Mentoring Guides for NRC Advisers

NRC Mentoring Guides: Resources for Self-Study
Selected companion resources to the Mentoring Guide Series for NRC Advisors.
Curated by Nora Beck Tan, Illumina Executive Coaching

Mentoring Core Skills

Listening

Questioning Techniques

Goals

Feedback
- Podcast: Stark, S. & Flores, L. (2019, August 1). Thoughtful Thursdays: You have to earn the right to give critical feedback [Audio]. Hacking your leadership. www.hackingyourleadership.com/podcast/episode/1bc4a32c/thoughtful-thursdays-you-have-to-earn-the-right-to-give-critical-feedback
Empathy
- Video: ESPN. (2018, September 6). *Remembering Maurice Cheeks’ incredible anthem gesture before issue was so polarized [OTL / ESPN [Video]].* YouTube. [www.youtube.com/watch?v=MhB351Cp54g](www.youtube.com/watch?v=MhB351Cp54g)

Mentoring Techniques
- Digital Article: Center for Creative Leadership. (2020, February 4). *How to have a coaching conversation.* [https://www.ccl.org/articles/leading-effectively-articles/how-to-have-a-coaching-conversation/](https://www.ccl.org/articles/leading-effectively-articles/how-to-have-a-coaching-conversation/)

Perspectives on Careers & Professional Development in R&D
**Leadership Skills for Mentors, including Personal Leadership**

- Digital Article with Quiz: 16 Personalities. (n.d.). *It’s so incredible to be understood.* https://www.16personalities.com

**Diversity & Inclusion (Introductory)**


- Video: TEDx. (2017, September 18). We all have implicit biases. So what can we do about it? | Dushaw Hockett | TEDxMidAtlanticSalon. [Video] YouTube. https://www.youtube.com/watch?v=kKHSJHkPeLY


**National Resource Council Program Resources**