systems and are at risk of long-term homelessness.
- Are being discharged from institutions and systems of care.
- Without housing, cannot access and make effective use of treatment and supportive services.



# Supportive Housing is the Solution

**Supportive housing combines affordable housing with services that help people who face the most complex challenges to live with stability, autonomy and dignity.**



# The state of the literature on Supportive Housing

## 33 Studies Published

- 10 in Peer Reviewed Journals
- 23 as Reports or Policy Briefs

## Study Design

- 24 studies were a Pre/Post Test Design
- 9 were Randomized Control Trials

## Populations

- Adults with Behavioral Health- 12 studies
- People Experiencing Homelessness- 15 studies
- High Utilizers of Health Care- 6 studies

# Outcome Measures from Current Studies

## Housing Status

- Rates of Homelessness
- Housing Stability
- Shelter Days

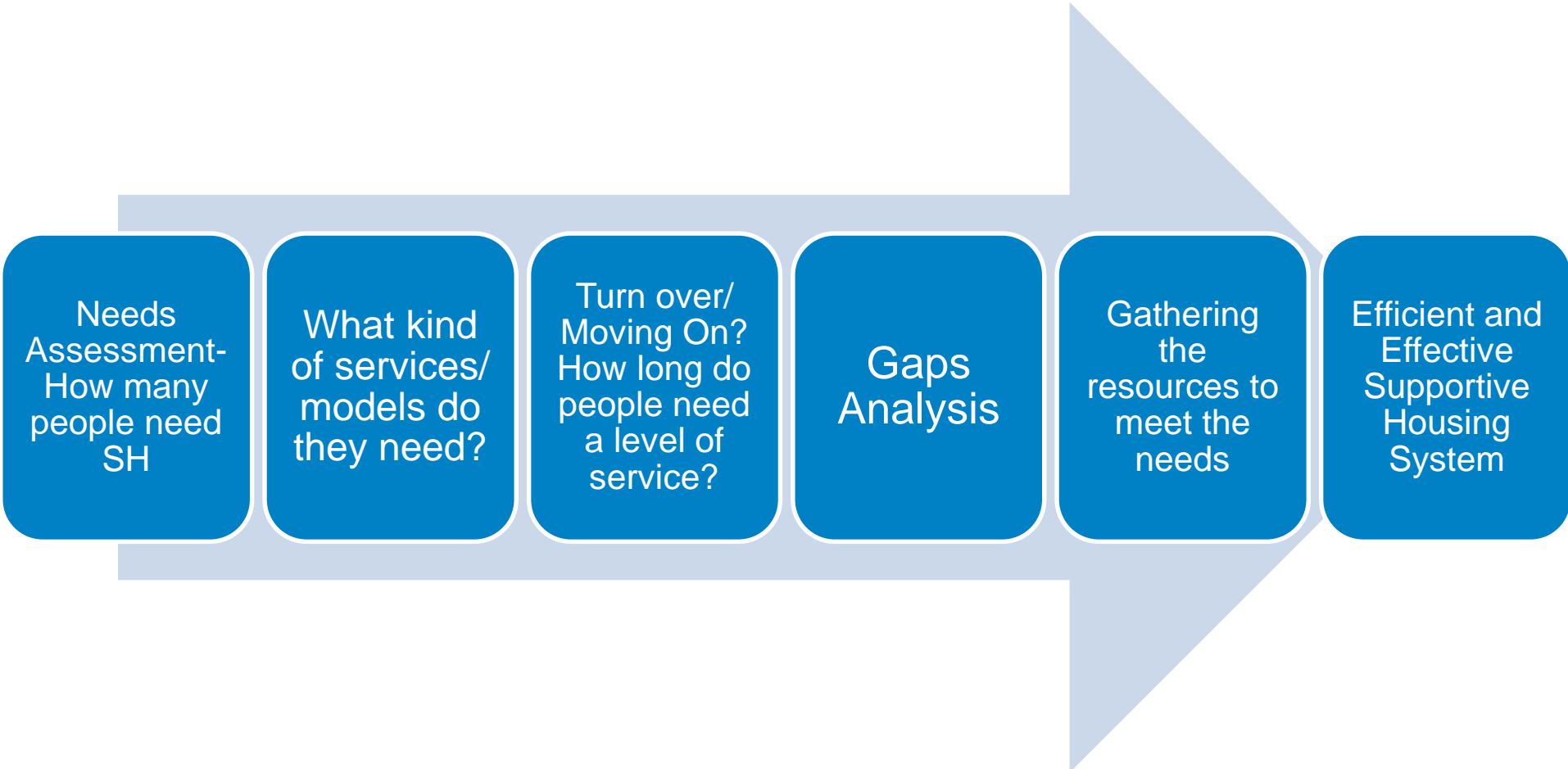
