Reducing Loss to Follow-up of HIV Exposed Infants in Central Mozambique

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BACKGROUND: Preventing mother-to-child transmission (PMTCT) remains a challenge in central Mozambique, where HIV prevalence in pregnant women is 15.8%, MTCT rates are 6%*, and over 50% of exposed infants are lost to follow up (LTFU) before receiving appropriate diagnostic testing or treatment. CIOB, in collaboration with UW and HAI, CIOB undertook a study to identify weaknesses within the cascade of care and designed a targeted intervention to reduce LTFU of HIV exposed-infants. *UNAIDS 2014

METHODS: Formative research was undertaken at 6 health centers in central Mozambique between September and November 2014. Weaknesses in the cascade of care were identified using registries, qualitative interviews, focus groups and flow mapping between post-partum (CPP), high-risk child clinic (CCR), and HIV clinic (TARV). Intervention was Steppe-Wedge design, during 2016, 2 HF for each 3 months, 1 months for evaluating process, analysis we use R, logistic regression and negative Binomial model

FORMATIVE RESULTS: GAPS & WEAKNESSES

Only 55% of exposed infants referred for PCR
Only 24% HIV+ infants initiated on treatment

67 Positive PCR results
41 patients received results

76% of Positives
Never initiated ART

16 infants initiated ART

HF & Social factors: Waiting times, stigma, poor model of referral, poor male involvement, and acceptability HIV result

Conclusion
The data also suggest that EID and earlier initiation of HAART can be incorporated into CCR.
The intervention improved the link between CPP and CCR
At CCR there was an improvement of PCR result reception as well as the final diagnosis of the enrolled children.

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