The background image shows a road blocked by a large, fallen tree trunk. A white pickup truck with "GUTTER CLEANING" on its back is in the foreground. A large semi-truck and a dark SUV are further back. Workers in orange safety gear are visible near the truck. The scene is hazy, suggesting a storm or fog.

EVERYDAY REALITIES **RESILIENT CAPACITIES**

Meredith Li-Vollmer, PhD

Risk Communication Specialist, Public Health - Seattle & King County

Public Health
Seattle & King County





KING COUNTY, WA



A SHIFT IN ORIENTATION

to Community Resilience + Equity

FOCUS ON BUILDING EVERYDAY RESILIENCE

- Build capacity to address health disparities
- Center the communities' needs, agency and voice
- Put community system in place for disasters



HOW DID WE ARRIVE AT **THIS APPROACH?**

Meet the Somali Health Board



ADDRESSING EVERYDAY HEALTH ISSUES

The Somali Health Board sets the agenda based on community priorities.



WHEN THE EMERGENCY HAPPENS

An effective snowstorm response built on
community capacity



BUILDING ON THIS APPROACH

What other issues will help the community stay engaged? What expertise and capacity already exist in communities?



OUR ROLE

- Facilitation, technical assistance, supporting funding opportunities
- Listen to the community
- Let the community lead

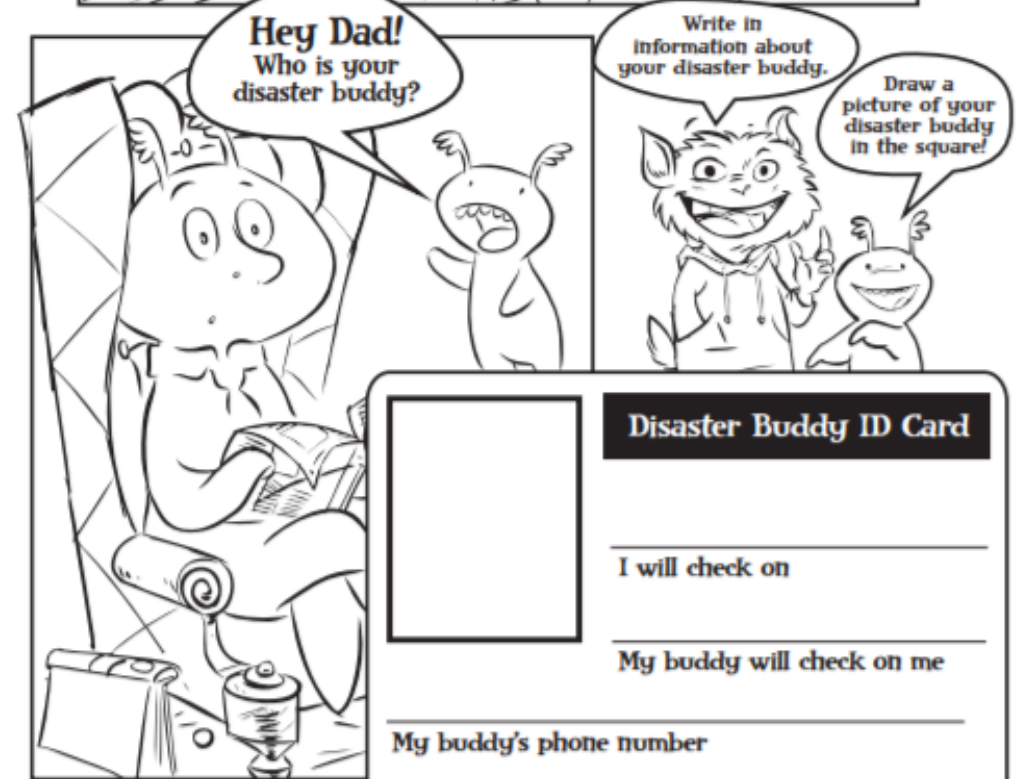


START WITH COMMUNITY: EXAMPLES OF RISK COMMUNICATIONS

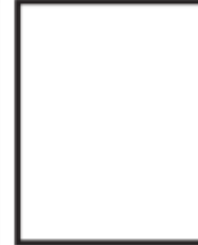
DISASTER BUDDIES



Find a "disaster buddy." Check on each other if there's a disaster.



Disaster Buddy ID Card



I will check on

My buddy will check on me

My buddy's phone number

My buddy's address

My buddy's email (or family email)

STAY SAFE IN THE HEAT

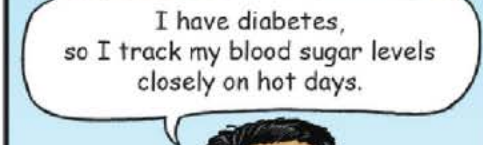
www.kingcounty.gov/BeatTheHeat

STAY SAFE IN THE HEAT

Some people are at greater risk for heart problems, stroke, and kidney failure when it's hot. These are the most common health problems on hot days!



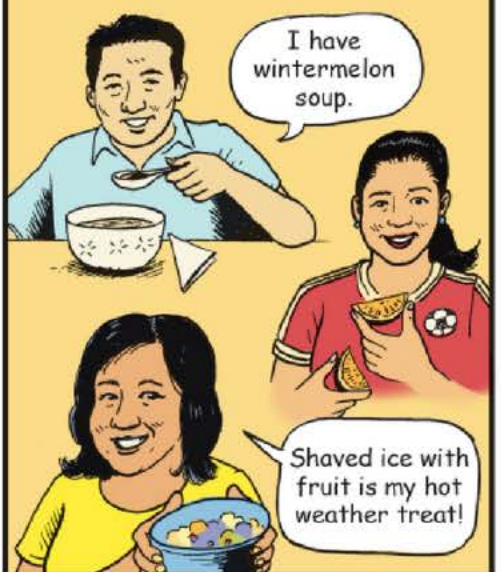
Some health conditions make it more difficult for your body to cool down.



Talk to your doctor or clinician about whether your medications or health conditions put you at greater risk in the heat.



Eat foods with a lot of water in them.



More information at www.kingcounty.gov/beattheheat

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For more on the Community Resilience + Equity Program (including tools and resources): www.kingcounty.gov/cre

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