## Health Care Costs

- Ambulance Trips
- ED visits
- Hospitalizations
- Hospital Bed Days
- Detox Visits
- Outpatient Visits

## Health Outcomes

- Rates of or impact on Substance Use- 6 studies
- Rates of or impact on Psychiatric Symptoms- 1 study
- Rates of HIV infection- 1 study

# Reaching Your Community's Health Goals



# What is needed next?



Communities need tools to do this work regularly for their community and for their populations



Health Outcomes need to be studied including the health impact on outcomes of entry and stabilization in Supportive Housing



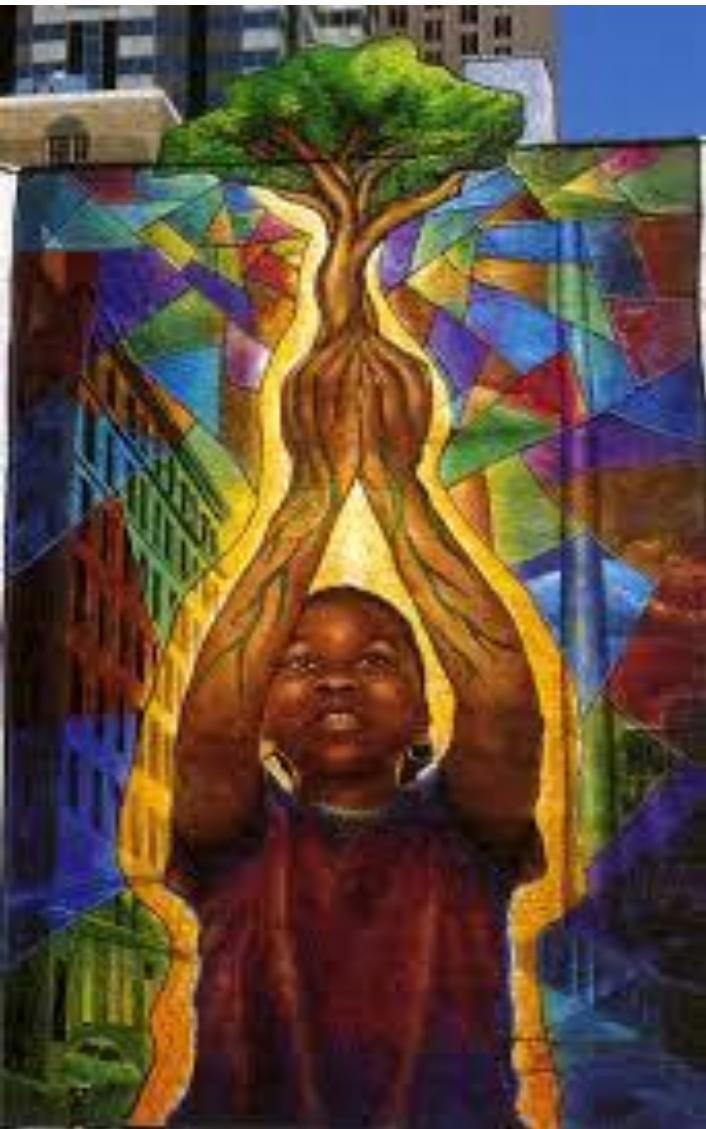
Impact of Rates of Homelessness on Community Health Measures

Impact of Supportive Housing on Community Health Measures



## Recommended Follow up Reading- Center For Budget and Policy Priorities

<http://www.cbpp.org/research/housing/supportive-housing-helps-vulnerable-people-live-and-thrive-in-the-community>



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